









# SQ3R



**Directions: Use this guide to read with a purpose, understand the reading, and retain information you learned. You may find some readings to be more difficult than others, so use this guide based on your needs.**

<u>Survey</u> 	<u>Question</u> 	<u>Read</u> 	<u>Recite</u> 	<u>Review</u> 	<u>Extra Tips and Tricks</u> 
<b>2-5 minutes</b>	<b>5-10 minutes</b>	<b>~20% of your time</b>	<b>~80% of your time</b>	<b>5-10 minutes</b>	
<ul style="list-style-type: none"> <li>• Look over the material: title, headings, visuals, &amp; bold words.</li> <li>• Read the summary if possible.</li> <li>• Think about what you already know.</li> </ul>	<ul style="list-style-type: none"> <li>• Turn headings into questions.</li> <li>• Write a series of questions you have about the material.</li> <li>• This should be based on the survey step.</li> </ul>	<ul style="list-style-type: none"> <li>• Read the text with the purpose to answer your questions.</li> <li>• Break reading into sections.</li> <li>• Don't try to read every word.</li> <li>• Read a whole paragraph before you highlight or take notes.</li> </ul>	<ul style="list-style-type: none"> <li>• Say it out loud in your own words.</li> <li>• Write answers to questions in your own words.</li> <li>• Recite your answers out loud.</li> </ul>	<ul style="list-style-type: none"> <li>• Look over your notes and quiz yourself.</li> <li>• Make connections between the reading and class notes.</li> <li>• Write 3-4 sentences about what you read overall.</li> <li>• Create test questions you may see on the exam.</li> </ul>	<ul style="list-style-type: none"> <li>• Start with budgeting 1 hour for reading.</li> <li>• Circle / Underline key words in a sentence.</li> <li>• Choose a place to read with minimum distractions.</li> <li>• Mark words you don't know and look them up.</li> <li>• Reward yourself after reading!</li> </ul>