

## **Nautical Notions**

by Kelsey Hixon-Bowles

Brains are like oceans. Thinking creates waves  
of kinetic energy that stir, whisk  
sleepy musings out of their coral reef  
homes. Sometimes cranky, sometimes difficult,  
eventually the groggy ponderings  
find their way out of the tangle of soft  
seaweed into the expanse of endless  
possibilities to swim free and grow  
into thoughts. Treading through logic, each school  
matures into a shoal of ideas  
and dives into the ever flowing,  
always cascading stream of consciousness.  
Running through, between, across the synapse tides,  
each brook weaves, wraps and pools into the whole.