Directions: Use this tool to prepare for an upcoming exam.

Exam Details					
Course:	Date & Time:	Location:			
Time Limit:	Style: □ Multiple Choice □ Free	Response □ Essay □ Lab			
Exam Content*					
Green Zone (Know It)	Yellow Zone (Almost)	Red Zone (Unsure)			
Spend 10% of time to reinforce	Spend 60% of time to secure	Spend 30% of time to stabilize			
Study Methods:					

Over the next seven days, outline your study plan - content, structure, and method.

Day 1	Day 2/3	Day 4	Day 5/6	Day 7
*Take a practice exam or review a study guide to "Stoplight" content. Gather Materials Create study tools	Focus heavily on your Yellow Zone some Red Zone	Reassess to identify a new "Stoplight" Green Zone (Know It)	Focus heavily on your Yellow Zone some Red Zone	Prep for your exam and a last refresh on Green Zone
Schedule study groups & tutoring		Yellow Zone (Almost)		
		Red Zone (Unsure)		
				Start your exam with positivity