SNAC Program Evaluation
2013-14 Academic Year

# of participants:

1. How confident are you in your ability to recognize the symptoms of an eating disorder?
   Not at all - 2%  Somewhat - 23%  Confident – 41%  Very confident - 32%  N/A –2%

2. How confident are you in your ability to identify support for a friend with an eating issue?
   Not at all – 9%  Somewhat – 16%  Confident - 38%  Very confident - 37%  N/A –0%

3. How confident are you in identifying methods to improve body image?
   Not at all - 0%  Somewhat – 20%  Confident – 47%  Very confident –32%  N/A – 1%

4. How confident are you in your ability to identify healthy weight management strategies?
   Not at all - 2%  Somewhat – 31%  Confident –37%  Very confident – 29%  N/A – 1%

5. How motivated are you to change your current nutrition or exercise behaviors?
   Not at all – 0%  Somewhat – 26%  Motivated – 34%  Very motivated –40%  N/A –%

6. How confident are you in your ability to choose safe nutrition/exercise behaviors as opposed to potentially harmful extremes?
   Not at all – 0%  Somewhat – 15%  Confident - 47%  Very confident – 37%  N/A –1%

7. How informed are you regarding campus resources to assist with eating concerns?
   Not at all – 2%  Somewhat – 36%  Confident - 40%  Very confident – 20%  N/A –2%

AssessmentSNACeval2013-14/SNAC/Evaluations.docx