

## What is AtRisk?

*At-Risk* is a web-based gatekeeper training simulation designed to teach **faculty, staff, and RAs** to effectively identify, approach, and refer students in mental distress.

*At-Risk* is the only available training product that allows users to learn by engaging in **simulated conversations** with virtual students who show symptoms of depression, anxiety, paranoia and thoughts of suicide. As a result, users are better able to handle similar situations in real life.

## AtRisk currently at K-State

For the 2009-2010 academic year, the SafeZone Program (250 licenses), Housing and Dining Services (50 licenses), and the School of Leadership Studies (50 licenses) have combined their resources to purchase the program for 350 faculty/staff in each of their programs with Dr. Dorinda Lambert, the SafeZone Coordinator, acting as the campus administrator for the system.

## If interested in using the AtRisk training

**The quickest route:** If any of your staff are already SafeZone allies, they will be given access to the AtRisk program and will be contacted directly by the SafeZone program with that information. The SafeZone program has only a specific number of licenses and will be happy to share any extra licenses once it is known that all of the SafeZone allies have been served. Unfortunately, it is too early to be able to know if this option can be offered as yet to non-SafeZone allies.

**The alternate route:** Additional licenses can be tagged onto the current SafeZone contract in groupings of 100 for a discounted rate of approximately \$10 per license/person. For those who are not Safe Zone allies, Dr. Lambert (SafeZone Coordinator) is acting as the conduit to the software company for the Provost's office. The Provost's office is encouraging the Deans in each of the Colleges to poll their departments and gather information as to who is wanting to go through the training in order to determine how many licenses that College can afford to purchase. And by pooling each College/department's resources through the Provost's office, we can expand the reach of the program. The Provost's office is in the process of gathering that information from the Deans and then would be contacting Dr. Lambert. Interested? You may want to check with your Dean's Office to see what steps are being taken there.

### Questions?

Contact Dr. Dorinda Lambert, SafeZone Coordinator at [safezone@ksu.edu](mailto:safezone@ksu.edu) or at [djlink@ksu.edu](mailto:djlink@ksu.edu)

Djl: 9/17/09