



# Navigate | I Need Help

**Get academic and well-being support through Navigate. Help with what you need, when you need it.**

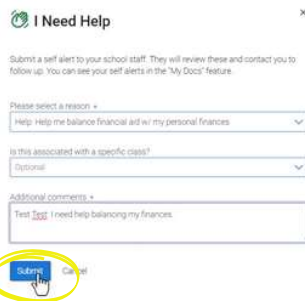
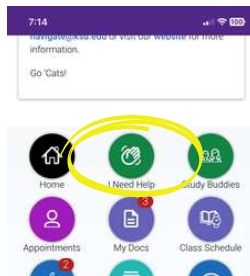
Use the “I Need Help” feature in Navigate to quickly connect to campus resources that can support you in handling challenges impacting your academic success.

**1** Log in to Navigate on your computer or cellphone. Download the app or visit [k-state.edu/navigate](http://k-state.edu/navigate). You’ll need your eID and password to sign in.

**2** From the Navigate homepage, click the “I Need Help” icon. Then create an I Need Help alert.

**3** Using the drop down menu, select a reason you are creating the alert, and provide additional comments related to your concerns. Click submit.

**4** After submitting your request, you will be contacted by the appropriate on-campus resource within 2 business days. From there, K-State staff will provide individualized support related to your specific needs.



## Quick Tips

I Need Help can be used to connect you with resources when you need help:

- balancing financial aid with personal finances
- navigating personal issues that are impacting you academically
- finding a tutor
- understanding how to succeed in college
- with your health and well-being
- finding more support and resources

## What if I have an emergency?

I Need Help is for non-crisis scenarios only. In an emergency, call the K-State Police or 911.