College of Human Ecology

Athletic Training

Overview
Athletic training combines the love of sports medicine with the science of exercise. The study of athletic training can lead to a career as a certified athletic trainer. Athletic training is not the same thing as personal training.

Students in the athletic training program, or ATP, study the concepts and develop the skills needed to manage health care problems associated with physically active individuals.

Kansas State University's athletic training program is a cooperative program housed in the College of Human Ecology's Department of Food, Nutrition, Dietetics and Health, with support from the Division of Intercollegiate Athletics.

Professional options
Careers
Certified athletic trainers work in universities, high schools, professional sports, clinics, hospitals, performing arts, the military and other settings. Some K-State athletic training students pursue graduate degrees while working as graduate assistants in a variety of settings.

Job experience
Athletic training students obtain experience in the field long before graduating. During a four-year period, K-State athletic training students complete practicum courses where they will participate in the clinical education aspect of the athletic training curriculum.

The clinical experiences provide the opportunity to apply skills in direct patient care at one of our clinical affiliate sites, which include area high schools, clinics, and collegiate or military settings. Afternoons should be reserved for our clinical affiliate sites, which include area high schools, professional sports, clinics, and collegiate and military settings.

Points of pride
Kansas State University athletic training students complete clinical experiences that provide opportunities to apply skills in direct patient care at one of the university's clinical affiliate sites, which include area high schools, clinics, and collegiate and military settings.

Admissions
Application
Individuals who have completed admission applications submitted to the university by Feb. 1 will be in the first round of applicants considered for the following fall semester.

Applications completed after Feb. 1 will automatically be placed on a wait list for the athletic training program.

Incoming freshmen
- Apply online for admission to K-State at k-state.edu/admissions/apply.
- Select athletic training major as the curriculum option.
- Once your application is received, the K-State Office of Admissions will send a supplemental application that must be returned to the program director by Feb. 1.
- If admitted to K-State, applicants will be evaluated for selective admission to the athletic training major by the athletic training program faculty to identify the best prepared prospective students based on ACT/SAT score, non-weighted GPA, class rank and supplemental application.
- Applicants in most cases will be notified of their admission status to the athletic training major in March. In some instances high school applicants who have been awarded premier scholarships will qualify for early admission and will be notified in January.
- Participate in enrollment during summer orientation with the athletic training program advisors.

Transfer students
- Applicants must first be admitted to K-State as a transfer student.
- Admission to athletic training is both selective and limited. A transfer student must have a minimum GPA of 2.75.
- Transfer students will be required to submit a supplemental application for advancement into the professional program. The supplemental application is obtained from the program director.
- The selective admissions deadline is Feb. 1. The admissions process is used to admit the most qualified applicants who have indicated the desired curriculum of athletic training.
- Declaration of the desired curriculum of athletic training does not guarantee admission to the athletic training program.

k-state.edu/admissions/apply
Advancement into the professional phase

Advancement into the professional phase will only occur in the spring semester. All students applying for advancement into the professional phase of the ATP are required to complete an application process as well as an interview.

The application can be obtained from the program website or the program director. The details of advancement into the professional phase can be found at he.k-state.edu/fndh.

Once advancement occurs, students will spend three years completing the practicum requirements. While in the practicums, students will be responsible for carrying liability insurance and maintaining current certification in CPR/AED.

Advancement into the professional phase is a very competitive process due to the limited number of preceptors and affiliated clinical sites available to the ATP.

Admission to the advancement phase requires a C grade or better in all natural science and professional courses. If a student receives a lower grade than required, the course can be retaken.

Learn more about careers in athletic training at the National Athletic Training Association’s website, nata.org, or through the Board of Certification for the Athletic Trainer, bocatc.org.

Activities

Clubs

The Athletic Training Student Association provides students with an opportunities to learn more about athletic training, develop leadership skills and provide service to the community. Students are encouraged to attend local, state and national conferences.

Suggested coursework

The recommended freshman curriculum includes:

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<th>First semester</th>
<th>Course</th>
<th>Hrs.</th>
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<tbody>
<tr>
<td>3</td>
<td>ENGL 100</td>
<td>Expository Writing I</td>
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<tr>
<td>4</td>
<td>KIN 220</td>
<td>Biobehavioral Bases of Physical Activity</td>
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<tr>
<td>3</td>
<td>MATH 100</td>
<td>College Algebra</td>
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<td>2</td>
<td>FNDH 120</td>
<td>Introduction to Athletic Training</td>
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<tr>
<td>1</td>
<td>FNDH 121</td>
<td>Introduction to Athletic Training Lab</td>
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<th>Second semester</th>
<th>Course</th>
<th>Hrs.</th>
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<tr>
<td>3</td>
<td>PSYCH 110</td>
<td>General Psychology</td>
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<tr>
<td>4</td>
<td>CHM 210</td>
<td>Chemistry I</td>
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<tr>
<td>3</td>
<td>FNDH 132</td>
<td>Basic Nutrition</td>
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<tr>
<td>3</td>
<td>COMM 106</td>
<td>Public Speaking</td>
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<tr>
<td>1</td>
<td>SOCIO 211</td>
<td>Sociology</td>
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<tr>
<td>1</td>
<td>GNHE 210</td>
<td>Foundations of Human Ecology</td>
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For more information about athletic training, contact:

Department of Food, Nutrition, Dietetics and Health
Kansas State University
213 Justin Hall
1324 Lovers Lane
Manhattan, KS 66506-1407
785-532-5508
Fax: 785-532-3132
kndh@k-state.edu
he.k-state.edu/fndh

For more information about transferring coursework from other institutions, contact:

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Kansas State University
119 Justin Hall
1324 Lovers Lane
Manhattan, KS 66506-1401
785-532-5500
785-532-5504
ktpence@k-state.edu

For more information about Kansas State University, contact:

Office of Admissions
Kansas State University
119 Anderson Hall
919 Mid-Campus Drive North
Manhattan, KS 66506-0102
1-800-432-8270 (toll free) or 785-532-6250
k-state@k-state.edu
k-state.edu/admissions

Kansas State University

Notice of nondiscrimination

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Post-Graduation Statistics
k-state.edu/postgrad-stats
kd degreestats.org