**Adult Development & Aging Program Focus Team**

**Items That May Be Used for Question #7 of the Survey Form for Short-Term Outcomes**

**For Any Content Area Related to the Action Plan**

1. Because of this program, I have more positive feelings about this topic.
2. This program was valuable to me.
3. This leader was an excellent teacher.

**For Adaptive Living Content Area of Action Plan**

1. Because of this program, I understand options related to assistive technology.
2. Because of this program, I know where to go to find more information in my community.
3. Because of this program, I know where to go to find more information.
4. Because of this program, I understand that assistive technology products may be available in my community.
5. Because of this program, I understand that assistive technology products may be available for purchase on the Internet.
6. Because of this program, I understand that home modification can be cost effective in certain instances.
7. Because of this program, I understand that home modification may assist older adults to maintain their independence.
8. Because of this program, I understand that home modifications may be fairly simple to implement.
9. Because of this program, I understand options related to home modifications.
10. Because of this program, I understand that home modification products or services may be available in my community.
11. Because of this program, I understand that home modification products or services may be available.
12. Because of this program, I know where to go to find more information.
13. Because of this program, I know where to go to find more information in my community.

**For Health and Wellness Issues Facing Older Adults or Adults with Disabilities Content Area of Action Plan**

1. Because of this program, I understand that there are lifestyle changes that I can make that may improve or maintain my overall health and wellness.
2. Because of this program, I understand that health includes physical, mental and social well being.
3. Because of this program, I understand that I have choices related to my health and wellness.
4. Because of this program, I understand options related to health and wellness for older adults.
5. Because of this program, I understand options related to health and wellness for adults with disabilities.
6. Because of this program, I understand where to go to find health and wellness related products or services in my community.
7. Because of this program, I understand where to go to find health and wellness related products or services.
8. Because of this program, I know where to go to find more health or wellness related information.
9. Because of this program, I know where to go to find more health or wellness related information in my community.

**For Issues Facing Older Adults (Community Leadership) Content Area of Action Plan**

1. Because of this program, I understand my choices as a Medicare beneficiary.
2. Because of this program, I understand that there are proactive steps that I can take that may influence how I age.
3. Because of this program, I understand and feel more prepared to discuss end-of-life issues.
4. Because of this program, I understand the difference between aging-related changes and those associated with diseases or other conditions.
5. Because of this program, I understand there are options available to me as I age.
6. Because of this program, I understand where to go to find products or services that may help me as I age in my community.
7. Because of this program, I understand where to go to find products or services that may help me as I age.
8. Because of this program, I know where to go to find more information that may help me as I age.
9. Because of this program, I know where to go to find more information that may help me as I age in my community.