Eutrophication and Recovery in Experimental Lakes: Implications for Lake Management

Abstract. Combinations of phosphorus, nitrogen, and carbon were added to several small lakes in northwestern Ontario, Canada, at rates similar to those in many culturally eutrophied lakes. Phosphate and nitrate caused rapid eutrophication. A similar result was obtained with phosphate, ammonia, and sucrose, but recovery was almost immediate when phosphate additions only were discontinued. When two basins of one lake were fertilized with equal amounts of nitrate and sucrose, and phosphate was also added to one of the basins, the phosphate-enriched basin quickly became highly eutrophic, while the basin receiving only nitrogen and carbon remained at prefertilization conditions. These results, and the high affinity of sediments for phosphorus indicate that rapid abatement of eutrophication may be expected to follow phosphorus control measures.

Although the U.S.–Canada Water Quality Agreement (1) was signed on 15 April 1972, legislation prohibiting the use of phosphorus in detergents and controlling inputs of phosphorus to the St. Lawrence Great Lakes has not been passed by many states (2). Much of the foot-dragging on anti-eutrophication laws undoubtedly still results from the controversy and confusion surrounding the debate over the effectiveness of controlling phosphorus in influents to freshwater lakes (3). Among the main points debated (often on the basis of inconclusive evidence) have been:

1) Is phosphorus really responsible for eutrophication problems?

2) If sufficient phosphorus is available, can carbon limit the growth of undesirable algae?

3) Is phosphorus removal alone an effective means of overcoming eutrophication problems?

4) Are already culturally eutrophied lakes recoverable? Can this be done by controlling inputs of phosphorus alone?

5) What concentration of phosphorus can be considered safe?

Answers to these questions have been sought in a series of whole-lake experiments conducted in the Experimental Lakes Area of northwestern Ontario. Lakes in the area are set in Precambrian Shield bedrock. Chemically and biologically they are similar to more than 50 percent of the waters draining to the St. Lawrence Great Lakes (4).

In an early experiment, phosphate and nitrate were added to lake 227, which has an extremely low content of dissolved inorganic carbon, to see whether shortage of carbon would prevent the eutrophication of such a lake (5). The lake was transformed into a teeming, green soup within weeks after nutrient additions were begun. Algal standing crops up to two orders of magnitude greater than those in unfertilized lakes of the area have been observed (6, 7). No increase in phosphate concentration was observed, and any added phosphate disappeared in minutes because of uptake by plankton (8). Gas-exchange studies revealed that some of the additional carbon required for production of this algal bloom was drawn from the atmosphere, and a comparison of dissolved inorganic carbon concentrations and parameters affecting gas exchange indicated that there was no possibility that shortage of carbon could prevent the eutrophication of the St. Lawrence Great Lakes or any other water body of economic importance (9).

Experiments conducted in smaller enclosures (2 to 3 m²) in the same lake revealed that if phosphorus was not supplied, algal blooms did not occur (10). In order to test the validity of this conclusion on a whole lake, an experiment was begun in 1973 in another small lake, 226. This lake, which has two similar basins separated by a shallow neck (see Fig. 1), was divided into two equal areas by using a sea curtain (60 by 6 m) of vinyl reinforced with nylon (Kepner Plastics, Torrance, California), which was sealed into the sediments and fastened to the bedrock in the narrow section of the lake. Beginning in late May 1973, additions of nitrogen and carbon were made equally to both basins, but phosphorus was added only to the northeast basin of the lake (11).

The photograph in Fig. 1 was taken on 4 September 1973, when a bloom of the blue-green alga Anabaena spiroides covered that basin receiving phosphorus. Throughout the year, phytoplankton species and standing crops in the basin that received only nitrogen and carbon remained similar to those before fertilization was begun, consisting chiefly of Tabellaria fenestrata, Synedra acus, and other diatoms. The results indicate the efficacy to be expected from controlling phosphorus content of the influents to such waters as a means of preventing eutrophication.

A common belief is that phosphates, returned from anoxic sediments in
eutrophied lakes, would cause such lakes to retain their eutrophic character even if external sources of phosphorus were eliminated (12). Our results in 1 year from the fertilization of lake 227 showed that little or no phosphorus was returned from the sediments of that lake, even with anoxic periods of several months (13). Other studies have suggested that phosphorus return from sediments would not seriously delay the recovery of a lake from cultural eutrophication once major phosphorus sources were eradicated (14). A whole-lake experiment was therefore designed to test the speed of lake recovery and the efficiency of the sediments at removing and retaining phosphorus.

The phytoplankton and chemistry of lake 304 in its natural state were studied in 1969 and 1970 (4). In 1971 and 1972, phosphorus, nitrogen, and carbon were added to the lake (15). As in lakes 227 and 226, an algal bloom occurred in response to this application of fertilizer. In 1973, we continued to add nitrogen and carbon, but discontinued phosphorus additions, simulating conditions that might exist in a culturally eutrophied lake after phosphorus control measures were taken. The recovery of the lake was nearly complete, as the chlorophyll a concentrations indicate (Fig. 2). These results can be explained by our experiments in lake 227, which have shown that phosphate in the hypolimnion is taken up rapidly by microplankton (probably bacteria), then sedimented to the lake bottom, where it remains, regardless of oxygen concentration (16).

Taken together, these results provide answers to the questions listed above. They suggest that cultural eutrophication problems might be solved simply and swiftly. In most lakes, reducing the phosphorus input could be expected to cause a proportional abatement in phytoplankton blooms and other symptoms of eutrophication (17). Fully 50 percent of the phosphorus coming into the St. Lawrence Great Lakes could be eliminated by simply banning or greatly reducing detergent phosphates, a step already taken in Canada and a few U.S. states (2). Most of the U.S. states, however, plan to remove phosphorus at the sewage treatment plant (18). While fine in principle, this scheme will take several years to implement to any effective degree, considering the time lags and uncertainty inevitable in financing, planning, and constructing such facilities. Numerous small sources, such as small communities and individual homes on septic systems, will escape phosphorus removal for some time longer. It appears that a basin-wide ban on detergent phosphates would quickly bring about a partial recovery of Lakes Erie and Ontario, perhaps as much as a decade before full-scale phosphorus control by other means is possible. Such a recovery would provide a savings of many millions of dollars, as well as restoring to some degree the beauty of these enormous resources.

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References and Notes


2. Canada now prohibits the sale of detergents containing more than 0.3 percent phosphorus. This legislation became effective on 1 January 1973. In the Great Lakes Basin of the United States, only Indiana, New York, and Michigan have passed such legislation. Minnesota, Michigan, and Wisconsin plan to remove phosphorus at sewage treatment plants after 1 January 1975, but only from municipal plants serving populations of more than 2500 to 2500 (18). Federal action will probably be required if an effective phosphorus control plan is to be implemented quickly.


5. Additions equivalent to 0.5 g of PO₄-P and 6.9 g of NO₃-N per square meter of lake surface per year were made over a 21-week period. This is five to ten times the input expected from natural sources and simulates

![Figure 2](https://example.com/figure2.png)

Fig. 2. Chlorophyll a concentrations in lake 304. In 1968, 1969, and 1970 the lake was not fertilized. In 1971 and 1972, it received annual additions of 0.40 g of phosphorus, 5.2 g of nitrogen, and 5.5 g of carbon per square meter. In 1973, additions of nitrogen and carbon were continued at the same rate but phosphorus was not added.
the degree of nutrient enrichment in the Great Lakes [R. A. Vollieniaber, Technical Report DAS-CN/65/27 (for Organization for Economic Cooperation and Development, Paris, 1968)]. Before fertilization, the concentration of dissolved inorganic carbon in the epilimnion of lake 277 was about 50 µmol/liter in midsummer, about 2 to 3 percent of that found in the lower Great Lakes.

6. Most experts consider a lake to be eutrophic when algal blooms with more than 30 µg/liter of chlorophyll a per liter become common. Unfeddered lakes in the Experimental Lakes Area support a midsummer chlorophyll concentration of only 1 to 5 µg/liter. In lake 277, after fertilization, blooms with more than 100 µg/liter have been common, and up to 300 µg/liter has been observed for short periods (7).


10. D. W. Schindler (unpublished data) has found that the marine system is not supplied, no algal increase occurs. If sufficient phosphorus is supplied, algal increases do occur, the magnitudes being determined by available nitrogen, which in some cases may be fixed from the atmosphere. When both phosphorus and nitrogen are supplied in excess, algal increase until light becomes limiting. 

11. Additions equivalent to 3.16 g of NO3-N and 6.05 g of sucrose C per square meter per year were made to both basins, in 20 equal weekly increments. The northeast basin also received 0.59 g m-2 year-1 of PO4-P. The N/P and C/P ratios in seawater are greater than in sewage, while the quantity of P added is not exceptionally high for a culturally affected lake.

12. Sedimentary phosphates have been thought to dissolve under anoxic conditions by reducing ferric iron, forming Fe(OH)PO4 complexes, C. H. Mortimer (J. Ecol. 29, 280 (1941); ibid. 30, 147 (1942)) and G. E. Hutchinson [A Treatise on Limnology (Wiley, New York, 1957), vol. 1, chap. 12] explain this cycle.

13. Our preliminary results suggest that dissolution of iron-phosphate complexes followed by reduction to phosphate in the water column is prevented by the high demand of sediment bacteria for phosphate, and formation of humic acid-phosphate complexes.


15. Additions equivalent to 0.40 g of PO4-P, 5.2 g of NH4-N, and 5.5 g of sucrose C per square meter of lake surface per year were made in 20 weekly increments. 


17. This would hold true only for lakes that are phosphorus-limited. Some waterways appear to have been so overwhelmed with phosphorus that it no longer limits phytoplankton production. The inputs of the element must be reduced enough to limit phytoplankton growth before abatement would be proportional to phosphorus reduction. (1. Ahlgren, Verh. Int. Ver. Limnol. 18, 335 (1972)).


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Opaline Sediments of the Southeastern Coastal Plain and Horizon A: Biogenic Origin

Abstract. Scanning electron microscope techniques show that Eocene opaline claystones (fuller's earth and buhrstone) of the Atlantic and Gulf Coastal Plain, deposits long considered volcanic in origin, are actually highly altered diatomites formed as transgressive facies in normal marine continental shelf environments. These findings are in agreement with a biogenic origin for time-equivalent horizon A and A' deep-sea clays of the North Atlantic and Caribbean.

Opaline (cristobalite-rich) Eocene claystone deposits of the Atlantic and Gulf Coastal Plain have recently been cited in Science (1) and elsewhere (2) as examples of altered rhyolitic ash which accumulated in nearshore or brackish coastal environments. Such as are also thought to have been distributed by atmospheric and water currents into the North Atlantic Ocean basin where they were presumably responsible for the formation of the cristobalite-rich, horizon A Eocene clays (1, 3). We present evidence here to show that opaline claystones of the coastal plain are altered diatomites, not ashes, and that they formed in normal marine rather than in restricted coastal environments. Our evidence is compatible with a biogenic rather than a volcanic origin for the horizon A clays and their Caribbean equivalents (horizon A').

Opaline claystones are unusually porous, lightweight siliceous rocks which possess oil clarification properties (4). Accordingly, they have been referred to locally as fuller's earth (5) or buhrstone (6). Scanning electron microscopy of fracture surfaces of opaline claystones from 14 Southeastern Coastal Plain localities (Mississippi to South Carolina; see Table 1) reveals siliceous microfossils which occur as molds in 90 percent of the samples examined. The fossils are most abundant in samples which contain 60 to 90 percent SiO2. The opaline material is unidimensionally disordered alpha-cristobalite (7) in the form of bladed microspherulites (8). Most of the microfossil molds are of marine diatoms including large and small centrics (Fig. 1A), pennates and forms which resemble Triceratium (Fig. 1B), and Actinoptychus (Fig. 1C). Sponge spicule (Fig. 1D) and radiolarian molds (9) are interspersed in the South Carolina and Alabama material. Clearly, the opaline claystones represent highly altered diatomite deposits rather than ash beds. Most microfossils in the deposits, however, have been completely destroyed by dissolution. Siliceous microfossils have not been reported previously in South Carolina.

Table 1. Opaline claystone samples which contain siliceous microfossil molds. The Black Mingo and Tallahatta units were collected by S. D. Heron. All other samples were collected by the authors.

<table>
<thead>
<tr>
<th>Formation</th>
<th>Samples and localities</th>
<th>Age</th>
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<tbody>
<tr>
<td>Nanafalia (Grampian Hills member)</td>
<td>GH-1 (Wilcox County, Ala.)</td>
<td>Late Paleocene</td>
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<tr>
<td>Black Mingo (opaline facies)</td>
<td>9-6-1 (Sandy Run Creek, S.C.); 9-9-1 (Big Beaver Creek, S.C.); 6-10-4, 9-11-4 (Little Beaver Creek, S.C.); 9-18-1, 9-18-2 (Bates Mill Creek, S.C.); 9-67-1, 9-67-2, 9-67-3 (Thelma Hill property, Calhoun County, S.C.); 9-62-8 (Dicks Swamp, S.C.); A-183-1 (Williamsburg Bridge, S.C.); 43-6-1, (Tavern Creek, S.C.); 43-7-5 (Holy Cross Church, Sumter County, S.C.)</td>
<td>Early-Middle Eocene</td>
</tr>
<tr>
<td>McBean</td>
<td>A-3-1, A-3-2 (Early Branch, S.C.)</td>
<td>Middle Eocene</td>
</tr>
<tr>
<td>Tallahatta</td>
<td>T-3 (Choctaw County, Ala., locality 135 of Toulmin and Lameroux (17)); 1-10-12, 1-10-13, 33-1 (U.S. Highway 1-10, Meridian, Miss.)</td>
<td>Late Eocene</td>
</tr>
<tr>
<td>Barnwell (Twiggs Clay member)</td>
<td>KL-1 (Georgia-Tennessee Clay Corporation pit, Wrens, Ga.)</td>
<td>Late Eocene</td>
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