Alpha Rho Chapter

EPSILON SIGMA PHI

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Event Calendar

- Spring Action Conference April 13-14 Salina
- 2011 Epsilon Sigma Phi National Conference October 9-13 Syracuse, New York
- KSRE Annual Conference October 18-20 Manhattan

2012 National Epsilon Sigma Phi Conference October 6-10 Mobile, Alabama

2013 Galaxy IV September 15-20 Pittsburgh, Pennsylvania

From the President, Diane Mack

It's that time of year, when holiday activities are in high gear. Just when you thought it couldn't get any busier, your personal "to do" list is longer than a child's wish list to Santa.

On my wish list last year was to attend National ESP Conference in Jackson Hole, Wyoming. One of the benefits of being an ESP member is the unique opportunities offered for professional development. I took advantage of this benefit and my wish came true.

At the conference, the Distinguished Ruby Award Lecture given by Dorothy McCargo Freeman, State 4-H Program Leader for



the University of Minnesota Extension. resonated with me. Her presentation, "Leadership: Thriving in the New Normal," focused on how Extension must fearlessly take steps to sustain the organization's mission in this period of muted growth and disinflation. She defined the term New Normal as an economic reset, global

restructuring, and re-architecting of the economy in which recovery would be slow, uneven, and full of setbacks. "Who would have believed that Cooperative Extension's 'new normal' would become a reality with many challenges?" she asked.

McCargo Freeman first arrived in *Continued on page 6*

STAY INFORMED:

Minutes from the Alpha Rho Council meetings can be found at <u>www.ksre.ksu.edu/esp-alpharho</u>. Click on the "Minutes" link in the left hand navigation pane for a complete listing.

MEMBERS RECEIVE NEARLY \$6000 FROM ENDOWMENT TO SUPPORT EXTENSION PROGRAMS

The Extension Endowment Fund recently awarded grants to four ESP members. The grants were awarded to:

- Gayle Price \$1200
 Aging with Attitude:
 A Regional Expo
- Tranda Watts -\$1000 Breakfast 101
- Mary Meck Higgins
 \$1,150, Trends and
 Safe Practices in
 Home Food
 Preservation

• Jamie Hancock -\$2500, Greenhouse/ Education Center

The purpose of the Extension Endowment Fund Grants is to improve the quality of educational programs offered by K-State Research and Extension by encouraging faculty professional development experiences and special projects. Funds can be used for professional development or program innovation.

Check out the website http://tinyurl.com/ESP-AlphaRho-endowment for more information on how to apply for an endowment fund grant.

Applications for next year are due August 15.

ESP TRAVEL STUDY GRANTS AVAILABLE

Travel Study Grants may be used for international travel, attendance at a professional meeting, or another opportunity related to professional development.

Depending on the applications, the amount available may be awarded to one applicant or divided among several applicants. \$1000 is budgeted for Kansas ESP members this year.

Grant applications must be received

electronically by February 15 – for international travel/ study or August 15 for a general travel grant.

Individual must be a current ESP member. The grant application must be approved by the applicant's department head/area director. Preference will be given to first time recipients.

Application Process: Follow the guidelines listed at <u>http://</u> <u>tinyurl.com/ESP-</u> <u>AlphaRho-travelstudy</u> or go to the Alpha Rho website, then to "Forms/Applications" then "Travel Study Grants."

Applications for the international travel study grants are due by February 15 to Bob Neier, ESP Professionalism Committee Chairperson.

If you have more questions contact Bob at Bneier@ksu.edu or 316-660-0140.

Due Dates:

February 15: Applications for international travel study grants

June 1: Applications for scholarships to attend National ESP Conference (see page 6)

August 15: Applications for general travel grants

> Applications for Endowment Fund grants

FALL 2010 AWARD WINNNERS

Administrative Leadership Chris Onstad Northwest Area Extension Director

Visionary Leadership

Margaret Phillips Assistant Program Leader

County Horizon

Jamie Hancock Shawnee County Horticulture Agent

Mid-Career

Jennifer Wilson Riley County Director

Diversity/ Multicultural

Individual Linda Beech Finney County Family and Consumer Sciences Agent Diversity/

Multicultural Team Change Agent States for Diversity Catalyst Team *Co-Coordinators:* Paula Peters and Zelia Wiley

Team Members: Debra Bolton, Nozella Brown, Dan Devlin, Lehisa de Foronza, Dale Fjell, Scott Gordon, Mike Hanson, Charlotte Shoup Olsen, Brian Rees, Chris Reinhardt, Deryl Waldren, Kathleen Ward, Stacey Warner *Ex-Officio Members:* Daryl Buchholz, Fred Cholick, Linda Lamb

Meritorious Service Mark Schwarzentraub

Kansas Farm Management



Change Agent States for Diversity Catalyst Team Receives Diversity/Multicultural Team Award

Association Agricultural Economics

International Service

Sandy Procter Maternal and Child Nutrition Specialist; State Coordinator, USDA Expanded Food and Nutrition Education Program (EFNEP) Have you thought about who you might nominate for recognition in 2011?

WELCOME TO NEW MEMBERS

Associate Members

- Elizabeth Brunscheen-Cartagena, Sedgwick County
- Holly Dickman, Ellis County
- Sharon Erickson, Gray County
- Kandace Metcalf, Rolling Prairie District
- Katie Morris, Ag Economics
- Corinne Patterson, Lyon County

- Chelsea Richmond, Flint Hills District
- Bernadette Trieb, Wabunsee County

Annual Members • Sheryl Carson,

- Kearny County
- John Forshee, River Valley District
- Becky O'Donnell, Kansas Agricultural Mediation Services
- Sandy Procter, Human Nutrition



New member initiation at Annual ESP Awards night.

TENURE RECOGNITION

The following K-State Research & Extension professionals were recognized at the 2010 Annual ESP Awards night:

5 Years

 Lisa Friesen, Sedgwick County

 Debra Bolton, Southwest Area

10 Years

- Andrea Burns, 2000-2004, Kingman County and 2004present, Ford County
- Karen Blakeslee, Animal Sciences and Industry
- 15 Years
- Marie Blythe, Planning and Reporting



- Martha Flanagan, Cherokee County
- Christen Onstad, 1995-2001, Montana State University; 2001-2006, South Dakota State University; 2006present; Northwest Area
- Fred Cholick, 1995-2004, South Dakota State University; 2004-2010, Dean's Office
- Rebecca McFarland, 1994-1996, University of Arkansas; 1996-2010, Franklin County; 2010-present, Frontier District

20 Years

 Paula Peters, 1990-2000, Human Nutrition; 2000present, Administration

25 Years

- Duane Hund, Agriculture Economics
- Laurie Chandler, 1985-1993, University of

Missouri; 1993present, Shawnee County

30 Years

- Carol Fink, 1980-2001, Pottawatomie County; 2001present, 4-H Youth Development
- Mark Schwarzentraub, Farm Management Association, SC
- Daryl Buchholz, 1980-1992, University of Missouri; 1992-2004, Agriculture and Natural Resources; 2004-present, Administration
- Jodi Besthorn, 1980-1998, Smith County; 1998present, Sedgwick County

35 Years

- Elizabeth Curry, 1975-1993, Cheyenne County; 1993-present, Northwest Area
- Mary Richmond, 1975-2010, Osage County; 2010present, Frontier District



Carol Fink, Daryl Buchholz, Mark Schwarzentraub, and Jodi Besthorn receive recognition for 30 years of service.

Epsilon Sigma Phi

(ESP) is

dedicated to

fostering standards

of excellence in

the Extension

System and

developing

the Extension

profession and

professional.

2010 ESP TRAVEL GRANT RECIPIENT

During a time of economic, social and environmental changes, communities are looking to today's educator for answers. Specifically, "How can universities assist adults facing a changing work environment in completing degree programs that will keep the adults successfully employed in today's shifting workplace?" As a member of a graduate cohort representing K-State, I co-presented at the annual American Association for Adult and Continuing **Education** (AAACE) Conference in Clearwater, Florida, to share our strategies for helping community members succeed in academic programs, such as K-State's **Continuing Education** department. During this conference I also participated in workshops and networking sessions that allowed me to gain insights, resources and ideas to enhance my professional and personal development.

The theme: Leading and Learning: Meeting Today's Challenges,"

dedicated six days to exploring the role of today's educator facing tomorrow's learner. For example, keynote speakers discussed: "current initiatives and opportunities for Adult Education under President Obama's administration," understanding generational learning styles, and other shifting paradigms influencing formal and non-formal learning. My biggest challenge was selecting the concurrent sessions from a slew of quality workshops. Health Motivations for Today's Adult; Selecting Staff for Adult Education Organizations, and Unleashing the Power of Technology were among my favorites. Other highlights included sharing best practices with educators across the globe and learning about resources that will impact my

personal and professional development.



Travel grant recipients Nozella Brown and Linda Beech. Nozella attended and presented at the 59th Annual American Association for Adult and Continuing Education Conference in Clearwater, Florida. Linda will attend the National Extension Association of Family and Consumer Sciences Annual Session in Albuquerque, New Mexico in September 2011.

I extend a special thanks to my colleagues in Alpha **Rho Epsilon Sigma** Phi for the travel grant that provided partial funding for this conference. It was an investment that is already reaping returns in my practice and programming. If vou would like to talk more about what I gleaned from the conference, please don't hesitate to contact me. (I'd love to share my pictures also.)

–Nozella L. Brown, Family and Consumer Sciences Nutrition Educator Looking for additional professional development and recognition opportunities? Check out the National ESP website at <u>http://</u> <u>espnational.org</u>

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NATIONAL EPSILON SIGMA PHI CONFERENCE

The 2011 National Epsilon Sigma Phi Conference will be held October 9-13 in Syracuse, New York. This conference is a great opportunity to interact with Extension professionals from all disciplines who are from all over the United States. As with other professional conferences there are keynote speakers. breakout sessions, tours, poster sessions, business meetings and of course learning from other attendees. The Alpha Rho Chapter of Epsilon Sigma

Phi offers two scholarships to assist members in attending. The Connie Hoch Leadership Scholarship is given to pay the early bird registration fee for one member. preferably a first-timer. The Jim Lindquist Administrative Leadership Scholarship can be used to attend any professional development experience, with preference given to the National ESP conference or another professional development opportunity that is

regional or national in scope.

Applications for both of these scholarships are due to the ESP Endowment Fund Chair, Laurie Chandler, by June 1. For additional information see the website at <u>www.ksre.ksu.edu/esp-</u> <u>AlphaRho</u>. Click on Endowment.

Future national meetings will be October 6-10, 2012 in Mobile, Alabama and September 15-20, 2013 in Pittsburgh Pennsylvania - the Galaxy Conference.

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Minnesota after a new staffing model had been put in place. She said, "We chose to thrive in our New Normal. We got focused." Her leadership team agreed to focus on one thing. "Putting results first and foremost may also mean throwing out some things and only evaluating on those results that show progress toward reaching the targeted goals," she explained. How do we define the new normal for

K-State Research and Extension? In mv opinion, our new normal includes continuing to form districts and learning how to program more efficiently in existing districts: understanding and using the latest technologies that our clientele demand of us; and working within our Program Focus Team (PFT) to prioritize a program focus and professional development. I'm curious to hear reactions from you on

how you would define K-State Research and Extension's new normal. One last bit of advice that McCargo Freeman suggested, "We need to ask 'what if' questions and act on them courageously in order to lead and thrive in the New Normal." To read McCargo Freeman's entire lecture, go to http://espnational.org/

Click on Resources, then Ruby Lectures.