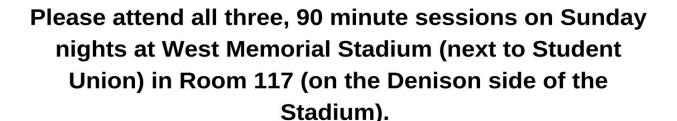
## **Creative Drama & Self Empowerment**

## Cultivating Connections

Explore self concept, how to handle stress through creative action techniques, and practice positive ways to find connection and support from others. This all female group was created to assist those who are struggling with eating and body image concerns.





Feb. 12 Feb. 19 Feb. 26



6:00 - 7:30pm

## TO RESERVE A SPOT, PLEASE CONTACT:

Sally Bailey sdbailey@ksu.edu

OR

Dianna Schalles diannas@ksu.edu





\*FREE TO K-STATE STUDENTS, group size limited to 8-12\*