

Directions: Use this guide to read with a purpose, understand the reading, and retain information you learned.
You may find some readings to be more difficult than others, so use this guide based on your needs.

| Survey | Question | Read |  | Review |
| :---: | :---: | :---: | :---: | :---: |
| 2-5 minutes | 5-10 minutes | ~20\% of your time | ~80\% of your time | 5-10 minutes |
| - Look over the material: title, headings, visuals, \& bold words. <br> - Read the summary if possible. <br> - Think about what you already know. | - Turn headings into questions. <br> - Write a series of questions you have about the material. <br> - This should be based on the survey step. | - Read the text with the purpose to answer your questions. <br> - Break reading into sections. <br> - Don't try to read every word. <br> - Read a whole paragraph before you highlight or take notes. | - Say it out loud in your own words. <br> - Write answers to questions in your own words. <br> - Recite your answers out loud. | - Look over your notes and quiz yourself. <br> - Make connections between the reading and class notes. <br> - Write 3-4 sentences about what you read overall. <br> - Create test questions you may see on the exam. |

## Extra Tips and Tricks

- Start with budgeting 1 hour for reading.
- Circle / Underline key words in a sentence.
- Choose a place to read with minimum distractions.
- Mark words you don't know and look them up.
- Reward yourself after reading.

