

HD's Tuesday's Tips

www.k-state.edu/hd

Welcome to K-State and to the HD Listserv for first-year students!!

We will send you information on Tuesdays about services and tips to help you get through your first year. We'll also send you information about events throughout the year.

K-State Healthy Decisions is a service on campus that provides support for students so that you can be successful in college. We promote services on campus, plan & co-sponsor events, maintain a website, give presentations, and more. We look at **all aspects of your life**.

Want to get involved? We also have a HD Student Advisory Board! We're always looking for people who want to develop marketing materials, plan events, give presentations, and volunteer their time during our tabling events. Contact us at the email below.

Check us out on the web:

www.k-state.edu/hd

*You can find our Facebook page from our website.

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