



Lafene Health Center
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<http://www.ksu.edu/lafene>

Dear New K-Stater and Parents/Guardians,

Welcome to Kansas State University!

Among the many fine services available to the K-State student is a fully accredited, professionally staffed outpatient medical clinic/health service. Lafene Health Center, located just west of campus on Sunset Avenue, is available to care for your health care needs with services of full time physicians, nurses, laboratory, x-ray, physical therapy, pharmacy, nutrition and diet counseling, and specialty clinics for allergy, sports related injuries and gynecology. Our Health Promotion/Nutrition Counseling Department also provides individual and group counseling and presentations, inside and outside the Center, on a variety of health related topics.

The student health privilege fee you pay as a part of your tuition helps maintain the Health Center, keeping it accessible and available to all students. It allows the student to see a healthcare provider at no charge for a consultation only or a short non-complex visit. It also allows students to access a variety of free services such as a professional nurse consultation and health education and promotion services. The fee subsidizes, but does not totally cover laboratory tests, medications, x-rays, treatments or other procedures which may be necessary to assist in your care. You will be charged a fee, customarily much less than you would have to pay in the general community, for these services.

The student health privilege fee is not, however, insurance. For those charges at Lafene Health Center which are not prepaid or totally subsidized, and for health care services elsewhere, it is strongly recommended that all students at KSU carry health insurance, either through the State of Kansas endorsed insurance program available at special rates, or through other coverage. Please read the enclosed "Financial Information" sheet for further details.

The Kansas Board of Regents, who supervises all state universities, requires that all international students maintain health insurance and evacuation/repatriation coverage while a student at Kansas State University. That body has endorsed an insurance program that students may choose to purchase.

Many health insurance plans now require a primary or preferred care physician. **If you do not have the university endorsed plan and have a primary (or preferred physician) chosen as a requirement of your other plan, you may ask that physician for a "prior approved referral" so that your insurance carrier may automatically cover care at Lafene Health Center.** If you are unable to obtain a prior approval, we will assist you in obtaining a referral if needed.

General medical clinic hours at the Health Center are 8:30 a.m. to 6:30 p.m. Monday through Friday, and 10:00 a.m. to 1:30 p.m. Saturday. Please check with us regarding hours of availability of specialty clinics. After clinic hours, or when the Health Center is otherwise closed, you may need to contact a local hospital emergency department or a walk-in type urgent care clinic if the need arises. In Manhattan, please contact the emergency department at Mercy Regional Health Center, 1823 College Avenue, (785) 776-3322 or K+Stat Urgent Care at 930 Hayes Drive, Suite B, (785) 565-0016.

The Health Center is heavily utilized by the students at Kansas State. In order to manage the utilization and attempt to minimize waiting time, we operate on an appointment system. Both same day and subsequent day appointment times are usually available. If you have a healthcare need, you are encouraged to telephone (785) 532-6544 or stop in to schedule an appointment. Staff are also available to provide urgent medical care should this need arise.

Please continue on back.

Important: Enclosed with this letter is a **MEDICAL HISTORY FORM** which Kansas State University requests all new students to complete and have on file at the Health Center. The information you give us via the form is kept strictly confidential and can be very valuable should you have a medical emergency while a student on campus. Also, because the form must be completed and on file before we can help you with a non-emergency medical need, completing and returning it **NOW** can save you a lot of time and frustration later. **Law prohibits the release of medical information of students 18 years of age and over to others, including parents, without the student's written authorization.**

It is very important that your immunizations be CURRENT AND ON RECORD. There is a place on the Medical History Form for you to complete this information. Be sure the details are completed. In a university setting, you will be in contact with many new people. Such diseases as mumps, measles, chicken pox, and whooping cough still exist, all highly contagious, and can spread rapidly in a concentrated population such as school.

The Centers for Disease Control and American College Health Association recommend that you consider the following immunizations or screenings cited before entering college at the following websites: www.cdc.gov/vaccines/spec-grps/college.htm and www.acha.org/Publications/docs/Recommendations%20for%20Institutional%20Prematriculation%20Immunizations_Jan2009.pdf. These vaccinations/tests can be obtained from your local physician, health department, or Lafene Health Center (call 785-532-6544 for an appointment).

Tuberculosis Screening - In addition to immunizations, college students may need screening for tuberculosis. For all students who have lived in a “high risk” foreign country for over 3 months, a tuberculosis test is required before enrollment at KSU. If you are uncertain if you need to be tested, please contact Lafene for assistance. Testing is encouraged (but not required) if you have spent less than 3 months in a high risk country. Testing of any persons who accompanied you to a high risk area (e.g. spouse) is also recommended. There is a charge for tuberculosis testing. If the test indicates a positive result, a chest x-ray is required. There will be a charge for the x-ray.

Physical Examination – A physical examination is not required for admission; however, if you have had one within the past year, a copy would be helpful to the Center staff. This may save you some unnecessary expense.

We recommend that you have any necessary dental and eye examinations before coming to KSU since the Health Center does not provide these services.

Allergy Injections – The Health Center provides allergy injections at regularly scheduled times. Your physician must supply written, detailed instructions. Contact the Allergy Clinic, telephone (785) 532-6544 at the Center, for specific directions.

If you are not certain about the answers to any of the questions on the Medical History Form, including the immunization record, ask your parents or primary care physician.

Return the Medical History Form to us in the envelope provided and, again, welcome to K-State. If we can be of help to you while you are here, please call upon us. Even if you are not in need, stop by anyway, and see what is available to you.

Lannie W. Zweimiller
Director

Robert J. Tackett, MD
Medical Director