

# F. M. News

K. S. U., Division of Facilities

Newsletter: November 2013



Unleashing your potential

## Thinking of November..

With trees turning beautiful colors, football back in season, frost in the air, and hot chili soup in the pot, we know it is only a matter of time until Thanksgiving is here. Most of us feel very thankful during this holiday season as we stop and reflect on all we are thankful for. The truth is we need to keep that "Thankful" attitude all year round. Brianna Wiest in her post lists **95 Reasons You Actually Have It Good**. These will inspire and encourage us to think of things to be thankful for. I have listed but a few below. Her full list is found at: <http://thoughtcatalog.com/brianna-wiest/2013/06/95-things-you-forget-to-be-thankful-for/>

She said, often that we don't realize what we have until it's gone. Although these things go largely unnoticed, your life would not be the same if you did not have them:

**Your parents.** *Simply put, they are responsible for your existence: everything you have and are. They won't be around forever. Cherish them while you can.*

**Your immune system, the ability to heal.** *It's phenomenal that your skin will heal itself back together when cut open, isn't it? This concept extends to more than the physical, though. You also have the mental and emotional ability to heal.*

**Your mind.** *You couldn't think, create or experience without it. But it's so engrained in who we are, we can simply neglect to see it as something worth being thankful for.*

**Access to information.** *If you want to learn about something, you can. You have access to libraries and the internet and other resources otherwise unattainable to many people in the world.*

**Experienced pain, in a variety of forms, because it's crucial for your internal navigational system.** *Experiencing the negative is just as important as experiencing the positive. You need to have the contrast, you need to see the other side to really understand and appreciate what goes right in your life.*

**The ability to see sun shining through rain clouds, because there are few more beautiful things, and of course, it's nature's reminder of the metaphorical silver lining in your own experiences.**

**Water.** *You need it to drink and shower and cook and wash and you wouldn't be alive without it. If you're able to use water at your discretion, you are extraordinarily lucky. It is a coveted resource in many parts of the world.*

**Somewhere warm to stay when it's cold outside.** *It's almost summer so the thought of chilly winter evenings may be far from your mind, but if you can think back to rushing into your house or workplace to escape the cold, remember that feeling of relief, and realize that there are many people who can never experience it.*

**A reason to celebrate.** *Graduations, birthdays, weddings, children, etc.*

**Your hearing.** *Imagine not hearing your lover's voice, or music that moves and inspires you. Imagine a life of silence, or muffled sound, and all of the complications that come with trying to assimilate your family, friends and workplace with not being able to communicate with you through speech.*

**Shoes.** *The reality is that you probably have a number of shoes in your closet. In some cases,*

people have hundreds of pairs of shoes (no, seriously) while children on the other side of the world are barefoot and walking on dirt and rocks. Be grateful that you don't have to avoid a hot sidewalk or rock because you don't have shoes on. Be especially grateful that you have something to cover your feet when it's freezing.

**A job.** Regardless of how much you dislike it or how little money you make. If you are employed, you are lucky, and you are making money, which is more than many can say. If you can do something you enjoy, you are even more fortunate.

**Love...** how I could forget this. I think if you asked most people what they're grateful for; the answer would largely be "love." Why? Because it may be the greatest experience we can have... and even if you don't have it now, well, there's always the possibility that it will find you tomorrow. And let us not forget that love does exist well beyond just romance.

**Been challenged.** It has made you better. They make you re-evaluate. They change you. They change things. Nothing worthwhile is easy; embrace challenge and realize that to have them makes you fortunate. You're on your way to something great.

**The experience of different seasons.** They remind us that life is a cycle, yes, but it's also Mother Nature providing something to be perpetually interested in, and giving you something to always look forward to.

**A wave of childlike wonder overcome you.** It's remembering the wonder and joy and carefree life you once had. It can turn your whole day around.

**Armed forces.** My dad is a former marine, so I suppose I'm a bit biased, but how fortunate are we that we can be protected by these brave men and women that risk everything to let us live our lives?

**Someone to hug.** Sometimes it's all you really need at the end of a difficult day.

**Experienced complete silence.** We are just constantly surrounded by noise: talking, phones

ringing, music, traffic, etc. If you can find somewhere that is entirely silent, it's an incredible experience.

**Been moved to tears by something beautiful.** It's just a profound experience to get to have.

**Beautiful moments when** you are either outside, or sitting comfortably with a cup of something delicious and a book you can't put down.

We should celebrate Thanksgiving every day of the year. I urge you to think out of the box, so to speak, of all your reasons to be thankful.



## NOVEMBER BIRTHDAYS

11-1 Allen Wege

11-3 Tong Stanley



11-4 Mark Fronce, Bruce Serrault

11-6 Kathryn Reed

11-7 Henry Davis Jr.

11-9 James Hartford, Michael Mathews

11-10 Jane Mitchell

11-15 Shane McCune, Steve Bishop

11-16 Charlotte Morgan

11-17 Roy Jones, Dan McGee

11-19 John Silva

11-20 Timothy Goyette

11-21 Glen Rubash, Jeffrey Brewster, Brittan Dietz, Robert Armour

11-22 Marcus Melander, Ralph Grooms

11-23 Rebecca Dickinson



11-24 John Hoyle

11-28 Michael Lovgren, Zachary Wamsher

11-30 Edward Rice, Mary Walgrave

## Caught in the Act of Doing Good!

### Kudos to Stephen Milligan, Grounds Department



Jackie Toburen, Grounds Manager, wrote, "Got a 'Do Good, Feel Good' story for you.

Before lunch today, Stephen Milligan, came in to my office carrying an envelope

he had found out on the grounds by the Union. On the outside of the envelope, it said "Oct. Rent". He opened the envelope to see if there was a name, check or any identifying features. The envelope contained \$1120.00 cash!! He then brought the envelope to me to see if I could find anything out about the money. What a great guy and employee!! I am so very proud of him. And to make a long story short, I was able to locate the owner and get her money back to her so she can pay her rent!! She was so very grateful!"

### Kudos to Lori Poeske Custodial Services in Anderson Hall

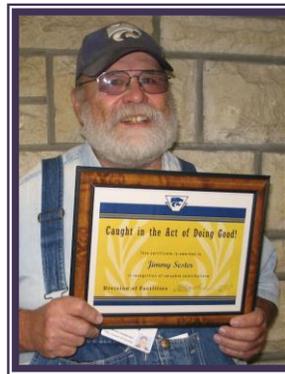
Jana Lea Clark, from Internal Auditor - Internal Auditing at Anderson Hall wrote



about Lori saying, "She is always so positive. I don't think I've ever seen her when she's not smiling and she ALWAYS speaks to the people she sees in the hallway. She really is an asset to this University and is a perfect example of the friendly atmosphere we have here.

### Kudos to Jimmy Sester & Penny Funkhouser Custodial Services at the Foundation

Diane Ruth Matteson, Assistant Director of NACADA wrote, "I...wanted to reiterate my



thanks for the excellent service Jimmy and Penny provide for our NACADA office. They always keep our schedules in mind and keep everything neat and clean on a regular basis.

I am always impressed that they keep track of our schedule, especially when it comes to making sure our carpets are cleaned when the majority of us are away for our fall conference. It really helps to have this done at this time and they both do a great job.

We all also appreciate their cheerful attitudes. I count them among my friends! Now, please do not transfer them to another building! A few years ago, I complimented our facilities staff and they were transferred soon after!" Thanks for everything you all do for us as well! I know it can't be an easy job to keep our campus always so presentable!



A special thanks goes out to Jackie, Jana and Diane for taking the time out of their busy schedules to honor these folks for a job well done, above and beyond duty.

## Who is New...



October 21, 2013

Patrick Hodgson was hired as an Architectural Intern. He is working for Annette Rohde in Campus Planning and Facilities Management.

October 23, 2013

Candice Lane was re-hired as a temporary Custodial Specialist. She is working for Warren Berg in Custodial Services.



October 28, 2013



Jiahao He was hired as a General Maintenance and Repair Technician. He is working for Barbara Elliott on the Moving and Hauling crew.

The new Energy Program web page is here. <http://www.k-state.edu/facilities/energy/> Check out their web site and see what they have. Direct any questions to Director of Energy, Casey Lauer and his staff.

 **Energy**  
COLOR



*Facilities said good bye to two workers this last month.*

Brenda S. Johnson was hired on May 18, 1982 as a Laborer I and retired on September 30, 2013 as a Grounds Maintenance Supervisor II. She stayed in Grounds Maintenance her entire career.



Ervin Niedfeldt was hired on May 20, 2004 as a Custodial Specialist and retired on October 11, 2013. He stayed in

Custodial Services his entire career.

## 2013 Leadership Summit

Oct. 16, 2013, *Ron Willis of Green Porch Swing Productions* was our keynote speaker. “With a

gentle yet penetrating style the man of the old green porch swing weaves powerful personal anecdotes, poems and pictures into the hearts of his audience to impart important life principles that profoundly impacts professional and personal decision making.”



Ron says, “We become better professionals, parents and spouses in only one predictable

way; we must become better people. Anything else is simply a collection of techniques and strategies doomed to fail when the going gets tough.”

He presented a program entitled, *I May Not be a Shining Star but I Hope I Twinkle Just a Little*, where Ron reminds that problems around us are often not as significant as the people who surround us. Appreciate the impact of self-awareness over self-esteem and come away with work place principles to enrich relationships.

Ron holds an education specialist degree from Fort Hays, Kansas State University and has completed additional graduate course work at Kansas State University and the University of Denver. He is a member of the National Speakers Association. He and his wife, Karen, reside in the small north central Kansas community of Jewell.

## Years of Service Awards

October 9<sup>th</sup> Recognition Reception was held at Beach Museum. The 150 KSU birthday theme was used. Larry McGee, Director of Administration and Finance presented the opening called “Generations of Success”. Service pins were presented. Closing was a video of Facilities through the years. Attendees toured the Museum of Wonder. Below are pictures of those who attended and received pins.

Ed Heptig with Casey Daugherty, 10 years.



Renee Leask with Jewell Cutright, 10 years.



Ed Heptig with Josh Ricker, 10 years.



Renee Leask with Tong Stanley, 10 years.



Ed Heptig with Shelly Hauck, 20 years.



Renee Leask with Kristin Muehlesen, 20 years.



Ed Heptig with Galen Hageman, 30 years.



Renee Leask with Calvette Williams, 30 years.

Renee  
Leask with  
Hulan Jack,  
30 years.



## A Blast from the past!



This picture was submitted by Scott West. It was recognition of their 5 years of service, taken most likely in 1995.

**Back row:** Robert Harris, Scott West, Harold Neiring, Mark Loberg, Jim Chacon, Levi Holland **Middle Row:** Laura Chambers, Song Brown, Charles Carter **Front row:** Augy Gonzales, Milton Grogins, Cherry Rosenberry, Unknown

## Office 365

According to IT's web site, Office 365, K-State's new full-featured email system, includes a web interface for accessing email and calendar, as well as email and integrated calendar compatibility with desktop email clients such as Microsoft Outlook and Apple Mail. Additionally, Office 365 improves reliability and provides K-Staters with

enhanced security, spam and phishing protection, robust calendar features, and compliancy with federal data locations and security.

This change will take place for us this fall. If you would like more information check out their site: <http://www.ksu.edu/its/office365/>

## On a Personal Side:



Clifford Williams wrote: This is a picture of my first granddaughter Mariana holding her little brother Cedric who was born October 1st 2013 weighing in at 10 lbs. and 1 oz. 21 and 3/4 inches long. Proud parents are my son Cedric and wife Mizzy Williams Grandparents are Clifford and Evernezzer Williams of Junction City and Hosea and Edith Rodriquez from San Juan Texas and Uncle Isaac Williams of J.C Congratulation Grandpa!