Luck has nothing to do with it
Safe drinking tips for Fake Patty’s Day

❖ Know your limit
❖ Eat before you drink
❖ Avoid drinking games
❖ Avoid shots/hard alcohol
❖ Space out drinks over time
❖ Pay attention to serving sizes
❖ Always designate a sober driver
❖ Do not leave your drink unattended
❖ Do not accept drinks from a stranger
❖ Alternate alcoholic and non-alcoholic drinks
❖ Be cautious when drinking while on medication

A friendly reminder to drink safely this Fake Patty’s Day

Brought to you by Alcohol and Other Drug Education Services www.ksu.edu/counseling