

F. M. News

K. S. U., Division of Facilities

Newsletter, November 2011



Unleashing your potential

Image and Passion

When you look in the mirror, what do you see?



No one can argue about the difficult times we are going through.

The world is going crazy, the economy looks bleak; the job market discouraging; income is meager; there has been no personal or significant monetary increase in years; the cost of just about everything has increased and in our thoughts, one wonders if we can weather all this discouragement.

What does the future hold? Life kind of looks like a piece of candy that has had the red licked off of it.

We behave the way we see ourselves. Is it time to develop your self-image? We may be

feeling like a vulnerable little kitty cat, but in times like these we need the courage, strength and attitude of a lion.

Maybe we need to develop self-image rather than your self-esteem. If one's self-image improves, one's self-esteem will follow. Many times we behave the way we see ourselves. Perhaps we need to look at ourselves differently.

A motivational speaker once said, "The two best days in my life were: the day I was born and the day I discovered my purpose." Discover your purpose!

In the morning, when we first look in the mirror, we can start defining who we are. Look in that mirror and say out loud to yourself, "I am a leader!" "I am a problem solver!" "I am a people developer!" "I know who I am, I know what makes me significant, and I know my purpose."

Through the day, walk like who you are, talk like it, and act like it. You are significant!!! Live your life with passion. It has been said, one person with passion is worth more than 40 people with interest.

When those little irritations, disappointments, and cumbersome difficulties happen, don't lose sight of who you are.

Remember the Play-Doh Fun Factory we played with as kids? First we would soften up the Play-Doh, chose the template "Stars" and add the pressure. There was no fun without pressure. Life has pressures that squeeze us. Consider them as part of our development. Bring your problems down to your size! Take

a deep breath and with all confidence say,
“I eat problems for breakfast!”

Don’t let the difficulties in life reshape you into anything different. Remember “I know who I am, I know what makes me significant, and I know my purpose.”

Terry Diebold, a relationship expert and business coach, gives this advice, “We all remember Mr. Roger’s neighborhood...it was friendly, safe and never hurried. Ever wish your world could be like that? Every day we have a choice—our world can be pleasant, safe and friendly, even if there are people who want to make it just the opposite. We are the ones who are in control—not our “neighbors.” We can choose how we feel about situations and how we respond to others—regardless of how they act toward us. When we react to others, we are giving away our power and our self-esteem. We are not so fragile that an unkind comment can demolish us. Remember that old childhood chant, “Whatever you say bounces off me and sticks to you”? Well, it’s true. When we choose not to react, the person is left with their comment hanging in the air—and others remember them for saying it. Life is too short to allow the negative in. Instead, put your sweater and sneakers on and have a beautiful day.”

Start your day with a “Tony the Tiger” attitude, say to yourself, “I know who I am, I know what makes me significant, and I know my purpose.” Now make your day “more than good...make it GREAT!”

Want to make a difference?

Join us for the 2011 All-University Campaign for K-State

Last fall, 37 percent of K-State faculty and staff — including many classified employees

— made a gift to the All-University Campaign and helped set an all-time record for participation! This fall, faculty and staff will join together again to make a difference in the university’s future.

The All-University Campaign for K-State is an internal fundraising effort run by campus faculty and staff volunteers specifically focused on the participation of all employees including the Manhattan campus, K-State Salina, K-State Alumni Association, KSU Foundation and K-State Athletics. It is an annual campaign for all members of the campus community to participate in by supporting the areas of the university they care about most.

Through participation, we show our K-State pride and send a powerful message to our donors, legislators, corporations and foundations, alumni and friends that we believe in K-State’s future. Every gift, regardless of the size, makes a difference.

There are a lot of ways to participate. Here are a few:

Decide how you would like to make a difference. When you make a gift to the All-University Campaign, you decide how your gift makes a difference. Our website lists thousands of K-State funds you can explore. Last year, more than 167 gifts were made to the Classified Opportunity Fund, which helps fund professional development opportunities for classified staff. To learn how you can make a difference, visit www.k-stateauc.org.

Make a gift. You should have already received your All-University Campaign packet, which includes a contribution form. You can make a gift by filling out your contribution form, or you can give online at www.k-stateauc.org.

Win fabulous prizes! If you participate in the All-University Campaign, you are automatically entered to win fabulous prizes! Prize winners will be announced on Mondays on the All-University Campaign's [Facebook](#) and [Twitter](#) pages, as well as on the All-University Campaign [website](#).

All contributing Facilities Employees will be entered into a drawing for a paid day off to be determined by the employee and the winning employee's supervisor. There will be 2 prizes awarded.

Questions? Contact Terri Wyrick at 532-6446, April Wyrick at 532-6446, Loleta Sump at 532-1718, Jackie Toburen at 532-1795, or Kristina Pelky at 532-1771.

November Birthdays

11-1 Allen Wege

11-3 Tong Stanley

11-4 Mark Fronce, Bruce Serrault

11-6 Dave Gronquist, Kathryn Reed

11-9 Michael Mathews, James Hartford

11-10 Jane Mitchell

11-14 Joshua Quick

11-15 Shane McCune, Steve Bishop

11-16 Charlotte Morgan

11-17 Roy Jones, Daniel McGee

11-18 Monty Cox

11-19 John Silva

11-21 Jeffrey Brewster, Glen Rubash, Robert Armour

11-22 Marcus Melander

11-24 John Hoyle

11-27 Kelly Graves

11-28 Michael Lovgren

11-30 Mary Walgrave, Ed Rice

Who is New...

October 3, 2011

Anthony Stevens was promoted to a G.M.R.T. Senior. He is working for John Brown in the HVAC Shop



Kirby Barrett was hired as a Landscape Technician. He is working for Mark Taussig in Planning.

Joy Knutson was hired as an Accountant I. She is working for Dale Rivett in Work Control.





Arturo Sias III was hired as a G.M.R.T. Senior. He is working for John Brown in the HVAC Shop.



Cordy Gordon was hired as a Custodial Specialist. He is working for Steve Greinke on the Custodial night crew.

Glen Rubash was hired as a G.M.R.T. Senior. He is working for John Brown in the HVAC Shop.



Important things in life...

Every day we get up and go to work, just like the Dunkin Donut baker, who wearily woke each morning with the phrase "Time to make the donuts." It seems so mundane and such a daily grind, we just take the regular routine work of our job as a "normal" day. When we least expect it, an incident comes along that jars our normalcy.

October 10, 2011



Chris Holliman was assigned to an Acting Assignment as an Equipment Operator Senior. He is working for William Speigel in the Recycling/Refuse Department of Custodial Services.

Our Facilities crew in Salina has had more than their share of tragedy in the last 5-7 years, and through those trying circumstances, they have continued to do their work, get their jobs done and serve Kansas State University to the fullest.

Greig Olney was hired as a G.M.R.T. Senior. He is working for Cliff Slocum in the Electric Shop.



October 31, 2011



Brandi Craft was hired as a Custodial Specialist. She is working for Steve Greinke on the Custodial night crew.

Just such an incident happened a month or so back that had a happier ending. The custodial manager, Darrell Betzner, was visiting with worker Lyle Herring. Suddenly, Lyle collapsed and fell from his chair. Darrell rushed around the desk to him, pushing the chair out of his way and causing it to bang against the wall as he called Rene Doherty, at the front desk. She sent Jill Serrault up and immediately called 911, the Salina campus security, the director and Lyle's family. Darrell started giving CPR and Jill checked for his pulse, finding none. Rene sent four co-workers out to various areas; parking lot and entry areas near the building, to help direct the ambulance to the correct area. Lyle's color was fading and turning blue as time raced by. Darrell continued CPR. Rick and Wes from

Campus Security came with an AED (Automated External Defibrillator). However, just before they got there, Lyle became conscious. It took Lyle a while to know where he was and what was going on. Shortly, the ambulance which had gone to the wrong entrance at K-State Salina arrived and took over.

When Darrell visited Lyle the next day in the hospital, the doctor happened to be in his room. He said Lyle had experienced a Sudden Cardiac Arrest, which is the sudden, unexpected loss of heart function, breathing and consciousness. Had it not been for the quick thinking and actions of the crew, he would not be there to tell his story.

Darrell said he has been involved with Boy Scouts and taken their SFA/CPR training for over 30 years. He never thought in a million years he would be using that information. He wished he had paid better attention to the class. Darrell shook his head and smiled, when he said the next time he goes, you can bet he will be in the front row!

Sudden Cardiac Arrest is the leading cause of death in the United States. Thanks to the quick action and the knowledge and team work of Lyle's co-workers, Lyle is not one of those statistics. We are all very thankful for that. Please keep Lyle in your thoughts and prayers as he is still dealing with health issues related to his heart.

Special Kudos to the whole crew in Salina for all you did.

Classes through the American Red Cross are given for Facilities workers. If you would like to learn more about CPR and SFA, please contact Lynn Salsbury for more information.

"This is my wish for you: Comfort on difficult days, smiles when sadness intrudes, rainbows to follow

the clouds, laughter to kiss your lips, sunsets to warm your heart, hugs when spirits sag, beauty for your eyes to see, friendships to brighten your being, faith so that you can believe, confidence for when you doubt, courage to know yourself, patience to accept the truth, Love to complete your life." ~ David Harkins

Caught in the Act of Doing Good!

Kudos to:

*Alina Cummings
Custodial Services*



Tracy Ivy, from Seaton Hall, wanted to give tribute to the great job Alina has been doing in her area. The restrooms in Seaton Hall have always been "Nasty", she said. Then Alina came along. "These restrooms are not even part of her area." according to Tracy, but Alina went the extra measure even though they get little care on the weekends. Every Monday morning, Alina checks them first thing so that they are presentable for building users. Tracy said, Alina works very hard to ensure that our restrooms and hallways look clean and respectable. She takes care of all problems. Tracy said, "Hats off to you Alina!"



Kudos to:

*Mary Willoughby
Custodial Services*

Mary works at the Thockmorton Building. She received a thank you card from building workers who recognized the good job she does and wanted her to know "their sincere gratitude

and appreciation.” Here were some of their written comments:

“Thanks a lot for keeping us in shape”

“Great job for maintaining a healthful environment where we can enjoy our work.”

“Thanks for everything!”

“Thanks, Mary, for all you do for us.”

“Thank you so much for all that you do. I am so happy you are on this floor! You are the best!”

“Thanks for all you do to keep our surroundings beautiful”

“Thanks for taking care of us!!”

“Thank you for taking such good care of us. We sure appreciate you.”

“Mary, overall, thank you so much for keeping us nice and clean! All the best to you”

Clifford Williams, Mary’s supervisor states, “Mary is always cheerful as she does her duties, Mary is a hard worker and keeps her assigned work area looking great. It is a pleasure to supervise Mary. She is a team player.

Kudos to:



*Cliff Slocum
and
Skip Davis

Electric
Shop.*

An anonymous reporter gave us a story about an incident that involved the quick thinking and actions of Electric Shop Supervisor, Cliff Slocum. Cliff was on Denison Ave. when he noticed a Westar electrical transformer was on

fire, shooting sparks. There was a high voltage line near the Natatorium that was energized and was within 4 feet of where students were walking. Cliff went into action and notified Westar. He called his supervisor, Dale Boggs who let the KSUPD know about it. Cliff also informed Dale he was going to set up a safety zone to keep people away from it. Barricades were set up for the student’s safety. Facilities staff stayed until Westar arrived and the scene was secured.

Cliff insisted he did nothing special, he was just doing his job. He said credit should also go to Skip Davis who was with him and Dale Boggs, as they were part of the solution in securing the situation and keeping the students safe. (Dale declined a photo.)

Alina, Mary, Cliff, Skip and Dale are all dedicated employees whose efforts were not done to bring attention to themselves, but to do their jobs to the best of their abilities to make the lives of others on this campus safe and comfortable. They and many other Facilities workers care deeply about the quality of the work they do. Thank you all for the fine work you do.

Although we do not seek to draw attention to ourselves, it is nice that our actions are noticed and appreciated.

Employee Recognition Ceremony & Retirement Party

October 26, 2011 Facilities hosted a ceremony recognizing employees for years of service. Dr. Rice opened the ceremony. A video recording that Ron Wilson, Poet Lariat, gave for the Big 12 Facilities Conference called “The Value of Facilities, Priceless” was presented. Each director made the presentation of a service pin with commentary of their employee’s work and service.

Celebrating 10 years of service were:

Ed Payne, Sarah Davis, Nick Garcia, Michael Price, Dan Engelbert, Shawn Wilson, Ute Cruz, Kathy Henry, Zunilda Dominguez, Steve Bishop, Timothy Dixon and Dan Plumber.

Celebrating 20 years were: John Hoyle, Barry Linn, Noel Kramer, and Russell Thompson.

Celebrating 30 years: Charlotte Boger and Jackie Toburen.

Celebrating 40 years: Al Seely.

Following the years of service presentation, Directors presented retirement plaques to those employees who recently retired from K-State.

Doug Coleman, Jim Copeland, Barry Linn, Riley Platt, Robert Sutterlin, Dale Yonning, Charlotte Boger, John Hanson, Martin Barry, Sharon Johnson, David Berner, Robert Quinn, John Lantz, Max Fritz, Clarence Ellis, Roger McCormick, George Lyles, Jr. and Mike Sitton. Two retiring from the Salina Campus were Ken Kary and Carnie “Jim” Kuhn.

Refreshments were enjoyed by all who attended.

Some folks stayed around to get their picture taken. Below are Shawn Wilson, Nick Garcia, Ed Payne and Sarah Davis with 10 years of service.



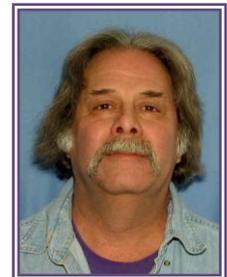
Noel Kramer, John Hoyle and Russ Thompson have 20 years of service.



Al Seely has worked at K-State for 40 years. Jackie Toburen has worked 30 years.

Thank you all for your service!

Mike Sitton,
Supervisor of Facilities
Metal Shop retired October 31, 2011. Mike started work here August 2, 1976 as a sheet metal worker. Enjoy your retirement Mike!



Item of interest

Many of our staff enjoy interesting hobbies in their free time.

This last month, Dr. Rice mentioned perhaps we might want to run a story on one of his staff. It seems Casey Lauer had a chance to hunt elk in Colorado. Below is a shot of his catch. There have been others who enjoy the sport of hunting and have been on hunting trips this last year. You will all need to get the details from Casey. He was gracious to share two other brilliant pictures. These pictures make us wish we were there! Anyone else got an interesting talent to share with us?

Casey with his picture taken near Riffle Colorado. The pictures below are from the same area.

