



# "What is.....What Could Be"

DR. FRANK TRACZ

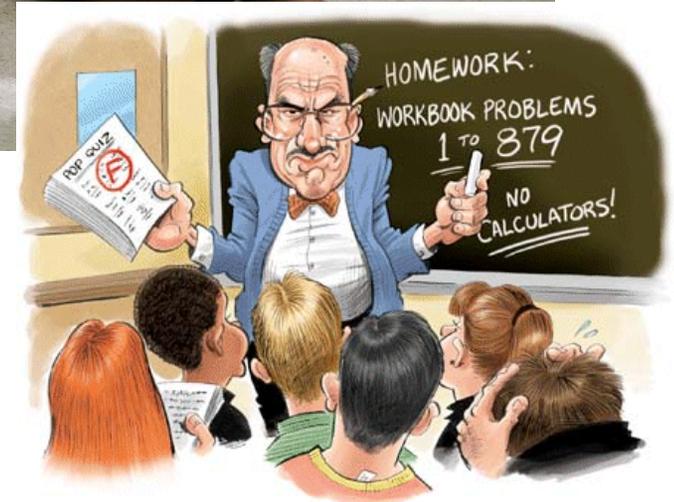
DIRECTOR OF BANDS, KANSAS STATE UNIVERSITY

PROFESSOR OF MUSIC

# "What is.....What Could Be"

"They Come From....."

- ▶ Class
- ▶ Work
- ▶ Napping!
- ▶ Home/Apartment

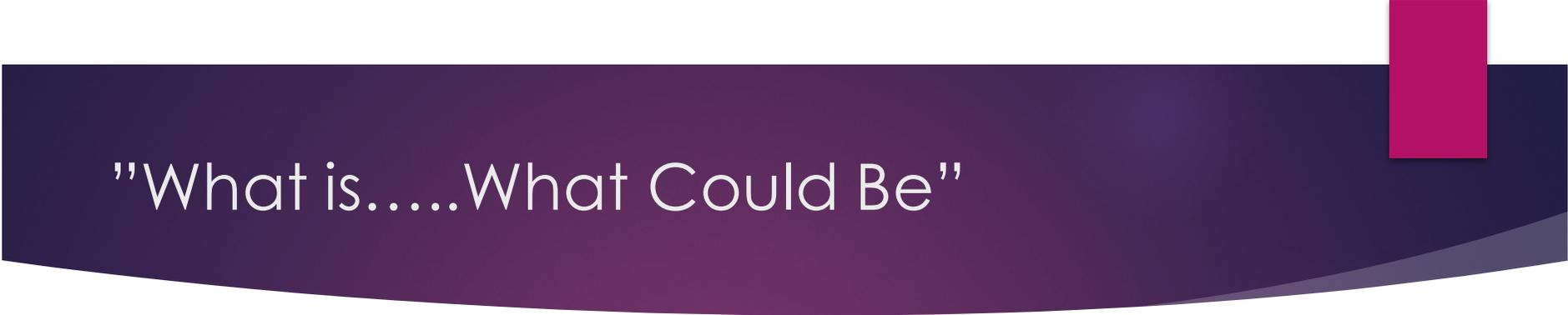


# "What is.....What Could Be"

"They Come With....."

- ▶ Worries
- ▶ Emotions
- ▶ Pain
- ▶ Challenges
- ▶ SOCIAL MEDIA!





"What is.....What Could Be"

"My Job....."

***DE-BAG the BAND!!!***

# "What is.....What Could Be"

"Why Come To Band?"

- ▶ Freedom
- ▶ Escape
- ▶ Friends
- ▶ Perspective
- ▶ Balance
- ▶ FUN!!!



# "What is.....What Could Be"

"What Do They Receive?"

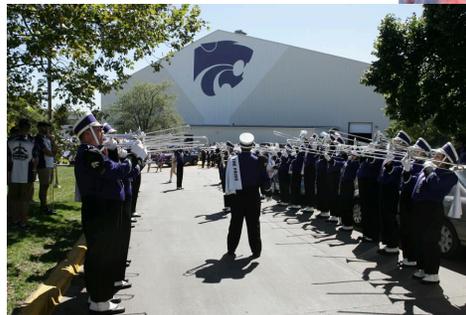
- ▶ Purpose
- ▶ Cause
- ▶ Buy-In
- ▶ Belonging
- ▶ Ownership!



# "What is.....What Could Be"

"When?"

- ▶ Before Band
- ▶ Beginning of Band
- ▶ Process of Band
- ▶ Finale/Send-Off from Band.....



# "What is.....What Could Be"

"How?"

▶ "CHANGE"

- ▶ Mindset
- ▶ Attitude
- ▶ Focus
- ▶ Priorities
- ▶ The way they look at things, challenges, pain, etc. all of the above
- ▶ Themselves and
- ▶ LIFE!!!



# "What is.....What Could Be"

## "Successful Techniques"

- ▶ Communication Change
  - ▶ Conversation
  - ▶ Handwritten Notes
  - ▶ Football, Frisbee, Hacky Sack, Soccer
  - ▶ Stereo with LOUD MUSIC!!!
  - ▶ Short Bursts of Verbal and Physical Contacts



## ▶ Physical Change

- ▶ Jumping Jacks
- ▶ "Fundies" (technique)
- ▶ "Arcs" Warm-Ups
  - ▶ Breathing, singing, thinking, playing



# "What is.....What Could Be"

## Process

- ▶ Fast Paced
- ▶ Energetic
- ▶ Physical
- ▶ Mind Wandering Time
- ▶ Move from NON-COMFORT to COMFORT

## Result

- ▶ Positive and Productive Rehearsal
- ▶ Student Contribution
- ▶ Student Control
- ▶ Student Intensity and Focus
- ▶ Much Accomplished in Very Little Time!!!
- ▶ Happy and Satisfied Kid
- ▶ Involved Kid
- ▶ Student-Centered and Student-Owned

And, The Ultimate Result.....

# "What is.....What Could Be"



2015-2016  
Sudler Trophy  
Award Winner





Dr. Frank Tracz  
Director of Bands  
Kansas State University  
ftracz@ksu.edu