

In this example, you can see the progression and strategy of what is added first and what is added later, as you scroll down.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7:00-7:30am							
7:30-8:00am							
8:00-8:30am							
8:30-9:00am		Class 3 Rec		Class 3 Rec			
9:00-9:30am							
9:30-10:00am	Class 1		Class 1		Class 1		
10:00-10:30am							
10:30-11:00am							
11:00-11:30am		Class 1 LAB				Self-Paced Class 5	
11:30-12:00pm	Class 2		Class 2		Class 2		
12:00-12:30pm							
12:30-1:00pm							
1:00-1:30pm							
1:30-2:00pm	Class 3		Class 3		Class 3		
2:00-2:30pm		Class 4		Class 4			
2:30-3:00pm							
3:00-3:30pm							
3:30-4:00pm							
4:00-4:30pm	Self-Paced Class 5		Self-Paced Class 5				
4:30-5:00pm							
5:00-5:30pm							
5:30-6:00pm							
6:00-6:30pm							
6:30-7:00pm			Class 4 Exam Time				
7:00-7:30pm							
7:30-8:00pm							
8:00-8:30pm							
8:30-9:00pm							
9:00-9:30pm							
9:30-10:00pm							
10:00-10:30pm							
10:30-11:00pm							

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7:00-7:30am	Get Ready	Get Ready	Get Ready	Get Ready	Get Ready	Sleep	Sleep
7:30-8:00am	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast		
8:00-8:30am						Breakfast	Breakfast
8:30-9:00am		Class 3 Rec		Class 3 Rec			
9:00-9:30am						Breakfast	Breakfast
9:30-10:00am	Class 1		Class 1		Class 1		
10:00-10:30am		Lunch				Self-pace Class 5	
10:30-11:00am							
11:00-11:30am		Class 1 LAB				Self-pace Class 5	
11:30-12:00pm	Class 2		Class 2		Class 2		
12:00-12:30pm				Lunch		Lunch	Lunch
12:30-1:00pm	Lunch		Lunch		Lunch		
1:00-1:30pm						Lunch	
1:30-2:00pm	Class 3		Class 3		Class 3		
2:00-2:30pm		Class 4		Class 4			
2:30-3:00pm							
3:00-3:30pm							
3:30-4:00pm							
4:00-4:30pm			Self-pace Class 5				
4:30-5:00pm	Self-pace Class 5						
5:00-5:30pm							
5:30-6:00pm			Dinner				
6:00-6:30pm	Dinner	Dinner		Dinner	Dinner		
6:30-7:00pm			Class 4				
7:00-7:30pm			Exam Time			Dinner	Dinner
7:30-8:00pm							
8:00-8:30pm							
8:30-9:00pm							
9:00-9:30pm							
9:30-10:00pm							
10:00-10:30pm	Sleep	Sleep	Sleep	Sleep	Sleep	Sleep 11-11:30	Sleep
10:30-11:00pm							

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7:00-7:30am	Get Ready	Get Ready	Get Ready	Get Ready	Get Ready	Sleep	Sleep
7:30-8:00am	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast		
8:00-8:30am							
8:30-9:00am		Class 3 Rec		Class 3 Rec		Breakfast	Breakfast
9:00-9:30am							
9:30-10:00am	Class 1		Class 1		Class 1		
10:00-10:30am		Lunch					
10:30-11:00am				Class 1 Tutoring			
11:00-11:30am		Class 1 LAB				Self-Pace Class 5	
11:30-12:00pm	Class 2		Class 2		Class 2		
12:00-12:30pm				Lunch			Lunch
12:30-1:00pm	Lunch		Lunch		Lunch	Lunch	Lunch
1:00-1:30pm							
1:30-2:00pm	Class 3		Class 3		Class 3		
2:00-2:30pm		Class 4		Class 4			
2:30-3:00pm			Class 4 Tutoring				
3:00-3:30pm	Workout			Workout			
3:30-4:00pm							
4:00-4:30pm			Self-Pace Class 5				
4:30-5:00pm	Self-Pace Class 5	Workout	Workout				
5:00-5:30pm							
5:30-6:00pm			Dinner				
6:00-6:30pm	Dinner	Dinner		Dinner	Dinner		
6:30-7:00pm			Class 4				
7:00-7:30pm			Exam Time			Dinner	Dinner
7:30-8:00pm							
8:00-8:30pm							
8:30-9:00pm							
9:00-9:30pm							
9:30-10:00pm							
10:00-10:30pm	Sleep	Sleep	Sleep	Sleep	Sleep		Sleep
10:30-11:00pm						Sleep 11-11:30	

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7:00-7:30am	Get Ready	Get Ready	Get Ready	Get Ready	Get Ready	Sleep	Sleep
7:30-8:00am	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast		
8:00-8:30am							
8:30-9:00am	Study	Class 3 Rec	Study	Class 3 Rec	Study	Breakfast	Breakfast
9:00-9:30am							
9:30-10:00am	Class 1		Class 1	Study	Class 1		
10:00-10:30am		Lunch					
10:30-11:00am	Study	Class 1 LAB	Study	Class 1 Tutoring	Study		
11:00-11:30am							Self-Pace Class 5
11:30-12:00pm	Class 2		Class 2		Class 2		
12:00-12:30pm				Lunch			Lunch
12:30-1:00pm	Lunch					Lunch	Lunch
1:00-1:30pm				Study		Study	Study
1:30-2:00pm	Class 3		Class 3		Class 3		
2:00-2:30pm		Class 4		Class 4			
2:30-3:00pm			Class 4 Tutoring		Study		
3:00-3:30pm	Workout	Study		Workout			
3:30-4:00pm							
4:00-4:30pm			Self-Paced Class 5				NAP!
4:30-5:00pm	Self-Pace Class 5	Workout	Workout	Study			Study
5:00-5:30pm							
5:30-6:00pm			Dinner				
6:00-6:30pm	Dinner	Dinner		Dinner	Dinner		
6:30-7:00pm			Class 4				
7:00-7:30pm	Study	Study	Exam Time	Study		Dinner	Dinner
7:30-8:00pm							
8:00-8:30pm							
8:30-9:00pm			Study				
9:00-9:30pm							
9:30-10:00pm							
10:00-10:30pm	Sleep	Sleep	Sleep	Sleep	Sleep		Sleep
10:30-11:00pm						Sleep 11-11:30	