

Brief Vitae

Name: Fred B. Newton

Educational Background: Ph.D. University of Missouri-Columbia, M.A. The Ohio State University

Position: Director, Counseling Services; Professor, Counseling and Educational Psychology

Membership in professional organizations and affiliations: American Psychological Association, American College Personnel Association, Association of University and College Counseling Center Directors, National Association of Academic Advisors

Clinical services delivery, / agency / university responsibilities and professional involvement: Director and Chief Psychologist for Counseling Services, Director of K-CAT (Kansas State Comprehensive Assessment Tools, Inc.); Coordinator for PAC-CATS project; Coordinator for Sport Psychology programs, Consultant for Threat Management, Crisis Management, and Dean of Student Life Student Management Concerns Committee; teaching faculty for NACADA certification and College Student Development majors.

Professional Presentations (last 5 years):

- *"Are Depression and Other Disorders Common in College Students?" 1st Annual Conference on College Student Depression, University of Michigan, Ann Arbor, MI, March, 2003.
- *"Increasing Severity of Student Problems: What do we Know and How do we Respond to these Changes", Assoc of College and University Counseling Center Directors, New Orleans, LA, November, 2004
- *"Depression on College Campuses: Connections to Stress, Sleep and Alcohol, 2nd National Depression Center Conference, University of Michigan, Ann Arbor, MI, March 11, 2004.
- "Intake and Outcome Assessment Instruments" Presentation with Dr. Bob McGrath, University of Wisconsin, AUCCCD Conference, Lake Tahoe, NV. October 10-14, 2004.
- "Working Upward and Outward within the Institution: The Director's Other Constituencies, AUCCCD Conference, Lake Tahoe, NV, October 10-14, 2004.

- * “The Director’s Role as Campus Consultant for Urgent and Emergent Campus Issues”
Presentation with Maggie Olona, and Todd Sevig, AUCCCD Conference,
Minneapolis, MN October 24, 2005.
 - * “The Freshmen 15? A Program to Establish Healthy Behaviors with Freshmen”
Presentation to the American College Personnel Association, Indianapolis, IN,
March 20, 2006.
 - * “Freshmen 15: A Program to Establish Healthy Behaviors.” Presented to the First Year
Experience Conference, Addison, TX, February 19, 2007.
 - * “The College Learning Effectiveness Inventory”. Presented at NASPA/ACPA
Learning Reconsidered Institute, St. Louis, MO. June 5, 2007.
- “Counseling Centers Today: Problems & Trends Impacting Students”. A panel for the
Kansas Student Affairs Conference, Manhattan, KS, October 12, 2007.
- * “The Impact of Health and Psycho-social Factors on Student Performance through the
Use of behavior Inventories. Presentation to National Association of Academic
Advisors, Baltimore, MD., October 17, 2007
 - * “Client Intake Assessment & Progress Evaluation: Results from using the K-PIRS at
multiple College/University settings”. American Association of University and
College Counseling Center Directors, Indianapolis, IN., November 4-5, 2007.
 - * Selected by refereed panels.

Publications (last 5 years):

- *Benton, S.A., Newton, F.B., Benton, S.L., et. al. (2004) *Changes in Client Problems:
Contributions and Limitations from the 13-Year Study*. Professional Psychology:
Research and Practice, July 2004, 35 (3)
- Newton, F.B. *Mental Health Consultation for Urgent and Emergent Campus Issues*.
Chapter in: Student Mental Health: Effective Services and Strategies Across
Campus. Washington, D.C.: NASPA, 2006.
- *Robertson, J.M., Newton, F.B., Benton, S.L., et. al. *The Kansas State Problem
Identification Rating Scale for College Students*. Measurement and Evaluation in
Counseling and Development. October, 2006, 39 (3),
 - *Newton, F.B., Kim, E., & Newton, D.W. *A program to establish Healthy Life-Style
Behaviors with Freshmen Students*, National Association of Student Personnel
Administrators Journal, September, 2006.
 - * Selected by refereed journals.

Grants (last 5 years):

Kansas Health Foundation (1998-2004) "Social Norms Approach to Reduction of Binge Drinking and Related Behaviors with College Students". \$450,000

Sunflower Foundation (2004-2006) "Healthy PAC CATS: (Personal Assessment Challenges - Chosen Activities for Today's Success)." A project to introduce students to healthy lifestyle reducing the risk of obesity in the future. \$113,759.

Other Awards:

Walter Morrison KSU Foundation Award (2003)