Name: ____________________________  Date: ___________

Goal from Previous Semester:

Reflection on Previous Semester:

Triumphs

- 

Challenges

- 

Reflection on Current Semester:

What’s Different?

- 

What do you need to change?

- 

Set a SMART goal for this semester: Specific, Measurable, Achievable, Relevant, and Timely.

Next Steps: