LEAP - Learning Enhancement and Academic Planning
This is a program designed to help you improve your academic performance by identifying the barriers that you face, the strengths that you already have, and new skills that you will need to achieve your goals. After some individual sessions, you may be encouraged to meet with other students in a group/workshop format aimed at specific skill areas that you need to develop.

Through the LEAP program you would have the opportunity to:
- Complete some self-assessments,
- Meet with a counselor to review the results,
- Learn about your learning style(s),
- Determine the learning strategies that will benefit you, and
- Identify areas that you need to develop in order to be successful in school; these areas could include topics like time management, study skills, test preparation, procrastination.

SO…what do YOU need?

If you are interested in LEAP you need to
- Contact the Counseling Services to make an appointment and please be sure to indicate on the forms that you are interested in LEAP.
- After you have completed the intake forms, phone us at 532-6927 to schedule a time to meet with the LEAP counselor.
- In the first session, you can expect to talk with the counselor about your academic concerns, fill out some questionnaires, and be assigned to take some free, online assessments (will take about 1 hour) before the second scheduled session.
- In the second session together with the counselor, you will review the results of those assessments, clarify your goals, and design a program to meet your particular needs using resources at this agency or making contact with other agencies that can be of assistance.
- The total number of sessions will be determined on an individual basis.
- When appropriate, several LEAP participants may be brought together into a workshop format to learn skills and share progress on goals with each other for support and encouragement.

Are you ready to take the LEAP to academic success? ? ?

8/2006: KSU Counseling Services, 232 English/Counseling Services Bldg., (785) 532-6927