

International Student and Scholar Services

FALL ACTIVITIES CALENDAR

F-1 Optional Practical Training Workshops

August 24th at 3:30pm Then Every Monday when K-State is open—ISC

International Music and Dance Fest

August 24 at 7pm -10pm—ECM Building, Denison Avenue

The purpose of the music and dance fest is to develop the bonds of friendship through a celebration of the gifts of music and dance from diverse human cultures. Students are invited to bring their favorite musical instruments with them and share in performances of music and dance. Co-sponsored by ECM.

International Open House

August 25 from 11am-3pm—ISC

Come meet staff from International Student and Scholar Services, the Study Abroad Office, and the English Language Program, along with various international student associations. Here you can meet people and hear about international opportunities on K-State's campus. International foods and beverages will be served.

Fun with Chet

August 25 from 6-8pm—Recreation Complex

Recreational Services opens their doors to expose you to all the resources they offer and to show you their facilities.

CES Backyard BBQ

August 26 from 11-1:30—Holtz Hall South Lawn

Career and Employment Services would like to welcome you with a free lunch.

Wildcat Welcome Day

August 27 from 3-9pm—K-State Alumni Center

K-State Alumni Association would like to welcome you with free giveaways and ice cream.

Union Expo & Activities Carnival

August 27 from 6-9pm—K-State Union

Union Program Council and the Office of Student Activities and Services would like to welcome you to campus with an opportunity to see all the opportunities for involvement on campus.

Get Rec'd

August 28 from 7-10pm—Recreation Complex (Or Meet at ISC at 6:45 to walk together)

Here is another opportunity to check out the Rec Complex. Events offered include: Whiffle Ball Homerun Derby, Dodgeball, Free Throw/3-point shot contest, Indoor Soccer, Tailgate Games, as well as an extended group exercise schedule.

Week of Welcome Service and Block Party

August 29 from 12pm-4:30pm (Service); 4:30-6pm (Block Party)—Aggieville's Triangle Park

Join ISSS for an opportunity to give back to the community you live in. The K-State Volunteer Center of Manhattan is coordinating opportunities for volunteering this afternoon. Meet at Aggieville's Triangle Park at 12pm to sign up for projects that start at 12:30pm. After the service projects from 4:30-6pm there will be a celebration of the service and the start of the school year.

Movies on the Grass: The Visitor

August 30 at 7:30pm—Meet at the ISC (Event is at Coffman Commons by the Library)

Join ISSS staff to watch a movie with other K-Staters. Bring a blanket or towel to sit on. For more information on the film visit <http://www.imdb.com/video/screenplay/vi3438608665/>

All University RecFest

September 1 from 6-8pm—Recreation Complex

Another opportunity to explore the Rec Complex. There will be short group exercise classes, intramural information, sport club information, free fitness assessments, challenge course, and giveaways.

J-1 Scholar Orientation

September 2 from at 10 am—ISC

A program for J-1 Scholars and Professors that reviews immigration regulations pertaining to their visa status as well as an orientation on things to do around campus and in the campus community.

U.S. Culture Issues

September 3 from 6:30-7:30pm—ISC

Ever wonder why your U.S. classmate says, "Hi, How are you?" and then walks away without ever waiting for your detailed response? This workshop is designed for students, scholars, and dependents in their first year in the U.S. who would like to learn and talk about cultural differences between the United States and their home country. Now is your chance to ask questions you have wanted to ask! Presenters will be Sara Thurston-González, Director of the International Student and Scholar Services, and Heidi Minnihhan, U.S. student who studied abroad in France.

Purple Power Play on Poyntz

September 4 at 5:45pm or 6:15 pm—Meet at the International Student Center

(return between 9:45 and 10:15 pm)

Join ISSS in experiencing a fun city event. Celebrate the upcoming football season with an inflatable carnival, food, games and live music and entertainment followed by a pep rally and fireworks.

K-State vs. University of Massachusetts Football Game

September 5

K-State Athletics donated tickets for this game which 25 lucky new students won during orientation! On behalf of Colin Noble, the Holiday Inn is sponsoring a tailgate for those lucky winners as well!

Trip to Manhattan Zoo

September 6 at 12:30pm-5pm

Meet at ISSS, at 12:30 or 1pm and a shuttle will take you to the zoo. Shuttles will return at 4:30 and 5pm. It is free for K-State students, faculty and staff with a K-State ID.

Brown Bag Lunches

Starting September 10 from 12:30-1:30 pm; then every Thursday during the semester—ISC

Do you have questions about stress management? A relationship issue? How to adjust successfully into a new environment like Manhattan? Or simply want to find out more about the resources we offer. Counseling Services and International Student and Scholar Services would like to invite you to join us and your fellow international students/scholars to our biweekly gathering. Just bring your lunch! It's INFORMAL and FREE. You will have a chance to get to ask any mental health questions you might have.

Job Search for International Students

September 10 at 3pm—Union 212

International students are invited to learn about the American style of looking for a job, developing a resume, and interviewing. Presented by Stacey Bailey (ISSS), Maria Beebe (ISSS), and Mary Ellen Barkley (Career and Employment Services).

Trip to the Kansas State Fair

September 12

Sign up Required. Exact event details will be announced through ISC-L and Facebook

Movies on the Grass: The Garbage Warrior

September 13 at 7:30pm—Meet at the ISC (Event is at Coffman Commons by the Library)

Join ISSS staff to watch a movie with other K-Staters. Bring a blanket or towel to sit on. For more information on the film visit <http://www.youtube.com/watch?v=2KYJ0dsd-x0>

Adjustment to U.S. Culture

September 17 at 6:30-7:30pm—ISC

Are you excited to be in the U.S. or are you counting the days until you can return to your home country? This workshop is designed for students, scholars, and dependents in their first year in the U.S. who would like to talk about adjusting to this new U.S. culture. Come hear about the normal pattern of adjusting to a new culture. Learn some tips for adjusting. Become aware of resources for you on campus and in the community. Presenters will be Andrew Imbrie Bratawidjaja, Counselor, Counseling Services, and Sara Thurston-González, Director, International Student and Scholar Services.

International Spouse Orientation

September 18 at 1pm—ISC

If you are a spouse of an international student or scholar we invite you to attend an orientation to help you navigate through K-State and the Manhattan community.

K-State Presidential Inauguration

September 24 at 2pm — Bramlage Coliseum

Come see K-State's new president become inaugurated! A reception will follow!

Coffee Hour: China

September 25 from 4-5pm — ISC

Coffee Hour is an informal forum for international students to showcase their country.

K-State Family Day

September 26 — All Around Campus

Tell your families about this one! Even if they can't come, you are welcome to join many of the activities happening around campus. For full details check out: <http://www.k-state.edu/familyday/events/>.

Adjusting to U.S. Foods

September 28 — 5-6pm

Are you struggling to adapt to U.S. foods? Are you confused by menu terminology? Are you interested in learning how to make your meals more nutritious? If so, come join a U.S. student who has studied abroad in Australia, Katie Cogswell, explore the topic of food in the U.S.

Safety and Security in the U.S.

October 1 — 6:30-7:30pm

Are you wondering about bike safety and regulations? Are you confused by traffic lights? Are you worried about walking alone? How do alcohol laws differ from your home country? What is the role of police in the U.S.? Why is the U.S. campus climate so serious when it comes to security issues? Here is a workshop to help you understand all these issues and more! Captain Stubbings, K-State Police Department will present this important workshop.

J-1 Scholar Orientation

October 6 at 10 am — ISC

A program for J-1 Scholars and Professors that reviews immigration regulations pertaining to their visa status as well as an orientation on things to do around campus and in the campus community.

Kansas Weather

October 8 from 6:30-7:30pm — ISC

Most people are curious about the weather. It affects almost everything we do. This workshop will present information on our weather patterns and what you can expect. Kansas weather can be severe. It is important that you understand the terminology and the warnings and you know how to prepare for possible damaging weather. Be sure to bring your families as they too should be informed about the weather. Mary Knapp, an associate agronomist with K-State Research and Extension and state climatologist will give you the information you need to know to be prepared for Kansas weather.

Coffee Hour: Russia

October 9 from 4-5pm — ISC

Coffee Hour is an informal forum for international students to showcase their country.

Trip to Kansas City for Shopping

October 10

Sign up Required. Exact event details will be announced through ISC-L and Facebook

Basic Language Training (BLT)

October 12- November 19 — ISC

Sign up by October 7th. Watch ISC listserv for full details. BLT is a non-credit course that is taught by an international student. The student teaches the basics of his/her language and explores the culture of his/her home country.

Healthcare in the U.S.

October 15 at 7-8pm — ISC

Are you confused about the healthcare system in the United States? Is health insurance a completely new concept to you? If you would like to learn how health care and insurance work in the United States, come to this presentation!

Sexual Health @ K-State

October 22 at 7-8pm — ISC

Presented by SHAPE (Sexual Health Awareness Peer Educators) Want to be safer and still have fun at K-State? SHAPE will provide information in a friendly, open environment. Questions are encouraged. Information SHAPE provides can assist you in making informed and responsible decisions about your sexual health. SHAPE members are K-State students who have completed a three credit hour course to learn about sexual health and consequences of risky sexual behaviors.

Coffee Hour: Vietnam

October 23 from 4-5pm — ISC

Coffee Hour is an informal forum for international students to showcase their country.

Sensible Nutrition and Body Image in U.S. Culture

October 29 at 7-8pm — ISC

Are you afraid of gaining weight eating U.S. foods? Do you compare yourself to toned and fit bodies advertised in the media? Are you unsure how to balance eating and exercise? Peer educators (Sensible Nutrition And body image Choices Peer Educators) and Dianna Schalles, Lafene Health Center Dietitian, will help you extract the truth from common media messages.

J-1 Scholar Orientation

November 3 at 10 am — ISC

A program for J-1 Scholars and Professors that reviews immigration regulations pertaining to their visa status as well as an orientation on things to do around campus and in the campus community.

Explore Kansas!

November 5 from 6:30-7:30 — ISC

Are you interested in knowing more about the state you live in? A representative from the State of Kansas Travel and Tourism office will come give you ideas for interesting places to visit for a day or weekend trip. Maps of Kansas and tourist guides will be given away.

Coffee Hour: Saudi Arabia

November 6 from 4-5pm — ISC

Coffee Hour is an informal forum for international students to showcase their country.

J-1 Student Academic Training Workshop

November 11 from 3:30-5pm — ISC

This workshop for J-1 students will cover information regarding Academic Training, the two-year home residency requirement, and life after J-1 status.

Legal Issues in the U.S.

November 16 from 5-6pm — ISC

Join Sarah S. Barr, K-State's Student Legal Services Attorney to learn about various legal issues you could encounter while you're in the United States. During this workshop, she will cover topics such as what to do if you get a ticket, what is a power of attorney, alcohol violations and regulations, on-line buying scams, car purchasing and apartment rental issues. Please join us to discuss these issues and to ask questions.

Coffee Hour: Brazil

November 20 from 4-5pm — ISC

Coffee Hour is an informal forum for international students to showcase their country.

J-1 Scholar Orientation

December 1 at 10 am — ISC

A program for J-1 Scholars and Professors that reviews immigration regulations pertaining to their visa status as well as an orientation on things to do around campus and in the campus community.

****Additional Events will be advertised through the listserv (ISC-L) and our Facebook page (International Student and Scholar Services at K-State)!*

International Student and Scholar Services

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