



Notes Summary



Directions: Use this template after each class period to help process what you learned in class. Compiling these after each class can provide a framework for you to start your studying!

Course: Gen Psych Date: 2/9/2021 Materials/Topics: Conditioning and Learning	
Material I Understand	Material I Need to Work On
<ul style="list-style-type: none"> • The two types of conditioning: Classical and Operant • Stimuli and reinforcers • Conditioned Stimulus (CS) and Conditioned Response (CR) • Social Learning Theory 	<ul style="list-style-type: none"> • Prediction Error • Discriminative Stimulus • Difference between conditioned and unconditioned responses
Summary	
<p>The two types of conditioning that influence human behavior are classical and operant conditioning. Through those, we learn to associate stimuli with an environment or with behaviors and use reinforcers to continue that learning pattern and association. Social Learning Theory says people can learn new responses and behaviors by observing others.</p>	

Course: Gen Psych Date: 2/11/2021 Materials/Topics: Conditioning and Learning Part 2	
Material I Understand	Material I Need to Work On
<ul style="list-style-type: none"> • Observational Learning • Social models • Vicarious Reinforcement 	<ul style="list-style-type: none"> • Categorizing stimuli sets • Extinction in classical learning
Summary	
<p>Observational learning (from Social Learning Theory) means that people have the ability to learn how to do something through watching and observing others. This is different than classical or operant conditioning. Vicarious reinforcement is much like reinforcement, but the person does not directly experience it, they just observe it.</p>	