GUIDE TO MAJORS AND PROGRAMS

College of Human Ecology
Family Studies and Human Services

Overview
The Family Studies and Human Services program at Kansas State University focuses on the development of the individual in a family context. The program also emphasizes development of individuals across the lifespan. Courses allow students to examine issues such as:

- Processes underlying human development across the life cycle.
- Factors that enhance, support and/or impede the development of healthy interpersonal relationships, especially those within the family.
- The interactions among the individual, the family and the larger culture/society.
- Identifying and applying best practices when working directly with individuals and families, with particular attention to ethical guidelines and principles of the human services field.

Students learn to implement and assess programs and services designed to strengthen and enhance individual and family well-being. This program is approved by the National Council of Family Relations, or NCFR, for the Certified Family Life Educator, or CFLE designation. This program is offered on the Manhattan campus, the Polytechnic campus and online.

Professional options
The FSHS program is interdisciplinary and offers a broad range of coursework and experiences that prepares students for a wide variety of career options, as well as graduate and professional school options.

Points of pride
Kansas State University family studies and human services graduates are in high demand, and our students follow career paths that take them all around the world.

Careers
Graduates are prepared to enter the extensive human services arena. For example, youth, family and community service programs; residential programs; the judicial system; cooperative extension; higher education; elder care facilities; religious institutions; human resources; and public health programs.

Academics
Students must complete 120 credit hours to graduate. A sample of professional courses includes:

- Introduction to Human Development
- Family Relationships and Gender Roles
- Introduction to Human Sexuality
- The Helping Relationship
- Personal Financial Planning
- Families and Diversity
- Working with Parents

Students who choose family studies and human services will have the option to select an area of concentration or complete an internship. The internship option includes a series of courses taken in the senior year that applies course content to the reality of working with people.

Students who choose the non-internship option identify an area of concentration in which they will take at least 9 credit hours. Examples of concentration include psychology; sociology; gerontology; social work; gender and sexuality studies. This provides the necessary training and information to work with a particular topic or population after graduation.

Additionally, elective internship options are available for students in either option.

Certified Family Life Educator
Graduates of the program who have completed all of the degree requirements and the internship are qualified to apply for the Provisional Certified Family Life Education, or CFLE, designation, which is administered by the National Council on Family Relations.

Preparation
Students who meet the Kansas high school graduation requirements are prepared to enter programs in family studies and human services at K-State.

Graduate School
Individuals who complete a bachelor's degree in FSHS also may pursue graduate study in a variety of related academic disciplines, including:

- Family studies
- Family life education
- Marriage and family therapy
- Life span human development
- Early childhood education
- Gerontology
- Youth development
- Personal financial planning
- Social work
- School counseling
- Counseling
- Law
- Occupational therapy
- Nursing home administration
- Curriculum and instruction
- College student development
- Human resources.

Admission
Incoming students apply to K-State through the general university admissions process. Students may apply online to the university at k-state.edu/admissions/apply.