Connections

This group will focus on enriching and improving your connections with others in your life.

* Learn about yourself and your role in relationships
* Create and maintain positive relationships with others
* Process and grow from previous connections you have had

This group meets on Fridays from 1:30-2:30

Contact Counseling Services at 532-6927 for more information—Cost is $6/group; must register to join.

* Co-facilitators: Barbara Pearson & Sarah Wright