PROGRAMS & ACTIVITIES Fall 2019





International Student & Scholar Services

August 2019

Basic Language Training (BLT)

Sign up August 26 through September 6 (courses September 16 through November 7)

BLT is a non-credit course taught by an international student. The student teaches the basics of his/her language and explores the culture of his/her country. BLT courses for Fall 2019 are Arabic, Cantonese, Czech, French, Hindi, Italian, Portuguese, Spanish, Advanced Spanish, Serbian, and Turkish. For more information, please visit <u>https://www.ksu.edu/isss/programs-events/blt/index.html</u>

McCain Welcome Party for International and Graduate Students

Wednesday, August 28 // 5:30 – 7:00 pm // McCain Auditorium Free food and beverages! Come see an exciting multimedia presentation of shows coming to McCain Auditorium and meet other students. Please RSVP by 5:00pm on August 26 at

https://ksugsc.wufoo.com/forms/m1qoam0q1dpqv0n/.

Union Expo and Activities Carnival

Thursday, August 29 // 6:00 – 8:00 pm // K-State Student Union The Activities Carnival is a great opportunity for students to learn more about student organizations and find ways to get involved on campus. For more information, please visit <u>http://wow.k-state.edu/</u>.

Purple Power Play in the Park

Thursday, August 29- Friday, August 30 // Begins at 6:00 pm // City Park Come celebrate the upcoming football season with food, games, and live music followed by a pep rally and fireworks. Remember to bring money to purchase food and wear your PURPLE!

International Block Party

Friday, August 30 // 7:00 – 11:00 pm // Memorial Stadium (In case of inclement weather, Student Union, ground floor Courtyard) Come for an evening of music, yard games, international food samples, and more! This event is co-sponsored by the Union Program Council, K-State Alumni Association and International Buddies.

Health Insurance Waiver Deadline

Saturday, August 31 // 11:59 pm

This is the last day to fill out the health insurance waiver form to waive the health insurance fee for students meeting the requirements. For more details, visit www.k-state.edu/isss/students/health_insurance/index.html

September 2019

International Buddies Meet and Greet

September TBA Join us for an informal meet and greet session where you can get to know your International Buddy. Watch the ISSS listserv for more details.

International Spouse Orientation

Wednesday, September 4 // 10:00 am // ISC

If you are a spouse of an international student or scholar, we invite you to attend this orientation to help you navigate K-State and the Manhattan community. Presented by the ISSS Graduate Assistant.

U.S. Culture Issues

Thursday, September 5 // 6:30 pm // ISC

Ever wonder why your U.S. classmate says, "Hi, how are you?" and then walks away without waiting for your response? This workshop is designed for students, scholars, and dependents in their first year in the U.S. who want to learn about and discuss cultural differences between the United States and their home country. Now is your chance to ask questions you have wanted to ask! Presented by Sara Thurston, Director of ISSS.

KSU Student Welcome/Common Book and Work of Art Open House

Thursday, September 5 // 5:00 to 6:30 pm // Beach Museum of Art Fun activities revolving around the common read book, "Darius the Great is Not Okay." These include discussion on the Common Work of Art that complements the book; Persian tea and snacks; Mini Soccer Tournament with prizes; Persian card game Rok/Shelem; and a chance to create your own colorful Arabic geometric designs.

International Coordinating Council Game Night

Friday, September 6 // 6:00 pm // ISC Join the domestic and international communities for a fun-filled night of games and laughter! Watch the ISSS listserv for more details.

Football Game & Pre-Game Tailgating K-State VS Bowling Green

Saturday, September 7 // 11:00 am

Join ISSS for a day of football! Come out to cheer on the Wildcats and experience the excitement of a football game at the stadium. ISSS has partnered with K-State Athletics to obtain group tickets, and there will be pregame tailgating (food and games). Watch the ISSS listserv for more details.

Adjustment to U.S. Culture

Thursday, September 12 // 6:30 pm // ISC

Are you excited to be in the U.S. or are you counting the days until you can return to your home country? This workshop is designed for students, scholars, and dependents in their first year in the U.S. who would like to talk about adjusting to U.S. culture. Learn about the normal pattern of adjusting to a new culture, hear some tips for adjusting, and discover resources on campus and in the community. Presented by Sara Thurston, Director of ISSS.

Coffee Hour: Honduras

Friday, September 13 // 4:00 – 5:00 pm // ISC Coffee Hour is a forum for international students to showcase their home countries. Meet new people, sip coffee, hear a presentation about the country, and sample traditional foods!

Wildcat Dialogues

Monday, September 16 // 7:00 -9:00 pm // Union Ballroom Join 1000 fellow Wildcats for a night of courageous conversation and building connections for intercultural learning and inclusive leadership development. Most of all, this event seeks to advance what we value most at K-State — FAMILY! You will hear stories of the K-State experience from a panel of student leaders, followed by small group discussion facilitated by students, faculty, and staff from across the university.

Healthcare in the U.S.

Thursday, September 19 // 6:30 pm // ISC

Are you confused about the healthcare system in the U.S.? Is health insurance a completely new concept to you? If you would like to learn how healthcare and insurance work in the U.S., please join us for this presentation. Presented by Lafene Health Center.

Legal Issues

Thursday, September 26 // 6:30 pm // ISC

Learn about various legal issues you could encounter while you're in the United States. During this workshop, we will cover topics such as what to do if you get a ticket, what a power of attorney is, alcohol violations and regulations, online buying scams, car purchasing, and apartment rental issues. Please join us to discuss these issues and to ask questions. Presented by Sarah Barr, Student Legal Services Attorney.

Coffee Hour: Nigeria

Friday, September 27 // 4:00 – 5:00 pm // ISC Coffee Hour is a forum for international students to showcase their home countries. Meet new people, sip coffee, hear a presentation about the country, and sample traditional foods!

International Coordinating Council International Championships

Saturday, September 28 - Sunday, October 6 // Peters Recreation Complex A week-long series of sporting competitions to celebrate cultural understanding and sensitivity through sports. Watch the ISSS listserv for more details.

October 2019

International Buddies Social

October TBA Join domestic and international communities for a fun-filled night! Watch the ISSS listserv for more details.

Love Knows No Borders

Tuesday, October 1 // 6:30 pm // ISC Learn about immigration laws regarding marrying a U.S. citizen or permanent resident. Presented by Gabriela A. Vega of Addair Thurston, CHTD.

Healthy Relationships

Thursday, October 3 // 6:30 pm // ISC This workshop will explore definitions, explain community resources, and discuss the difference between healthy relationships and domestic violence. Presented by the Center of Advocacy, Response, and Education (CARE).

Job Search Workshop

Tuesday, October 8 // 3:00 – 4:30 pm // Berney Family Welcome Center, Davis Theatre

Learn about employment authorization options, job search strategies, resume and CV-writing basics, as well as how to communicate effectively during a job interview.

See More than Manhattan

Thursday, October 10 // 6:30 pm // ISC Get ideas for travelling within the region while staying on a budget! Presented by Ruth Newton with the ISSS.

Coffee Hour: Turkmenistan

Friday, October 11 // 4:00 – 5:00 pm // ISC Coffee Hour is a forum for international students to showcase their home countries. Meet new people, sip coffee, hear a presentation about the country, and sample traditional foods!

Kansas Driving and Insurance Laws

Thursday, October 17 // 6:30 pm // ISC Learn about Kansas Driving and Insurance laws as well as the legal requirements for owning a vehicle, including insurance and registration procedures. Presented by Maria Beebe, Associate Director of ISSS and Officer David Anderson, Community Outreach Officer.

K-State Homecoming Events

Sunday, October 20 – Saturday, October, 26

The K-State Homecoming tradition occurs every year in the fall, in order for K-Staters to show their pride through various events. The International Coordinating Council will be looking for students to carry their countries' flags in the parade on Friday, Oct. 25. Watch the ISSS listserv for details. For more information, visit <u>https://www.k-state.com/getinvolved/homecoming/</u>

Safety and Security in the U.S.

Thursday, October 24 // 6:30 pm // ISC

Are you wondering about bike safety and regulations? Are you confused by traffic lights? Are you worried about walking alone? How do alcohol laws differ from your home country? What is the role of the police in the U.S.? Why are universities so serious when it comes to security issues? Here is a workshop to help you understand all of these issues and more. Presented by Officer David Anderson, Community Outreach Officer of the K-State Police Department.

K-State Family Day

Friday, October 25 – Sunday, October 27

Tell your families about this event that actually starts Friday and ends Sunday! Even if they cannot attend, you are welcome to join many of the activities happening around campus. For full details, please visit <u>http://www.k-state.edu/familyday/events.html.</u>

Exploring Cultural Differences Through Drama

Thursday, October 31 // 6:30 pm // ISC

Everyone experiences culture shock when moving to a new place, but how do you move forward through the shock to a deeper understanding? This workshop will provide an enjoyable way to learn more about adjusting to U.S. culture. Come prepared to share your stories and have fun problem-solving through role play, drama games, and discussion. Facilitated by a Master's student in Drama Therapy.

November 2019

International Buddies Game Night

November TBA Have fun and meet new people while playing games! Watch the ISSS listserv for more details.

Coffee Hour: Bangladesh

Friday, November 1 // 4:00 – 5:00 pm // ISC Coffee Hour is a forum for international students to showcase their home countries. Meet new people, sip coffee, hear a presentation about the country, and sample traditional foods!

KSUnite

Wednesday, November 6 // 12:30-3:30 pm

Join the entire campus for our 3rd annual KSUnite, a movement that brings the entire university family together to uphold the value of human diversity and inclusion for community. We share a responsibility to stand up for open dialogues, a climate of inclusion, and to celebrate diversity.

Eating Healthy in the U.S.

Thursday, November 7 // 6:30 pm // ISC

Are you afraid of gaining weight while eating U.S. foods? Are you struggling to adapt to U.S. foods? Are you interested in learning how to make your meals more nutritious? If so, come join a discussion about food in the U.S. Presented by students in the WellCAT Ambassadors program through Lafene Health Center.

International Coordinating Council International Food Festival

Sunday, November 10 // 5:30-8:15 pm // Jardine Frith Community Center Enjoy traditional foods from around the world as you learn about other cultures. Advance tickets are necessary; Watch the ISSS listserv for more details.

International Education Week

Sunday, November 10 - Saturday, November 16 International Education Week (IEW), organized nationally by the U.S. Department of State and the U.S. Department of Education, is an opportunity to celebrate the benefits of international education and exchange worldwide. K-State participates by coordinating events this week on our campus. For details, please visit <u>https://www.k-</u> state.edu/ojp/events/index.html

Intercultural Learning at K-State

Thursday, November 14 // 6:30 pm // ISC

This workshop will introduce "intercultural learning." Intercultural learning is about strengthening awareness of self, awareness of others, and understanding how to respond, behave, and reflect when around people like us or different from us. Intercultural learning is not about changing who we are or what we value. It is about being able to work successfully in community with others who are different than us both in the classroom, personally, and professionally. Presented by Debra Bolton, Office of Diversity and Multicultural Student Affairs.

Coffee Hour: Namibia

Friday, November 15 // 4:00 – 5:00 pm // ISC Coffee Hour is a forum for international students to showcase their home countries. Meet new people, sip coffee, hear a presentation about the country, and sample traditional foods!

Kansas Weather

Thursday, November 21 // 6:30 pm // ISC

Are you prepared for Kansas weather? This workshop will present information on our weather patterns and what you can expect while in Kansas. Presented by Mary Knapp, as Associate Agronomist with K-State Research and Extension and state climatologist.

December 2019

Love Your Body

Thursday, December 5 // 6:30 pm // ISC

Do you compare yourself to toned and fit bodies advertised in the media? Are you unsure how to balance eating and exercise? If so, come join a discussion about food in the U.S. and body image. Presented by students in the WellCAT Ambassadors program through Lafene Health Center.

OPT Workshop

Optional Practical Training (OPT) workshops are held every second and fourth Monday of the month when the university is in session at 3:30pm in the International Student Center.

International Speakers Bureau (ISB)

Join a group of students sharing their cultures and experiences with community organizations and student groups through presentations, demonstrations, and/or performances. www.k-state.edu/isss/programs-events/ISB.html

J-1 Scholar Orientation

New J-1 scholars must attend orientation, which takes place the first Tuesday of every month at 10am in the International Student Center.

Programs & activities website:

www.k-state.edu/isss/programs-events/

Join our listserv to stay up to date about important information

and events: <u>http://listserv.k-state.edu/web</u>



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