

Responding to Seizures

K-State Division of Public Safety recommends that you **call 911** in the event of a seizure in the classroom. An ambulance crew will be dispatched and arrive on the scene within minutes.

Once an ambulance arrives, they will evaluate the persons condition. The person can choose not to use the ambulance service and no one will be financially responsible.

Each student's seizure activity is individual. Talk with your student about their seizure activity and how best to respond when a seizure occurs before help arrives.

1. It is suggested that the classroom be cleared while the student is having a seizure.
2. Keep calm and reassure other people who may be nearby.
3. Don't hold the person down or try to stop his movements.
4. Clear the area around the person of anything hard or sharp.
5. Put something flat and soft, like a folded jacket, under the head.
6. Do not try to force the mouth open with any hard implement or with fingers. A person having a seizure CANNOT swallow his tongue. Efforts to hold the tongue down can injure teeth or jaw.
7. Stay with the person until the seizure ends naturally.
8. Be friendly and reassuring as consciousness returns.