### General Study Tips
- Don’t spend more than 2 hours per night on one subject
- Get sleep before the exam
- Do your reading for the class when it is assigned
- Review constantly during the term to take the weight off of a heavy exam period (summarize or key points from Cornell notes)

### Curve of Forgetting

### Exam Basics
- **Time**
  - Time of Exam: __________
  - Length of Exam: __________
- **Format** (circle one)
  - Multiple choice
  - Essay
  - Other
- What material is covered on the test: __________

### Day 1
**Organize!**
Make sure you have all your notes (class and textbook) in one place.
- What topics are covered?
- Chronological order.
- Outline all material you need to study
- Mark weak/strong areas under topics

#### PROCESSING Day 1
- General review over the concepts.
- Divide up what you will study on day 1 vs. day 2.
- Half the material? Concepts that make sense together?

#### WHAT DO I KNOW?
- Do a study guide, practice test, or get quizzed over your notes.
- Green: I know without my notes
- Yellow: I know but need a vocab word to get started
- Red: I don’t know at all

#### STUDY GROUP/
- Tutoring/ Office Hours/ Supplemental Info
- Review yellow items
- Get help on the red items

#### REVIEW
- Put it all together
- Review the areas you know are weakest
- Look for material not covered in the lecture or texts

### Day 2
**PROCESSING Day 2**
- General review over the concepts.
- Divide up what you will study on day 1 vs. day 2.
- Half the material? Concepts that make sense together?

### Day 3
**WHAT DO I KNOW?**
- Do a study guide, practice test, or get quizzed over your notes.
- Green: I know without my notes
- Yellow: I know but need a vocab word to get started
- Red: I don’t know at all

### Day 4
**STUDY GROUP/
- Tutoring/ Office Hours/ Supplemental Info**
- Review yellow items
- Get help on the red items

### Day 5
**STUDY GROUP/
- Tutoring/ Office Hours/ Supplemental Info**
- Review yellow items
- Get help on the red items

### Day 6
**STUDY GROUP/
- Tutoring/ Office Hours/ Supplemental Info**
- Review yellow items
- Get help on the red items

### Day 7
**GENERAL REVIEW**
- Put it all together
- Review the areas you know are weakest
- Look for material not covered in the lecture or texts

### Review Ideas: Green
- Flashcards
- Study guide
- Quiz yourself

### Review Ideas: Yellow
- Flashcards with a friend
- Turn notes into sample test questions
- Create a chart or diagram for the idea

### Review Ideas: Red
- Go back to the book to fill in details from notes
- Tutoring @ Holtz Hall, Cardwell, SAS, etc.
- Office Hours (pre-plan this, send an email in advance)
- Google the topic with “pdf” for other examples
- Youtube
- Khan Academy
- Find a friend who takes the class to help fill in gaps
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