

# F. M. News

K. S. U., Division of Facilities

Newsletter, September 2011



Unleashing your potential

## 5 WAYS TO THINK LIKE A CHAMPION

I meet and learn from Champions every day. Not just in locker rooms but in classrooms, hospitals, homeless shelters, homes and office buildings. I've learned that to be a champion you must *Think Like a Champion*. Champions think differently than everyone else. They approach their life and work with a different mindset and belief system that separates them from the pack.

**1. Champions Expect to Win** - When they walk on the court, on the field, into a meeting or in a classroom they expect to win. In fact they are surprised when they don't win. They expect success and their positive beliefs often lead to positive actions and outcomes. They win in their mind first and then they win in the hearts and minds of their customers, students or fans.



**2. Champions Celebrate the Small Wins** - By celebrating the small wins champions gain the confidence to go after the big wins. Big wins and big success happen through the accumulation of many small victories. This doesn't mean champions become complacent. Rather, with the right kind of celebration and reinforcement, champions work harder,

practice more and believe they can do greater things.

**3. Champions Don't Make Excuses When They Don't Win** - They don't focus on the faults of others. They focus on what they can do better. They see their mistakes and defeats as opportunities for growth. As a result they become stronger, wiser and better.

**4. Champions Focus on What They Get To Do, Not What They Have To Do** - They see their life and work as a gift not an obligation. They know that if they want to achieve a certain outcome they must commit to and appreciate the process. They may not love every minute of their journey but their attitude and will helps them develop their skill.

**5. Champions Believe They Will Experience More Wins in the Future** - Their faith is greater than their fear. Their positive energy is greater than the chorus of negativity. Their certainty is greater than all the doubt. Their passion and purpose are greater than their challenges. In spite of their situation champions believe their best days are ahead of them, not behind them.

If you *don't* think you have what it takes to be a champion, think again. Champions aren't born. They are shaped and molded. And as iron sharpens iron you can develop your mindset and the mindset of your team with the right thinking, beliefs and expectations that lead to powerful actions. ~ By Jon Gordon, Author and Speaker. <http://www.jongordon.com/>

Division of Facilities has received several nice letters from the campus community who have "Championed" our workers. Gary Mortenson, Head of the Music department wrote: "I just

wanted to let you know that Tony Stevens was over here doing some minor electrical work for us in McCain. He was quick, efficient, and pleasant. Great to have folks like that on your staff. Many thanks for all that your staff does to help us here in the Music Department.”

Peggy Matthews from the Department of Physics wrote, “I just want to take a quick minute to let you know how helpful Shelly has been to me here in Physics with her paint crew. I recently sent a requisition over to have an office painted. People here, being impatient, prompted me to call Shelly even though I knew she hadn’t forgotten the requisition yet. She went over her crew’s schedules and found two people that could be spared to paint the room the very next day and came over herself right away to check out the room to see what it would need. I always find her shop and people to be very helpful when we need something.”

Angela Powers, Director and Professor of Journalism and Mass Communications sent a letter to President Schultz and also sent copies to Facilities administration stating, “I am writing to thank you for supporting the marvelous job of renovating the heating and air conditioning in Kedzie. Jack Carlson, Dale Rivett, Ed Heptig, Larry McCoy, Brad Ross and so many others have worked tirelessly to complete this work and accommodate our faculty and students at the same time.

Looking at my files, the seeds for this project were planted in 2005. When we were reaccredited in 2007, the journalism accreditation team gave us top marks for everything going on inside Kedzie but warned it would not be so positive next time if we were not able to bring up the standards of our building. For this to come to fruition two years before our next accreditation visit is wonderful. The building looks bright and cheerful, and the air quality is better than ever. It is a joy to have

people come visit me in our “new” surroundings.

Facilities had a picnic on Friday to celebrate near completion of the project. To see so many smiling faces was heart warming. These people bent over backwards to work in the least disruptive way possible. This was no small matter since some construction went all the way back to the studs. They were wonderful, and their work was excellent. Faculty and staff commented that while they won’t miss the mess, they will miss having these fine people in our building.

Our current and prospective students, alums, JMC Advisory Council and returning faculty can’t help but be thrilled. Please know how grateful we are for the support you have given our program!”

Workers from Facilities deal daily with a variety of obstacles. Yet many have the attitude of Champions.

*People are definitely a company's greatest asset. It doesn't make any difference whether the product is cars or cosmetics. A company is only as good as the people it keeps. ~ Mary Kay Ash*



## It’s time to Change Your eID password

Just a reminder... You need to change your eID password before September 14<sup>th</sup>. If you do not change your eID password by the deadline, it will expire for security purposes. Go to the [eProfile](#) page to change your password. If you have problems call Help Desk 2-7722.

[http://www.ksu.edu/its/eid/help/change\\_password.html](http://www.ksu.edu/its/eid/help/change_password.html)

# September Birthdays

- 9-1 Charles Bukacek
- 9-2 Michael Seymour, Robert Quinn
- 9-3 Kimberly Caffrey
- 9-4 Warren Berg
- 9-7 Maria Lomibao
- 9-8 Casey Lauer, Max Fritz
- 9-9 Jimmy Sester
- 9-10 William Glover, Jr.
- 9-11 James Davis
- 9-12 Gary Johnson
- 9-13 John Lacy
- 9-14 Jeremy Sharp
- 9-16 John Hofmann
- 9-17 Thomas Shump, Paul Savage
- 9-18 Elke Yergin, Betty Slattery
- 9-19 Kevin Williams
- 9-21 Annette Rohde
- 9-22 Chad Starr, Martin Jones, Dale Boggs
- 9-23 Sharon Slack
- 9-25 Allen Massey
- 9-26 Sandra Hoffman, Robert Hauck



9-29 Evans Pittman, Al Seely

## *My Piece of the Picture...*



Dale Boggs

Associate Director of  
Facilities Maintenance

Dale has worked for the  
Division of Facilities for 30  
years.

When asked to list some facts about his job, he said, “I oversee the Electric, Carpenter/Roofing, HVAC/ECS/Electronic/ZPM, Lock, Paint/Moving & Hauling, Plumbing/Metals/Construction shops. I also manage utilities for the University, which includes hedging natural gas, as well as tracking cost and usage of water, sewer, electricity, refuse, and weather data. In addition, I am responsible for overseeing elevator contracts on campus and the \$19 million dollar Johnson Controls Energy Savings project.”

“If I had to choose only three things I like best about my job, it would be working with people to solve complex problems, interacting with campus community on energy-saving opportunities, and sharing the knowledge I've acquired in my 30 years here.”

If Dale could make a positive change for his department or organization he would, “Save on energy and enhance work performance through altering the University's operating hours to start at 7 a.m. and end at 4 p.m.”

When asked how he thinks his position contributes to the success of our organization and campus, Dale replied, “By monitoring efficiencies of utility usage and seeking the

best operation methods to ensure the University is utilizing the limited funds available in the best possible way, Division of Facilities has continued to meet the increasing demands of the campus community to be cutting edge and environmentally friendly.”

Most people don't know that, before Dale began working at Kansas State University as a refrigeration tech in 1981, he worked as a night custodian and went to school during the day. Both of his children are graduates of Kansas State University College of Education. He also enjoys playing Rock Band and Modern Warfare with his family and online.

Thank you Dale, for all you do for Facilities and K-State.



**has recently announced an early retirement to State employees who qualify.**

Facilities have a number of employees who will be taking advantage of this opportunity.

On the morning of September 14, 2011 these retirees will be honored with a reception. It will be from 9:00 to 10:30 and will be held at the International Student Center.

**NOTE:** In order to know how many to be planning for, Sandra is asking all retirees to contact her at 770-2289 for details.

# Retirement Party

## Speaking of retirement...

**Terry “Toby” Powell** retired July 22<sup>nd</sup>. Toby started working for Facilities in January 22, 1997. Toby worked in Facilities Plumbing Shop.



## Who is New...



August 1, 2011

Allen Massey was hired as a Custodial Specialist. He is working for Michael Harris on the Vet Med Custodial night crew.

August 23, 2011

Jonathan Bagwell was hired as a Custodial Specialist. He is working for Steve Greinke on the Custodial night crew.



August 31, 2011

Fred Bammes was rehired as a temporary Procurement Officer I. He is still working in the Facilities Storeroom.

The “**Beat the Heat Party**” was a great success. On August 17<sup>th</sup>. Facilities held an employee appreciation party to celebrate the end of summer and all the hard work that was accomplished on campus this summer.

The party was done in a Movie Theater style. Employees could view one of two movies: Rango or True Grit. If they chose not to see a movie, they had the option of playing bingo. There was a concession stand that served sodas, hotdogs, nachos, popcorn, and candy bars. Over 80 prizes were donated to Facilities for this event and employees had the opportunity to put their name in the drawing.

A special “Thanks” to the more than 40 Facilities employees who worked this event or helped in any way to put this event on. We also thank the generous sponsors who donated the prizes.

## Caught in the Act of Doing Good!



### **Kudos to Thomas Shump**

Thomas works in Room Scheduling for Support Services.

Patricia Ann Hudgins, Student Publications, recognized the good job

he was doing and sent notice our way.

She wrote, “Where did you find this "Gem?" Thomas is ALWAYS pleasant and patient about room scheduling situations. He has a pleasant, calming voice and gives great customer service. Duplicate him and share him around campus.”

Special Thanks to Thomas for the great job you do and thanks to Patricia for noticing and taking the time to bring this to our attention.

### ***Ever catch someone doing something good?***

Seems like we are always looking for the bad in people... It is better to reward good behavior than to criticize people for the wrong things they have done. Ask yourself, which actions makes you try harder to do a better job? A little kindness can go a long way. Start looking for the good in people. If you catch someone in the Act of Doing Good, let us know: <http://www.ksu.edu/facilities/forms/Caught.html>



Each year Facilities does a variety of events for our workers, as do other university facilities departments across the county.

Loletta Sump shared an article from the University of North Carolina, where a facilities worker was pitching horseshoes at such an event. A coworker took notice of her talent and encouraged her to go into competition. In July of this year, after only two years in the sport, Shernetta Edwards won the Women’s Class C Championship in the 2011 World Horseshoe Tournament. The tournament drew more than 900 competitors from every state in the nation and countries from around the globe. She is the first African-American woman to win a world championship for North Carolina. It all started when Edwards was pitching horseshoes during Facilities Services’ annual employee appreciation day two summers ago. Way to go Shernetta!

Always continue the climb. It is possible for you to do whatever you choose, if you first get to know who you are and are willing to work with a power that is greater than ourselves to do it.  
~ Ella Wheeler Wilcox

# Energy

## CONCEPT

### Tips: Driving and Car Maintenance

Transportation accounts for 67% of U.S. oil use—mainly in the form of gasoline. Luckily, there are plenty of ways to improve gas mileage.



### Driving Tips

- Idling gets you 0 miles per gallon. The best way to warm up a vehicle is to drive it. No more than 30 seconds of idling on winter days is needed. Anything more simply wastes fuel and increases emissions.
- Aggressive driving (speeding, rapid acceleration, and hard braking) wastes gas. It can lower your highway gas mileage 33% and city mileage 5%.
- Avoid high speeds. Above 60 mph, gas mileage drops rapidly.
- Clear out your car; extra weight decreases gas mileage by 1% to 2% for every 100 pounds.
- Reduce drag by placing items inside the car or trunk rather than on roof racks. A roof rack or carrier provides additional cargo space and may allow you to buy a smaller car. However, a loaded roof rack can decrease your fuel economy by 5% or more.
- Check into telecommuting, carpooling and public transit to cut mileage and car maintenance costs.

### Car Maintenance Tips

- Use the grade of motor oil recommended by your car's

manufacturer. Using a different motor oil can lower your gasoline mileage by 1% to 2%.

- Keep tires properly inflated and aligned to improve your gasoline mileage by around 3.3%.
- Get regular engine tune-ups and car maintenance checks to avoid fuel economy problems due to worn spark plugs, dragging brakes, low transmission fluid, or transmission problems.
- Replace clogged air filters to improve gas mileage by as much as 10% and protect your engine.
- Combine errands into one trip. Several short trips, each one taken from a cold start, can use twice as much fuel as one trip covering the same distance when the engine is warm.

### Long-Term Savings Tip

- Consider buying a highly fuel-efficient vehicle. A fuel-efficient vehicle, a hybrid vehicle, or an alternative fuel vehicle could save you a lot at the gas pump and help the environment.

<http://www.fueleconomy.gov/>