# PRE-NURSING

PRE-PROFESSIONAL ADVISING CENTER

## PRE-HEALTH AT K-STATE

K-State's Pre-Professional Advising Center provides students with a comprehensive, individualized and guided experience to explore and develop their interests in pre-health. The centralized office, conveniently located in the Berney Family Welcome Center, serves as a hub for advising and support to help students succeed in their pre-health goals.

Students interested in a health career will select one of the 250 majors offered at K-State and then declare their pre-health designation. Students are able to select a major of interest and take courses that will provide a strong educational foundation for professional school.

## Common majors:

anthropology, biochemistry, biology, chemistry, human development and family science, integrative human sciences, kinesiology, life sciences, nutrition and health, psychology, social work, sociology



Personalized health career advising



Hands-on career preparation



Dedicated student organizations



## **PRE-HEALTH ADVISING**

Pre-Health students have at least two advisors, an academic advisor; sometimes called a major advisor, and a pre-professional advisor; sometimes called a health professions advisor.

Major advisors help students understand what they must do to complete the requirements of their major (degree). Health professions advisors help students understand what they must do to become competitive applicants to health professional schools and programs.

## STUDENT INVOLVEMENT

The Pre-Nursing Club provides an opportunity to meet other pre-nursing students and become involved both professionally and socially. The club holds regular meetings that feature guest speakers from professional schools, community service agencies and providers.

# START YOUR APPLICATION PROCESS NOW

Pre-Health students begin their application to professional school the first day they step onto their college campus.

Becoming a competitive applicant to any health professional school is a process that builds over time. Here are some ways to get a head start while in high school:

- 1.Take the highest-level courses available to you, particularly in math and science.
- 2.Study to learn, not to memorize; work to develop critical thinking skills and effective study habits.
- 3. Learn about your desired health care career through shadowing, serving as a CNA or researching the profession thoroughly online.
- Volunteer and serve your community to show your interest in helping others.
- 5. Broaden your knowledge base to develop an appreciation for different ways of thinking and living through reading or interacting with those who have a different background, socioeconomic status or lifestyle.

#### PREPARING FOR NURSING SCHOOL

- Pre-nursing students choose one of two options:
  - Complete only the prerequisites for nursing schools of interest to them (approximately 65 hours).
  - Complete a degree, incorporating prerequisites for schools of interest to them.
- There is no preferred major for those who choose to complete a bachelor's degree at K-State.
- In addition to completing courses required by the nursing schools to which they plan to apply, scoring competitively on an entrance exam like the Test of Essential Academic Skills (TEAS) or the Nurse Entrance Test (NET) is required by some nursing schools. Shadowing or paid patient care experience is strongly encouraged.
- Requirements at individual nursing schools vary.
- Students who complete a 4-year nursing program will receive a Bachelor of Science in Nursing, BSN, degree.

PREREQUISITE COURSES		AVAILABLE SPECIAL INTEREST COURSES	
COURSE ENGL 100 Expository Writing I ENGL 200 Expository Writing II COMM 106 Public Speaking BIOL 198 Biology I BIOL 455 General Microbiology  BIOL 441 Human Body I BIOL 442 Human Body II OR KIN 360 Anatomy & Physiology CHM 110 General Chemistry CHM 111 General Chemistry Lab FNDH 132 Basic Nutrition  HDFS 110 Intro to Human Development OR PSYCH 520 Lifespan Personality Developm PSYCH 110 General Psychology SOCIO 211 Intro to Sociology MATH 100 College Algebra STAT 325 Intro to Statistics	HOURS  3 3 4 4 4 4 8 3 1 3 ent 3 3 3 3	Social science and humanities requirem nursing programs. Students are encourainterest to them for specific requirement.  Survey of Western Art History Introduction to Literature. Intro to Gender, Women, Sexuality. History of the United States. History of Rock and Roll. Intro to American Music. Intro to Music of the World. Modern Language. Intro to Food Science. Spanish (or other modern language)	ents vary considerably among aged to check with the schools of

#### K-STATE & WICHITA STATE PATHWAY TO NURSING PROGRAM

The K-State & Wichita State Pathway to Nursing Program is a unique dual degree program, giving students the opportunity to earn both a Bachelor of Science degree from K-State and a Bachelor of Science in Nursing degree from Wichita State University. Students will begin the program working towards their K-State degree while fulfilling requirements needed for the nursing program. Once requirements are met, students are eligible to apply to the competitive Wichita State Traditional nursing program. Both degree programs will be based in Manhattan, Kansas.

