

Kansas State University Tryout Information
Big Twelve Cheer Tryouts

~2010-2011~

All information is subject for change at any time!

Purpose:

The Kansas State University cheer team is a group of selected individuals whose purposes are to represent Kansas State University in a positive light and to perform and entertain audiences. It is an honor and a privilege to be a part of this organization.

The Kansas State University cheer program is looking for well-rounded athletes with cheerleading skills and cheerleading ability. The K-State cheer program realizes that not all potential cheer participants have advanced tumbling or advanced stunting skills. Be prepared to take direction and coaching during the tryout process. Do not assume that weakness or lack of skill in any one area will automatically disqualify you as a potential team member. A positive attitude and hard work ethic must be displayed at all times in order to be considered for this privilege.

Attitude

Attitudes and /or egos shall be left at the door. Any past accomplishments in cheer/dance/stunting or otherwise carry very little weight in the selection process. The K-State coaching staff has the right to remove any participant at any time for bad attitude or failure to follow safety guidelines and regulations for stunting or general safety of the program.

Score/Judging Sheets

Scores and judging sheets will not be released. The coaching staff and administration of K-State cheer will make all final decisions on team member selection. Any tryout participant that has questions after the team is officially announced may ask questions before they leave the tryout facility. Threats, outbursts, rude behavior or questions from participants, former or current coaches, parents or any other supporting unit, will not be accepted or tolerated at any time.

Tryout Results:

Participants who made the final selection will be informed at the end of the tryout process on May 2nd, 2010. Participants who made the final selection will then be expected to attend a mandatory team meeting after the tryout process and after the final results are announced.

All results are final!!!!

Tryout Event Information

(Live Tryouts)

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Date: Sunday, May 2nd, 2010
Time: 1:00 pm
Location: Indoor Football Facility on the campus of Kansas State University

Tryout Skills Practice Schedule:

Friday, April 30th 7:00 pm – 10:00 pm

Saturday, May 1st 7:00 pm – 10:00 pm

**(Keep checking on any changes of times with the above schedule.)*

Requirements for tryouts:

Tryouts consist of six sections

1. Skills
 2. Fight song/Wabash
 3. Cheer
 4. Partner/quad stunts
 5. Interview
 6. Attitude/hard work ethic
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1. Skills
 - Standing back hand spring
 - Standing back tuck
 - Jumps to a back tuck
 - Running tumbling pass of choice
(Fulls are recommended if they can be performed safely and correctly, but are not required.)
 2. Fight Song/Wabash (Females only)
 - Fight Song and Wabash (consists of dance, motions and the perfection of dynamics and will be instructed at the tryout skill practices.)
 3. Cheer (Females only)
 - A cheer of participant's choice with Wildcat incorporated in as the mascot name.
 4. Stunts
 - Coed
 - Toss Shoulders
 - Liberty
 - Awesome
 - Toss Chair
 - Any tossed stunt of your choice (elevated level)
 - Quad
 - Straight up/ground up liberty
 - Twisting dismounts
 - Transitional combinations (with at least three combinations)
 5. Interview
 - Participants will go through an interview with a K-State Cheer Coach
 6. Attitude
 - Attitude and hard work ethic is a heavy part of a participants score.

Important Tryout Information

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*Each tryout participant must bring two letters of recommendation, K-State cheer information sheet, insurance information, medical treatment and liability release form and a photo of yourself (this does not have to be a professional photo and must be appropriate.) Photos and packet will not be returned.

*All tryout participants must bring a **copy** of their insurance information to the first day of the tryout process. Kansas State University and the coaching staff are not responsible for any injury or illness that may occur as a result of participation during the entire tryout process.

*Tryout skill practices are not required, but are **HIGHLY RECOMMENDED**.

*A medical release/participation waiver must be signed and turned in before any individual may participate in the tryout process.

*Tryout skill practices will be held by the head coaching staff at Kansas State University.

*The final team size is not predetermined. However, the team will consist of at least 10 males and 10 – 30 females. (Alternate positions **may** be available.) **Depending on number of participants selected, there may be a large coed and a small coed team arranged.*

*All tryout participants must be accepted to Kansas State University. If you have applied and not been accepted, you must provide verification that you have applied the day of tryouts or by the first official team meeting (meeting time will be determined closer to tryouts.)

* A clean image is required at all times to be selected as K-State cheer team members. Any and all body piercings, tattoos, extreme hair colors and styles are not acceptable for tryouts or in uniform if you are selected for the final team. All piercings must and will be removed before the tryout process (this includes practices,) and tattoos must be covered.

*Appropriate tryout attire: A plain purple, black or white t-shirt, black shorts and tennis shoes must and will be worn at all times for the tryout process. Baggy Shorts and Shirts are not allowed due to safety guidelines with stunting. Look Your Best!!! You will be judged in this area.

(Most of the tryout attire can be purchased at places such as Wal-Mart, Target, etc.)

*Appropriate undergarments must be worn at all times for both male and female participants. It is required to wear socks with your shoes to help prevent blisters and extreme foot odor.

Important Tryout Information

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*Hair will be worn half up, half down, with bangs sprayed or pinned out of the face. Purple or white bow in hair at top of the head (not on the forehead.) Males must keep hair and facial hair trimmed at all times.

***Video Tryouts**

(It is highly recommended that participants attend the live tryout!!!)

In the event that an individual cannot make it to the live tryout. Videos/DVD's can be sent into the Kansas State University cheer office and must be received with the appropriate paperwork as stated above. Video tryout participants must perform the tryout requirements to the best of their ability without attending the live tryout. (Please perform your fight song or pom routine in place of the K-State Fight Song/Wabash.)

All video tryout participants must have their videos into the cheer office no later than Monday, April 26th. **This is not post marked, it is in the office!** Videos that are received late will go to the end of the pile and may not be viewed. *Videos will not be returned.*

Contact Information

Head Coach Dani Ruoff
Kansas State University Cheer/Mascot Office
17 Ahearn Fieldhouse
Manhattan, KS 66506-0300
druoff@ksu.edu

Fax Number: (785) 532-2761
Cheer Office Number: (785) 532-7983

Kansas State University
2010-2011
(Big Twelve Cheer Tryouts)
Medical Treatment Authorization
And Liability Release

I, the undersigned parent or guardian, does hereby grant permission for my daughter/son, _____, to participate in the activity of cheerleading, at the Kansas State University cheer tryouts. In order that my daughter/son may receive the necessary medical treatment in the event she/he may sustain injury or illness during participation in this activity, I hereby authorize the Kansas State University head cheer coaching staff, Kansas State University training room, or other supervising adults to obtain medical treatment for my daughter/son for such injury or illness during the activity, and I hereby hold Kansas State University, staff and the Kansas State cheer program, and its representatives harmless in the exercise of authority.

I understand that this activity involves risk to the participant. I further acknowledge and understand that due to the nature of this activity, which involves inversion and rotation of the body, there is a possibility that my daughter/son may sustain physical illness or injury (minimal, serious, or catastrophic), in connection with her/his participation. I further acknowledge and understand that my daughter/ son is assuming the risk of such physical illness or injury buy her/his participation, and I further release, Kansas State University, staff and the Kansas State cheer program and its representatives from any claims for personal illness or injury that my daughter/son may sustain during participation in this activity.

I further understand that Kansas State University and staff have established rules and regulations pertaining to conduct, behavior, and activities of all students and cheerleading team participants, by which my daughter/son must abide during participation in their activity, and that my daughter/son and I will be responsible for her/his failure to abide by those rules and regulations.

My daughter/son and I have read and understood the above Medical Treatment Authorization and Liability Release.

Signature of Parent or Guardian if Participant Under 18

Date

Participant's Signature

Date

KANSAS STATE UNIVERSITY
**PROSPECTIVE
CHEER/MASCOT TEAM
INFORMATION
FORM**

Date _____ Male _____ Female _____ Accepted at KSU? Yes _____ No _____

Name _____

Home Address _____ City _____

State and Zip _____ Home Phone _____

Date of Birth _____ E-mail _____

Current High School or College _____

Name of Current Advisor or Coach _____ Phone Number _____

Expected Major at KSU _____ Minor _____

Year Entering KSU _____ College Classification (Fr. Soph. Jr. Sr. Grad)
Circle one

Area(s) of Interest:

_____ COED STUNTING _____ Flyer _____ Base

_____ QUAD STUNTING _____ Flyer _____ Base _____ Back

_____ ARE YOU ABLE AND WILLING TO BE A SPOTTER? (if no, explain on back.)

_____ I AM INTERESTED IN BECOMING WILLIE THE WILDCAT (Mascot position)

Cheerleading/Mascot Experience: (CIRCLE ALL THAT APPLY)

High School General/Competitive High School Non-Mount All Star (Team/Division) College Professional

Tumbling Skills: (CIRCLE ALL THAT APPLY)

Back Hand Spring Standing Tuck Full Standing Two to Full Standing Full Full to Full

Jump Skills: (CIRCLE ALL THAT APPLY)

Toe Touch Front/Side Hurdler Pike Jumps to Back Tuck

*ATTACH PHOTO AND ANY ADDITIONAL INFORMATION TO THIS FORM



PLEASE RETURN TO:

K-STATE CHEERLEADING/MASCOTS

ATTN:DANI RUOFF

17 AHEARN FIELDHOUSE

MANHATTAN, KS 66506-0300

druoff@ksu.edu ~ (785) 532-7983 (office)