

Accomplishing change is a continuing process requiring long-term involvement, “ownership”, and some degree of risk-taking.



The PEAK (Promoting Excellent Alternatives in Kansas) nursing home initiative was created by the Kansas Department on Aging in order to promote more social, non-traditional models of long-term care. The education component of PEAK supports Kansas nursing homes in implementing progressive, innovative approaches to care that should make a significant difference in the quality of care and the quality of life for those living and working in long-term care environments. Through the Galichia Center on Aging, Kansas State University is providing diverse educational resources for nursing homes to use in this process. Resources will include a focus on the philosophy and values of changing the culture of care as well as provide different strategies and exemplars for accomplishing such changes.

Primary activities over the next two years will include:

- ! Developing a booklet introducing basic concepts of different nontraditional models of care, and providing successful examples of change in Kansas.
- ! Partnering with nursing homes implementing change by providing educational modules to assist with specific types of projects (improving dining, volunteerism, etc.), supported by frequent updates of new information, a web site with additional resource materials, a list serve for participating homes, and a resource team of KSU faculty in different disciplines to offer technical advice.
- ! Providing educational presentations for nursing home staff and conferences.
- ! Offering a distance-based, project-focused course on implementing culture change in long-term care during Fall, 2003.
- ! Ongoing project evaluation.

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Kansas Association of Homes and Services for the Aging
Kansas Health Care Association
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