

Directions: Use this guide to read with a purpose, understand the reading, and retain information you learned. You may find some readings to be more difficult than others, so use this guide based on your needs.

| Survey   | Question  | Read  | Recite   | Review   |
|--|---|---|--|--|
| 2-5 minutes  | 5-10 minutes  | ~20% of your time   | ~80% of your<br>time   | 5-10 minutes   |
| <ul> <li>Look over the material: title, headings, visuals, &amp; bold words.</li> <li>Read the summary if possible.</li> <li>Think about what you already know.</li> </ul> | <ul> <li>Turn headings into questions.</li> <li>Write a series of questions you have about the material.</li> <li>This should be based on the survey step.</li> </ul> | <ul> <li>Read the text with the purpose to answer your questions.</li> <li>Break reading into sections.</li> <li>Don't try to read every word.</li> <li>Read a whole paragraph before you highlight or take notes.</li> </ul> | <ul> <li>Say it out loud in your own words.</li> <li>Write answers to questions in your own words.</li> <li>Recite your answers out loud.</li> </ul> | <ul> <li>Look over your notes and quiz yourself.</li> <li>Make connections between the reading and class notes.</li> <li>Write 3-4 sentences about what you read overall.</li> <li>Create test questions you may see on the exam.</li> </ul> |

## Extra Tips and Tricks

- Start with budgeting 1 hour for reading.
- Circle / Underline key words in a sentence.
- Choose a place to read with minimum distractions.
- Mark words you don't know and look them up.
- Reward yourself after reading.

