ACSM Exercise is Medicine Credential

- Promotes collaboration between health care providers and exercise professionals.
- Provides a way for health care providers to identify exercise professionals who are qualified to work with their patients and for exercise professionals to get patient referrals.
- All fitness professionals must have current NCCA accredited certification to be eligible for EIM.

Requirements:

Must have one of the following NCCA Accredited Fitness Certifications:

- Academy of Applied Personal Training
- American College of Sports Medicine
- American Council on Exercise
- The Cooper Institute
- International Fitness Professionals Association
- National Academy of Sports Medicine
- National Council for Certified Personal Trainers
- National Council on Strength and Fitness
- National Exercise and Sports Trainers Association
- National Exercise Trainers Association
- National Federation of Professional Trainers
- National Strength and Conditioning Association
- Training and Wellness Certification Commission

Recommended Elective Courses:

- KIN 330: Biomechanics
- KIN 398: Principles of Exercise Training
- KIN 520: Practicum in Fitness Settings
- KIN 625: Exercise Testing and Prescription
- KIN 635: Nutrition and Exercise
- KIN 792: Health Fitness Instructor Internship

- HN 535: Energy Balance