



# Academic Success Plan



The Academic Success Plan is designed to help you identify a goal and create action steps to help you achieve your goal. Write in your answers to each step on your Academic Success Plan.

## Step 1

When creating a goal, be sure to make it SMART. Consider the following:

- **Specific:** What do you want to do?
- **Measurable:** How will you know you have reached your goal?
- **Achievable:** Is it within your scope to accomplish?
- **Relevant:** How does your goal tie into your responsibilities? Is it worthwhile?
- **Timely:** What is the deadline for reaching your goal?

## Step 2

Take a moment to reflect on your current reality-obstacles and strengths.

- What are some obstacles that could slow the progression of reaching your goal?
- What are some strengths you can utilize to help you reach your goal?

## Step 3

A key point in the process is to identify what options that are available to help you reach your goal. This is a brainstorm of all the things you can think of to help you with your challenge. For example:

- visiting office hours
- going to the writing center
- starting a study group
- all other possibilities

## Step 4

Now that you know what options you may have available to you, it's time to decide what you are willing to do to make progress on your goal. Write down your

- **Action step:** What you are going to do?
- **Time needed:** How much time will it take to complete this task?
- **Deadline:** When will you have this completed?

Pro Tip: Consider using your list of options from step 3

## Step 5

Lastly, follow through with your goal and action steps.

Having trouble? Try testing out a different option or re-evaluate your goal. You could also consider scheduling an appointment to visit with an Academic Coach.





# Academic Success Plan



Set your **SMART goal**: Specific, Measurable, Achievable, Relevant, and Timely.

Reflect on Reality:

Obstacles

- 1.
- 2.
- 3.

Strengths

- 1.
- 2.
- 3.

Options you have right now:

How *will* you accomplish your goal:

<u>Action Step</u>	<u>Time Needed</u>	<u>Deadline</u>