



Directions: Use this tool to prepare for an upcoming exam.

Over the next seven days, outline your study plan – content, structure, and method.

Day 1	Day 2/3	Day 4	Day 5/6	Day 7
<i>*Take a practice exam or review a study guide to "Stoplight" content.</i> <i>Gather Materials</i> <i>Create study tools</i> <i>Schedule study groups & tutoring</i>	<i>Focus heavily on your Yellow Zone and some Red Zone</i>	<i>Reassess to identify a new "Stoplight" Green Zone (Know It)</i> Yellow Zone (Almost) Red Zone (Unsure)	<i>Focus heavily on your Yellow Zone and some Red Zone</i>	<i>Prep for your exam and a last refresh on Green Zone</i> <i>Start your exam with positivity</i>