ACSM/NPAS Physical Activity in Public Health Specialist (PAPHS)

The ACSM/NPAS Physical Activity in Public Health Specialist (PAPHS) engages key decision makers at the national, state or local level. A PAPHS conducts needs assessments, plans, develops and coordinates physical activity interventions. APAPHS is also called upon to provide leadership, develop partnerships and advise local, state and federal health departments on all physical activity-related initiatives.

Requirements:

• Current Adult CPR (with practical skills component) and AED certifications
• Bachelor’s degree in a health-related field from a regionally accredited college or university.

OR

• Bachelor's degree in any subject with 1,200 hours of experience in settings promoting physical activity, healthy lifestyle management or other health promotion.

Recommended Elective Courses:

• KIN 110: Introduction to Public Health
• KIN 521: Practicum in Public Health
• KIN 591: Psychology of Exercise and Sport Injury
• KIN 600: Psychology of Physical Activity
• KIN 610: Program Planning and Evaluation
• KIN 612: Built Environment and Physical Activity
• KIN 635: Nutrition and Exercise
• KIN 655: Fitness Promotion
• KIN 793: Internship Public Health/Physical Activity
• HN 400: Human Nutrition
• HN 530: Nutrition Education in Extension
• HN 535: Energy Balance
• HN 600: Public Health Nutrition
• PSYCH 425: Problem Solving and Decision Making
• PSYCH 518: Introduction to Health Psychology
• SOCIO 432: Community Organization and Leadership

How to Study:

• Go to http://paphscert.org/ for more information about study materials and exam content.