
ELIZABETH A. FALLON, PhD

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EDUCATION & TRAINING

Institution	Degree, Year	Emphasis
University of Florida	BS, 1998	Psychology
University of Florida	MS, 2002	Exercise Science
University of Florida	PhD, 2004	Exercise Science
University of South Carolina	Postdoctoral Fellow	Physical Activity & Public Health

ACADEMIC POSITIONS

2006 - Present	Kansas State University Assistant Professor, Department of Kinesiology Faculty Associate, Community Health Institute Faculty Affiliate, Public Health Program Faculty Affiliate, American Ethnic Studies
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ACADEMIC HONORS AND AWARDS

2000	2 nd Place Award for Research, Graduate Student Forum University of Florida
2000	Norma M. Leavitt Graduate Scholarship (\$1000) University of Florida
2000	Jane Adams Edmonds Fellowship (\$7500) University of Florida
2000	Graduate Student Representative, Student Exchange University of Darmstadt, Germany/University of Florida
2003	Norma M. Leavitt Graduate Scholarship (\$1000) University of Florida
2003	Meritorious Student Poster Scientific Poster Session Award Winner Society of Behavioral Medicine

PUBLICATIONS

Peer Reviewed Journal Articles

1. Janelle, C. M., Hillman, C. H., Apparies, R. J., Murray, N., Meili, L., **Fallon, E.A.** & Hatfield, B. D. (2000). Expertise Differences in EEG Spectral Content and Gaze Behavior during Rifle Shooting. *Journal of Sport and Exercise Psychology*, 22, 167-182.
2. Hausenblas, H. A., Nigg, C., Dannecker, E. A., Symons, D. A., Ellis, S. R., **Fallon E. A.**, Focht, B. C., & Loving, M. G. (2001). A Missing Piece of the Transtheoretical Model Applied to Exercise: Development and validation of the Temptation to Not Exercise Scale. *Psychology & Health*, 16, 381-390.
3. **Fallon, E. A.**, & Hausenblas, H. A. (2001). Transtheoretical Model of Behavior Change: Does the Termination Stage Exist for Exercise? *Journal of Human Movement Studies*, 40, 465-479.
4. Hausenblas, H. A., & **Fallon, E. A.** (2002). Relationship among body image, exercise behavior, and exercise dependence symptoms. *International Journal of Eating Disorders*, 32, 179-185.
5. Janelle, C. M., Hausenblas, H. A., **Fallon, E. A.**, & Gardner, R. E. (2003). A visual search examination of attentional biases among individual with high and low drive for thinness. *The Journal of Eating and Weight Disorders*, 8, 138-144.
6. Giacobbi, P., Hausenblas, H. A., **Fallon, E. A.**, Hall, C. (2003). Even more about exercise imagery: A grounded theory of exercise imagery. *Journal of Applied Sport Psychology*, 15, 160-175.
7. **Fallon, E. A.**, & Hausenblas, H. A. (2004). Transtheoretical Model of Behavior Change: Does it take five years to reach termination? *American Journal of Health Studies*, 19, 35-44.
8. **Fallon, E. A.**, & Hausenblas, H. A. (2005). Media Images of the "Ideal" Female Body: Can Acute Exercise Moderate Their Psychological Impact? *Body Image: An International Journal of Research*, 2, 62-73.
9. Ames, G. E., Perri, M. G., Fox, L. D., **Fallon, E. A.**, DeBraganza, N., Murawski, M. Pafumi, L., & Hausenblas, H. A. (2005). Changing weight loss expectations: A pilot study. *Eating Behaviors*, 6, 259-269.
10. **Fallon, E. A.**, Hausenblas, H. A., & Nigg, C. R. (2005). The Transtheoretical Model and Exercise Adherence: Examining Construct Associations in Later Stages of Change. *Psychology of Sport & Exercise*, 6, 629-641.

11. **Fallon, E. A.**, Wilcox, S., & Ainsworth, B. E. (2005). Correlates of self-efficacy for physical activity in African American women. *Women & Health*. 41, 47-62.
12. Hausenblas, H. A., & **Fallon, E. A.** (2006). Relationship between exercise and body image: A meta-analysis. *Psychology & Health*, 21, 33-47
* One of the top 10 downloaded articles from *Psychology & Health* in 2006.
13. **Fallon, E. A.**, Wilcox, S., & Laken, M. (2006). Provider Counseling for African American Adults Not Meeting Health Behavior Recommendations. *Preventing Chronic Disease*, 3, 1-12.
14. Bopp, M., Wilcox, S., Laken, M., McClorin, L., Parra-Medina, D., Hooker, S., Saunders, R., **Fallon, E.A.**, Butler, K. (in press). Evaluation of a faith-based physical activity intervention for African Americans. *Preventing Chronic Disease*

Articles Under Review & In Preparation

1. **Fallon, E. A.**, Wilcox, S., Frelove-Charton, J., Bopp, M., McClorin, L., Laken, M., Swinton, R., Yancey, A. (under review). Stage of Change Correlates for Physical Activity in an African American Population. *Journal of Physical Activity & Health*.
2. Lattimore, D., Wilcox, S., Saunders, R., Griffin, S., **Fallon, E. A.**, Hooker, S., & Durstine, L. (under review). Self-reported barriers of older adults entering a home-based physical activity program. *Journal of Aging & Physical Activity*
3. **Fallon, E. A.**, DeBraganza, N., Chittester, N., & Hausenblas, H. A. (under review). Correlates of Drive for Muscularity in College-aged Men. *American Journal of Men's Health*.
4. Bopp, M. & **Fallon, E. A.** (in preparation). Correlates of Physical Activity and Nutrition Counseling Among Rural Physicians.
5. **Fallon, E. A.**, Bopp, M., Jagar, A., & Wilcox, S. (in preparation). Predicting weight change among African American women.

Published Abstracts

1. Dannecker, E. A., Nigg, C., Hausenblas, H. A., Nigg, C. R., Symons, D. A., Ellis, R. S., **Fallon, E. A.**, Focht, B. C., & Loving, M. G. (2000). The Missing Piece of the Transtheoretical Model Applied to Exercise: Development and validation of the Exercise Temptation Questionnaire. *Research Quarterly for Exercise and Sport*, 71, A87.

2. **Fallon, E. A.**, Janelle, C. M., Hausenblas, H. A., & Ellis, S. R. (2000). Eyes Wide Shut: Visual Search Examination of Body Image Disturbance. *Journal of Sport and Exercise Psychology, 22*, s37.
3. **Fallon, E. A.**, & Hausenblas, H. A. (2003). Transtheoretical Model of Behavior Change: Does the termination stage apply to exercise behavior? *Annals of Behavioral Medicine, 25*, s005.
4. **Fallon, E. A.**, Reed, S., Dannecker, E., & Hausenblas, H. A. (2003). Does race and sex vary within the stages of change? *Journal of Sport and Exercise Psychology, 25*, s56.
5. Ames, G. E., Perri, M. G., Fox, L. D., **Fallon, E. A.**, DeBraganza, N., Murawski, M. E., Gardner, R., & Hausenblas, H. A. (2004). Test of a reformulated cognitive behavioral therapy for obesity. *Annals of Behavioral Medicine, 27*, s088.
6. **Fallon, E. A.**, Hausenblas, H. A., & Nigg, C. R. (2004). How do the TTM constructs and sex predict stage of change for exercise? *Annals of Behavioral Medicine, 27*, s091.
7. **Fallon, E. A.** & Hausenblas, H. A. (2004). Effects of chronic exercise on body esteem. *Annals of Behavioral Medicine, 27*, s098.
8. **Fallon, E. A.**, Wilcox, S., & Laken, M. (2005). Physician Counseling for Lifestyle Change: A Study of African American Adults Not Meeting Current Recommendations. *Medicine & Science in Sport & Exercise, 37*, s252.
9. **Fallon, E. A.**, DeBraganza, N., Chittester, N., & Hausenblas, H. A. (2005). Correlates of drive for muscularity in college-aged men. North American Society for the Psychology of Sport and Physical Activity annual conference. *Journal of Sport & Exercise Psychology, 27*, s63.
10. **Fallon, E. A.**, Wilcox, S. & Ainsworth, B. E. (2005). Correlates of self-efficacy for physical activity in African American women. North American Society for the Psychology of Sport and Physical Activity. *Journal of Sport & Exercise Psychology, 27*, s63.
11. Bopp, M., Wilcox, S., Butler, K., **Fallon, E.A.**, McClorin, L., Laken, M. (2006). Evaluation of a faith-based, behavior-change physical activity intervention for African Americans. *Medicine and Science in Sports and Exercise, 38(5)* 66.
12. Bopp, M. & **Fallon, E.A.** (2007). Rural physician counseling for physical activity and healthy eating. *Annals of Behavioral Medicine.*
13. **Fallon, E. A.**, Wilcox, S., Dowda, M., & Buchner, D. (under review). Correlates of physical activity and physical inactivity for normal weight, overweight and obese adults over 50. *Annals of Behavioral Medicine.*

Conference Proceeding Publications

1. **Fallon, E. A.**, & Hausenblas, H. A. & Lovins, T. (2000). Transtheoretical Model of Behavior Change: Does the Termination Stage Really Exist for Exercise? University of Florida Graduate Student Forum poster presentation.
2. **Fallon, E. A.**, & Hausenblas, H. A. (2001). Transtheoretical Model: Does the Termination Stage exist for exercise? American Psychological Association.
3. **Fallon, E. A.**, & Hausenblas, H. A. (2001). Battling body dissatisfaction: What role does exercise play? Association for the Advancement of Applied Sport Psychology.
4. Giacobbi, P., Hausenblas, H. A., & **Fallon, E. A.** (2001). Exercise imagery: A qualitative analysis. Association for the Advancement of Applied Sport Psychology.
5. Hausenblas, H. A., & **Fallon, E. A.** (2001). Body image and exercise: A meta-analysis. Association for the Advancement of Applied Sport Psychology.
6. G. Ames, M. Perri, L. Lutes, N. DeBraganza, **E. Fallon**, K. Kalupa, L. Williams, E. Serber, & K. Walker. (2005) A pilot investigation of cognitive-behavioral strategies to improve the maintenance of lost weight. Society of Behavioral Medicine.
7. Hebert, J. R., Hurley, T. G., Ritchey, J., Harmon, B. E., Cavicchia, P. P., **Fallon, E. A.**, McKenzie, W. B., Xu, L., Heiney, S. (2007). A diet, physical activity, and meditation intervention in men with rising prostate-specific antigen (PSA). Innovative Minds in Prostate Cancer Today (IMPACT). Department of Defense Prostate Cancer Research Program Meeting.

PRESENTATIONS TO SCHOLARLY & PROFESSIONAL GROUPS

Verbal Presentations

1. **Fallon, E. A.**, DeBraganza, N., Chittester, N., & Hausenblas, H. A. (2005). Correlates of drive for muscularity in college-aged men. North American Society for the Psychology of Sport and Physical Activity annual conference. (see Published Abstracts # 9)

Poster Presentations

1. **Fallon, E. A.**, Janelle, C. M., Hausenblas, H. A., & Ellis, S. R. (2000). Eyes Wide Shut: Visual Search Examination of Body Image Disturbance. North American Society for the Psychology of Sport and Physical Activity. (see Published Abstracts #2)
2. **Fallon, E. A.**, & Hausenblas, H. A. & Lovins, T. (2000). Transtheoretical Model of Behavior Change: Does the Termination Stage Really Exist for Exercise? University of Florida graduate student forum. (see Conference Proceeding Publications #1)
3. **Fallon, E. A.**, & Hausenblas, H. A. (2001). Transtheoretical Model: Does the Termination Stage exist for exercise? American Psychological Association. (see Conference Proceeding Publications #2)
4. **Fallon, E. A.**, & Hausenblas, H. A. (2001). Battling body dissatisfaction: What role does exercise play? Association for the Advancement of Applied Sport Psychology. (see Conference Proceeding Publications #3)
5. **Fallon, E. A.**, & Hausenblas, H. A. (2003). Transtheoretical Model of Behavior Change: Does the termination stage apply to exercise behavior? Society of Behavioral Medicine. (see Published Abstracts # 3)
6. **Fallon, E. A.**, Reed, S., Dannecker, E., & Hausenblas, H. A. (2003). Ethnicity and Gender within the Transtheoretical Model. North American Society for the Psychology of Sport and Physical Activity. (see Published Abstracts # 4)
7. **Fallon, E. A.**, Hausenblas, H. A., & Nigg, C. (2004). How do the TTM constructs and sex predict stage of change for exercise? Society of Behavioral Medicine. (see Published Abstracts # 6)
8. **Fallon, E. A.** & Hausenblas, H. A. (2004). Effects of chronic exercise on body esteem. *Annals of Behavioral Medicine*, 27, S098. (see Published Abstracts # 7)
9. **Fallon, E. A.**, Wilcox, S., & Laken, M. (2005). Physician Counseling for Lifestyle Change: A Study of African American Adults Not Meeting Current Recommendations. American College of Sports Medicine. (see Published Abstracts # 8)
10. **Fallon, E. A.**, Wilcox, S. & Ainsworth, B. E. (2005). Correlates of self-efficacy for physical activity in African American women. North American Society for the Psychology of Sport and Physical Activity. (see Published Abstracts # 10)
11. Bopp, M. & **Fallon, E.A.** (2007). Rural physician counseling for physical activity and healthy eating. *Annals of Behavioral Medicine*. (see Published Abstracts # 12)

12. **Fallon, E. A.**, Wilcox, S., Dowda, M., & Buchner, D. (under review). Correlates of physical activity and physical inactivity for normal weight, overweight and obese adults over 50. *Annals of Behavioral Medicine*. (see Published Abstracts #13)
13. Hebert, J. R., Hurley, T. G., Ritchey, J., Harmon, B. E., Cavicchia, P. P., **Fallon, E. A.**, McKenzie, W. B., Xu, L., Heiney, S. (2007). A diet, physical activity, and meditation intervention in men with rising prostate-specific antigen (PSA). Innovative Minds in Prostate Cancer Today (IMPACT). Department of Defense Prostate Cancer Research Program Meeting. (see Conference Proceedings Publications # 7)
14. McGill, Z., Bopp, M., & **Fallon, E.A.** (2007). Promoting Physical Activity Among Kansas Latinos: A Faith-Based Approach. Kansas Public Health Association Annual Conference.

RESEARCH FUNDING

Ongoing Support:

Title: A faith-based intervention for Hispanics

Funding Source: Sunflower Foundation

PI – M. Bopp

Dates: 10/06 – 2/08

Project Goal: To develop and implement a faith-based physical activity promotion program for Hispanic and Latino populations attending Catholic churches.

Role: Co-Investigator

Amount: \$45,462

Title: Community-based participatory research for obesity prevention and management in rural Kansas Latinos

Funding Source: Center for Engagement and Community Development (CECD), Kansas State University

PI's – M. Bopp & E. Fallon

Dates: 1/07-12/09

Project Goal: The goal of this proposal is to build the capacity of the Kinesiology faculty and graduate students to engage rural Latino communities in nutrition and physical activity promotion for the prevention and management of obesity.

Amount: \$15,963

Title: Identifying and redesigning physical activity and nutritional educational materials for use in primary care offices serving rural Latina women in southwest Kansas

Funding Source: University Small Research Grant (USRG), Kansas State University
PI – E. Fallon Dates: 1/07-12/07

Project Goal: The goal of this proposal is to use a standardized procedure to identify, obtain, review, evaluate and redesign physical activity promotion materials for Latina women.

Amount: \$3,100

Title: Health care provider counseling to increase physical activity and healthy eating in rural Latina women

Funding Source: Mentoring Fellowship Award, Kansas State University
PI: - E. Fallon (Dzewaltowski, Mentor) Dates 7/07 – 6/08

Project Goal: Understand the individual, social and environmental barriers and resources for conducting physical activity and nutrition interventions for rural Latina women through health care provider offices, and to identify the preferences for intervention and measurement for both primary health care providers and Latina women.

Amount: \$6,000

Completed Support:

Title: Cognitive Behavioral Treatment for Obesity and Its Mental Health Comorbidities

#1F31MH68137-01

Funding Source: National Research Service Award NIMH
PI - G. Ames Dates: 5/1/03 – 4/30/05

Project Goal: To test the effectiveness of a cognitive behavioral treatment for weight loss, body-image, mental health, and long-term weight maintenance in obese women.

Role: Co-investigator

Title: Health-e-AME Faith Based Physical Activity Initiative

CCR421476-01

Funding Source: Centers for Disease Control and Prevention
PI - S. Wilcox Dates: 10/01/02 – 3/31/06

Project Goal: To implement and evaluate a physical activity intervention delivered through African Methodist Episcopal churches, using a community-based participatory research approach.

Role: Postdoctoral Fellow

Title: A Diet, Physical Activity, and Meditation Intervention in Men with Rising Prostate-Specific Antigen

PC 020466; Award #: DAMD 17-03-1-0139

Funding Source: Department of Defense - U.S. Army

PI - J. Hebert

Dates: 06/04 – 06/07

Project Goal: To examine the role that dietary modification, physical activity, and meditation have on prostate-specific antigen.

Role: Co-Investigator

Applications Under Review/In Preparation:

Title: Physical Activity and Dietary Behaviors in Latinos

Funding Source: National Institutes of Health (NIDDK) – K01

PI – E. Fallon (Mentor: D. Dzewaltowski) Proposed Dates: 12/07-11/12

Project Goal: Provide mentorship and protected time for training and research related to PA and nutrition promotion in rural Latina women. Activities include a MPH degree (nutrition and health promotion in minority populations), analysis of BRFSS and NHANES data, literature reviews, and pilot testing of a health care provider-based PA and nutrition intervention for rural Latina women.

Amount requested: \$500,000

Date Submitted: February 12, 2007

Status: Unfunded. Planned resubmission October, 2008

Title: Mechanisms of Long-term Adherence to Physical Activity

Funding Source: 2007 NIH Director's New Innovator Award Program (DP2)

PI – E. Fallon

Proposed Dates: 10/07-11/12

Project Goal: Conduct a web-based longitudinal prospective study of the theoretical mechanisms predicting long-term (1-3 years) adherence to physical activity.

Amount requested: \$1,500,000 (direct costs)

Date Submitted: May 14, 2007

Status: Unfunded. Planned resubmission through different funding mechanism

Title: A faith-based obesity intervention for Hispanics

Funding Source: United States Department of Agriculture (USDA)

PI: - M. Bopp

Proposed Dates: 10/07 – 9/2010

Project Goal: To design and evaluate a culturally tailored, faith-based obesity prevention program targeting Hispanics. The project will increase physical activity participation and improve eating habits for Hispanics of all ages within the participating churches. The approach will facilitate sustainability and dissemination efforts to reach as many individuals as possible.

Amount requested: \$500,000

Date Submitted: June 5, 2007

Status: Unfunded. Planned resubmission 6/2008

NON-RESEARCH FUNDING

Ongoing Support:

Funding Source: ADVANCE Distinguished Lecture Series, Kansas State University

PI – E. Fallon

Dates: April/May, 2008

Goal: Invite and host an associate/full professor for a lectures, presentations and discussions with students and faculty. This grant will be used to host Dr. Rod Dishman from the University of Georgia to discuss issues related to exercise adherence.

Amount: \$1200

Completed Funding:

Funding Source: ADVANCE Distinguished Lecture Series, Kansas State University

PI – E. Fallon

Dates: May 2-4, 2007

Goal: Invite and host an associate/full professor for a lectures/presentations/discussions with students and faculty. This proposal was funded to host Dr. Kelly Evenson from the University of North Carolina Chapel Hill School of Public Health to discuss environmental issues related to PA and the engagement of rural Latina women in recruitment, retention and measurement research activities.

Amount: \$1200

Funding Source: ADVANCE Career Advancement Opportunity, Kansas State University

Project Goal: Fund travel to Washington DC (November 2007) to meet with program officers and similar others at the National Institute of Health regarding research line & external funding, and attend the American Public Health Association (APHA) annual conference.

Amount: \$1,000

Title: Obesity in Rural Latino Communities: Prevention and Management

Funding Source: Targeted Excellence Award, Kansas State University

PI – D. Dzewaltowski

Proposed Dates: 6/07-5/10

Project Goal: The goal of this proposal is to establish a Southwest Kansas Research Network that would provide the infrastructure necessary to conduct extramurally funded research to solve the important problem of obesity in rural Latino communities.

Role: Co-Investigator (*unfunded*)

Amount requested: \$531,000

Title: N/A

Funding Source: Faculty Development Travel Award, Kansas State University

Project Goal: Fund travel to Washington DC to (1) Meet with program officers and similar others at the National Institute of Health regarding research line & external funding, (2) attend the American Public Health Association (APHA) annual conference, and (3) recruit potential graduate students who may be attending APHA conference

Amount Requested: \$1,771 (*unfunded; resubmitted for another internal grant mechanism*)

Title: Long-term Impact of a Statewide Walking Program among Women: Cardiovascular Health Outcomes and Psychosocial Mechanisms

Funding Source: American Heart Association, National Scientist Development Grant

PI – E. Fallon

Proposed Dates: 01/08-12/11

Project Goal: To (1) examine whether participation in Walk Kansas leads to long-term (24 mos) adherence, (2) examine whether participation in Walk Kansas produces long-term clinically relevant physiological outcomes, and (3) identify the psychosocial mechanisms predictive of long-term adherence to PA.

Amount requested: \$308,000

Status: not funded

TEACHING

Graduate Courses

2006	University of South Carolina	Behavioral Aspects of Physical Activity (EXC 710)
2006-	Kansas State University	Body Image, Eating Disorders, and Obesity (KIN 608) Psychology of Physical Activity (KIN 600) Fitness Promotion (KIN 655) Exercise Adherence (KIN 796)

Graduate Mentorship (*denotes committee chair)

Student Name	Degree	Thesis/Non-Thesis	Graduation
Tanis Hastman	MPH	Thesis	2008
Karla Bruggeman	MS	Thesis	2008
*Joey Mims	MS	Thesis	2008
Yi Lu	MS	Non-Thesis	2008
Matthew Chrisman	MS	Non-Thesis	2008
*Zach McGill	MS	Thesis	2009
*Cari Mooneyham	MS	Non-Thesis	2009

Undergraduate Courses

1999-2004	University of Florida	Conditioning (PEM 1101) Jogging (PEM 1146) Softball (PEL 1211)
2006-present	Kansas State University	Body Image, Eating Disorders, and Obesity (KIN 608) Physical Activity & Public Health (KIN 345) Psychology of Physical Activity (KIN 600) Fitness Promotion (KIN 655)

Undergraduate Mentorship

Student Name	Degree	Graduation
Megan Cleary	BS	2009
Zach McGill	BS	2007
Sammy Ornelas	BS	2008

Other Notable Teaching/Instructional Activities

Nominated Ms. Alex Serra for the 2007 KSU Undergraduate Service Award sponsored by the KSU Leadership Program. Award was conferred to Alex in April, 2007.

PROFESSIONAL SERVICE & ACTIVITIES

Kansas State University

- Chair, Marketing Committee 2007-2008
 This committee works closely with other department committees to organize, develop and update department marketing materials & activities. This includes, but is not limited to, undergraduate & graduate recruitment materials, LIFE marketing materials, the annual department newsletter, increasing alumni outreach, and website updates.
- Search Committee Member, Department of Kinesiology
 Public Health Physical Activity Behavior 2006-2007 Hire: Behrens
 Physiology 2006-2007 Hire: Wong
 Department Head 2006-2007 Hire: Dzewaltowski
 Part-time Lab Technician/Instructor 2007 Hire: Larson
- Search Committee Member, College of Human Ecology, Department of Family Studies (Chair, Elaine Johannes) 2007-2008
- College of Architecture, Planning & Design McElwee Teaching Award Committee Member 2007
- Department of Kinesiology Commencement Ceremony Representative
 Fall 2007

Ad Hoc Peer Review for Scholarly Journals (listed alphabetically)

American Journal of Health Behavior
 American Journal of Preventive Medicine
 International Journal of Sport Psychology
 Journal of Aging and Physical Activity
 Journal of Applied Sport Psychology
 Journal of Sport and Exercise Psychology
 Preventing Chronic Disease: Public Health Research, Practice and Policy
 Social Science & Medicine
 The Sport Psychologist

Guest Presentations

1. **Fallon, E.A.** (2007). Obesity: The Science Behind the Epidemic. Kansas State University Research & Extension Annual Conference.

2. **Fallon, E.A.** (2007). Healthcare Providers' Role in Chronic Disease Prevention. Department of Industrial and Manufacturing Systems Engineering, Kansas State University.

Other Scholarly Service Activities

Ad Hoc Abstract Reviewer – American Public Health Association
Ad Hoc Grant Reviewer - Canadian Social Science Awards

Current Member Affiliation(s)

American Public Health Association (APHA)
Society of Behavioral Medicine (SBM)

Past Member Affiliation(s)

American College of Sports Medicine (ACSM)
American Psychological Association (APA)
Association for the Advancement of Applied Sport Psychology (AAASP)
International Society for Behavioral Nutrition and Physical Activity (ISBNPA)
North American Society for the Psychology of Sport and Physical Activity (NASPSPA)

Certifications and Training

Human Participants Protection Education for Research Teams – 6/22/2004
Sponsored by: National Institutes of Health

Active Choices: Telephone-assisted Counseling for Physical Activity
February 4, 2005, University of South Carolina
Training director: Cynthia Castro, PhD - Stanford University

Research Course in Physical Activity and Public Health (PAPH)
September 13-21, 2005, Sea Pines at Hilton Head, SC
Sponsored by: Centers for Disease Control & Prevention and the
University of South Carolina Prevention Research Center
Course Director: Russell Pate, PhD

Nutrition Environment Measures (NEMs) Training
June 19-20, 2007, Kansas State University, Manhattan, KS
Sponsored by: KSU Community Health Institute
Training Director: Paula Ford, MS (KSU) & Margret Clawson, MS (Emory)

Active Living Partners - Active Living Every Day Facilitator Training
January 13, 2008, Online Training
Conducted by: Active Living Partners, Human Kinetics, Illinois

COMMUNITY SERVICE

Georgia Seagle Hall, Gainesville, Florida (2003)

Responsibilities: General house repairs (e.g., painting), Teaching basic skills in computer software programs and internet to hall residents and employees

Columbia Gator Club, Columbia, South Carolina (2004-2006)

Responsibilities: Board member; scholarship committee member; co-organizer of annual blood drive; co-organizer of scholarship fundraisers