# PRE-CHIROPRACTIC

PRE-PROFESSIONAL ADVISING CENTER

## PRE-HEALTH AT K-STATE

K-State's Pre-Professional Advising Center provides students with a comprehensive, individualized and guided experience to explore and develop their interests in pre-health. The centralized office, conveniently located in the Berney Family Welcome Center, serves as a hub for advising and support to help students succeed in their pre-health goals.

Students interested in a health career will select one of the 250 majors offered at K-State and then declare their pre-health designation. Students are able to select a major of interest and take courses that will provide a strong educational foundation for professional school.

Common majors: athletic training and rehabilitation sciences, biochemistry, biology, chemistry, integrative physiology, kinesiology, life sciences, psychology



Personalized health career advising



Hands-on career preparation



Dedicated student organizations



## **PRE-HEALTH ADVISING**

Pre-Health students have at least two advisors, an academic advisor; sometimes called a major advisor, and a pre-professional advisor; sometimes called a health professions advisor.

Major advisors help students understand what they must do to complete the requirements of their major (degree). Health professions advisors help students understand what they must do to become competitive applicants to health professional schools and programs.

# STUDENT INVOLVEMENT

The Pre-Chiropractic Club provides an opportunity to meet other pre-chiropractic students and become involved both professionally and socially. The club holds regular meetings that feature guest speakers from professional schools, community service agencies and providers.

# START YOUR APPLICATION PROCESS NOW

Pre-Health students begin their application to professional school the first day they step onto their college campus.

Becoming a competitive applicant to any health professional school is a process that builds over time. Here are some ways to get a head start while in high school:

- 1.Take the highest-level courses available to you, particularly in math and science.
- 2.Study to learn, not to memorize; work to develop critical thinking skills and effective study habits.
- 3. Learn about your desired health care career through shadowing, serving as a CNA or researching the profession thoroughly online.
- 4. Volunteer and serve your community to show your interest in helping others.
- 5. Broaden your knowledge base to develop an appreciation for different ways of thinking and living through reading or interacting with those who have a different background, socioeconomic status or lifestyle.

## ABOUT CHIROPRACTIC SCHOOL

- A bachelor's degree is not required for chiropractic school, but is required for licensure in many states.
- There is no preferred major for pre-chiropractic students.
- Requirements at individual chiropractic schools vary, but all require 24 credits of science coursework, with at least half of those including a lab.
- Students who complete chiropractic school will receive a Doctor of Chiropractic degree.

PREREQUISITE COURSES		AVAILABLE SPECIAL INTEREST COURSES	
COURSE ENGL 100 Expository Writing ENGL 200 Expository Writing II BIOL 198 Principles of Biology  BIOL 441 Human Body I BIOL 442 Human Body II  OR KIN 360 Anatomy and Physiology CHM 210 Chemistry I CHM 230 Chemistry II CHM 350 General Organic Chemistry CHM 351 General Org. Chemistry Lab PSYCH 110 General Psychology Social Sciences/Humanities Courses	OURS 3 4 4 4 4 4 3 2 3 12	Biological Anthropology Ceramics Jewelry Design Public Health Biology Intercultural Communication Yoga Manual Communication Basic Nutrition Human Nutrition Administration of Health Care Organizations Intro. to Gerontology Intro to Gender, Women, Sexuality Lifespan Psychology Intro to American Ethnic Studies	Human Development Biobehavioral Basis of Exercise Biomechanics Medical Ethics Psychology of Childhood Abnormal Psychology Health Psychology Spanish I/II or higher First Aid & CPR Drama Therapy for Special Populations Modern Language Intro to Food Science Intro to Medical Anthropology