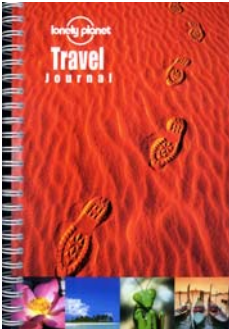


## **Top 10 Things to Pack for Studying Abroad**

10) One change of clothes in your carry-on bag

9) Journal or diary

8) Travel book or guide



7) Electrical converter and adapter



6) Left over (extra) passport size pictures

5) TSA approved lock & Locker lock



4) Layered clothing

3) Duffel bag or backpack for traveling

2) Letter of acceptance & insurance card

1) Passport



Packing Links:

[http://cat.sckans.edu/builders\\_abroad/Packing.htm](http://cat.sckans.edu/builders_abroad/Packing.htm)  
[https://www6.miami.edu/cstudies-ieep/Packing\\_Tips.pdf](https://www6.miami.edu/cstudies-ieep/Packing_Tips.pdf)  
<http://www.ifsa-butler.org/students/predep/packing.html>  
<http://www.studyabroad.com/guides/parentsguide/packingtips.html>  
<http://www.bus.wisc.edu/international/studyabroad/predeparture/packinglist.asp>  
<http://www.onebag.com/>

### **Luggage:**

Most airlines will allow you to check 2 bags and have 2 carry ons (1 bag and one purse or laptop case). To verify this, please check the website of the airline you are flying with, and if anything is unclear, call the airline. Keep in mind, any bag you take you will have to carry on your own. The size and weight of your luggage also needs to be considered. This information will also be available on your airline's website. It is a good idea to take less luggage and clothes than you think you will need, and to pack a duffel bag in your suitcase to be used for side trips and your return flight home after you have accumulated a lot of stuff.

**Carry on:** Carry on items that you will use during the flight (iPod, laptop, book, etc.) and official documents such as your passport, visa, acceptance letter, plane ticket, etc. Any item of high value that you have decided to take with you should go in your carry on, along with any medicine and prescriptions. When packing liquids in your carry on, be sure to follow the new guidelines: <http://www.tsa.gov/311/>

**Health items & toiletries:** You might want to take your favorite shampoo or deodorant with you abroad. Before packing 4 bottles of shampoo in your luggage (that can potentially burst), do some research to see if you can buy that product or a similar product in your host country.

### **Money Abroad:**

Call your bank to let them know you will be overseas. You might need to provide them with a list of the countries you will be in so that they allow your card to be used there. While you have the bank on the phone, ask about their fees for using an ATM abroad.

**Travelers' checks** can be a hassle. First you have to buy them here from a bank, and there is a fee to buy them. Then when you go abroad you usually have to go to a large multinational bank to cash and exchange the checks for an additional fee.

You might want to consider taking some **cash** with you so that you can exchange it once you arrive in country. Alternatively, you can order money ahead of time from some US banks. This service is available at an additional fee.

**Credit cards** can be used abroad, but usually there is an extra fee involved. Credit cards are commonly not accepted at grocery stores, kiosks, and other small shops.

**Foreign bank account:** You want to set one up, especially if you are receiving a stipend for housing and/or meals.

**Exchange rate:** Know what it is and make a quick cheat sheet for your wallet or purse so you know that €10=\$15, £10=\$20, ¥1000 = \$10, etc.