



A Quick Guide for Facilitators

Our goal: “How do we create a community of belonging for all at K-State?”

- 6:30 DOORS OPEN
- 7:00 PROGRAM BEGINS
- 7:40 MOVE TO SMALL GROUP DISCUSSION LOCATION
(go to assigned location or join Zoom breakout room)
- 7:45 SMALL GROUP DISCUSSION LED BY FACILITATOR
 - *Getting Started - 10 minutes*
 - *Guidelines for Our Time Together - 5-8 minutes*
 - *Video Reflection - 5-8 minutes*
 - *Identity - My Story - 25-30 minutes*
 - *Your Story - 5-8 minutes*
 - *Our Story - 5-8 minutes*
 - *Closing: Next Chapter - 5 minutes*
- 9:00 GOODBYES (HEAD TO SOCIAL IF IN-PERSON)

Getting Started (10 min)

--Introductions: Self & Group (5-7 min)

- *Today is all about the K-State community - our big question is “How do we create a community of belonging **for all** at K-State?”*
- Share names and ask each person to complete the “my poem”, then share.

--Share overview of our time together (2 min)

- *First, we’ll talk more about why we’re here this evening and discuss the Skills of Dialogue and Commitments to Each Other*
- *Then, we’ll reflect on what we heard during the program and stories*
- *Then, we will engage in dialogue through “My Story, Your Story, Our Story”*

Transition: *I’m really looking forward to how we are going to get to know one another today!*

Guidelines for Our Time Together (5-8 Minutes)

--What is dialogue? Review What is Dialogue and the 5 Skills of Dialogue (3-4 min) - see handout and ask students to read out loud

– Select one of these questions to ask the group:

- *As you consider what we just heard about dialogue, which of the skills are most difficult to put into practice and why? Or,*
- *Which ones are most important for us to practice today and why?*

--Commitments to Each Other (3-4 min)

- *Let’s talk through how we can create an empathetic and safe environment while we engage in dialogue.*
- *The challenge we are dialoguing through is: how to create a community of belonging for all at K-State.*
- Ask someone to read these aloud, then ask for thoughts/questions, or any additional expectations of one another that could benefit the group.
- Your role as a facilitator (you are here to support, and they are here to talk!)

Transition: *Thank you for agreeing to these Commitments to Each Other. Does anyone have any questions about the purpose of the event before moving further?*

Video Reflection (5-8 Minutes)

--Reflect on K-State students & their stories shared with us. Facilitator selects which question(s) to ask:

- I'm curious to hear - what was most impactful to you in the stories you heard?
- What was something interesting you heard or a reflection you have after listening to our speakers?
- How did you feel listening to these stories?
- What did you hear in the stories that you can relate to?
- What stood out to you the most and why?
- What was something that surprised you?
- Whom did you identify with the most in the stories and why?

Transition: *Thank you for all sharing. I enjoyed hearing your takeaways from the speakers and hope we can build on them as we continue. We will put these ideas into practice now through a process that follows "My Story - Your Story - Our Story."*

Identity - My Story (25-30 minutes)

--Introduce "My Story - Your Story - Our Story" & Identity Wheel (5 min)

– *The theme of today is My Story, Your Story, Our Story. Storytelling is a powerful tool to foster dialogue. We each have had many experiences that build together to form "My Story." We start here because it is important to reflect on our own lived experiences - including how our cultural and social identities have shaped and been shaped by our life experience.*

– *You started reflecting about your identities by using the identity wheel on your handout. This wheel shows some of the core or internal dimensions of our identity in the inner circle - such as, physical ability, race, gender, and age - and some of our external or secondary dimensions on the outer circle - such as educational experience, or geographical location. And, there are many impactful aspects of identity that are not shown here. We know that our identities shape how we see and experience the world.*

- **In-person: As you look at the identities you circled, which identity feels most important to you? Turn to the person next to you and tell a story about how this identity has influenced your life.** Let group members share for a couple of minutes.
- **Virtual: I'm going to give you a minute to look and think about this question: As you look at the identities you circled, which identity feels most important to you and why?**
 - **Would 2 or 3 people be willing to tell a quick story about how this identity has influenced your life?**

--Facilitator shares question, their story, and students reflect (5 min)

–*Now, you are invited to think about what you want to share for "My Story." Here is a prompt to guide you:*

- **Tell a story about a time when you experienced belonging, and/or a time when you did *not* experience belonging.**
 - **How did your identities influence that experience?**
 - Let students know they have 1-3 minutes to share their story.

– *Before I give you time to work on your stories, I'd like to share my story with you all. We are in dialogue together, and I hope we've created a space where we can all share and learn from one another. I want you to know I would not ask you to do something I wouldn't be willing to do.*

- Give students 2-3 minutes to reflect and/or write individually on the handout.

--My Story - Each person reflects and shares (15-20 minutes)

– Let group members share. Throughout the sharing process, be sure to acknowledge individuals for sharing and remind students that this is an opportunity to learn and listen to others. And If someone does not want to share, that is okay.

– Encourage your group members to share affirmations or allow for a quick time to visit after.

Transition: *Thank you to everyone who shared! While I know you only shared one part of “My Story” with us, I genuinely appreciate the opportunity to learn a little about you.*

Your Story (5-8 minutes)

- Select from questions below to prompt reflection on shared stories
- As we think collectively about ALL of the stories we heard, what are 2-3 words that would describe your experience listening to others’ stories?
 - What has been shared that resonates? What’s surprising or challenging? Has something been said that makes you feel uncomfortable?
 - How do others’ stories around identity differ or contrast from yours?
 - How do our stories around identity shape how we see and experience the world?
 - What tension(s) do you feel, based on the sharing of the stories of self?
 - What is one thing you find difficult to talk about with people who come from a different background than you?

After students have shared a bit, ask this question:

- ***After hearing all of these stories, how do we understand why people may or may not experience belonging at K-State?***

Transition: *Let’s move on to the last part of the process - “Our Story.”*

Our Story (5-8 minutes)

--Imagining the future, ask students to reflect and share out how they would answer this question;

If you were to think about telling a story about K-State - one where we created a community of belonging for all - what would you envision? What would our campus be like, look like, or act like?

– Follow-up with: *We each can play a role in creating a community of belonging for all. What commitments or steps could you take in this upcoming year to help foster belonging?*

Transition: *It is time to wrap up and share a few final thoughts and next steps...I like to think of this as our “Next Chapter.”*

Closing: Next Chapter (5 minutes)

- 1) Thank them for their presence and engagement (add your own personal reflection). Invite them to share their most important takeaway or what was most meaningful for them. Or, an action step.
- 2) Encourage them to get involved in other ways during your time at K-State, (future events, clubs, etc).
- 3) Ask them to please complete the anonymous feedback survey about your experience with Wildcat Dialogues (see QR code on handout).
- 4) Invite them to join you at the social hosted by UPC on the first floor across from Radina’s.