College of Human Ecology
Athletic Training

Overview
Athletic training combines the love of sports medicine with the science of exercise and physical activity. The study of athletic training can lead to a career as a certified athletic trainer. Athletic training is not the same thing as personal training.

Students in the athletic training program, or ATP, study the concepts and develop the skills needed to manage health care needs of physically active individuals at all levels and ages.

Kansas State University’s athletic training program is a cooperative program housed in the College of Human Ecology’s Department of Food, Nutrition, Dietetics and Health, with support from the Division of Intercollegiate Athletics.

Professional options
Careers
Certified athletic trainers work in universities, high schools, professional sports, clinics, hospitals, performing arts, the military and other settings. Some K-State athletic training students pursue graduate degrees while working as graduate assistants in a variety of settings.

Job experience
Athletic training students obtain experience in the field long before graduating. During a four-year period, K-State athletic training students complete practicum courses where they will participate in the clinical education aspect of the athletic training curriculum.

The clinical experience is a guided and supervised opportunity for the application of skills in direct patient-care settings. Each clinical experience takes place at one of our approved clinical affiliate sites. The clinical experience involves an average of 20 hours a week of hands-on learning, practicing and applying specific clinical skills in a real-time health care environment.

Points of pride
Kansas State University athletic training students complete clinical experiences that provide opportunities to apply skills in direct patient care at one of the university’s clinical affiliate sites, which include area high schools, clinics, and collegiate and military settings.

Students are responsible for applying the clinical skills learned in lectures and labs at their assigned clinical site or on simulated patients. Students work under the supervision of a preceptor in the field and will master the skills necessary for an entry-level athletic trainer.

Academics
Degree options
The athletic training program prepares students for careers as allied health professional and for the Board of Certification examination, leading to certification as an athletic trainer.

Currently, the program leads to a Bachelor of Science. However, K-State has responded to the required accreditation change and is the first Kansas Board of Regents university to offer the Master of Science in athletic training. New freshman will be advised through the athletic training pre-professional program to be eligible to apply for the professional phase in spring 2021.

Accreditation
K-State’s undergraduate program is accredited by the Commission on Accreditation of Athletic Training Education, or CAATE. The agency is responsible for the accreditation of professional athletic training educational programs.

As K-State transitions from the Bachelor of Science it will also undergo the accreditation transition and CAATE review of the Master of Science in athletic training.

Advising
First-time students entering K-State and the athletic training program meet with an academic advisor for the program orientation to create an academic plan. All faculty maintain regular office hours and are available during that time or by appointment.

Preparation
Students who enjoy helping people and seeing people grow and change in positive ways should consider a career in athletic training. Those with good listening skills and who enjoy working one-on-one with people often make good athletic trainers. The professional preparation will focus on prevention and health promotion, clinical examination and diagnosis, acute care of injury and illness, therapeutic interventions, psychosocial strategies and referral, health care administration, and professional development and responsibility.

Admissions
Application
Individuals who have completed admission applications submitted to the university by Feb. 1 will be in the first round of applicants considered for the following fall semester. Applications completed after Feb. 1 will automatically be placed on a wait list for the athletic training program.

Incoming freshmen
- Apply online for admission to K-State at k-state.edu/admissions/apply.
- Select athletic training major as the curriculum option.
- Once your application is received, the K-State Office of Admissions will send a supplemental application that must be returned to the program director by Feb. 1.

Transfer students
- Applicants must first be admitted to K-State as a transfer student.
- Admission to athletic training is both selective and limited. A transfer student must have a minimum GPA of 2.75.
- Transfer students who will be starting at
K-State in fall 2018 must complete the supplemental application for the current Bachelor of Science accredited athletic training professional program by April 1, 2018. The applicant also must participate in an on-campus interview in May 2018.

- Declaration of the desired curriculum of athletic training does not guarantee admission to the athletic training program.

Advancement into the professional phase
Advancement into the professional phase will only occur in the spring semester. All students applying for advancement into the professional phase of the ATP are required to complete an application process as well as an interview.

The application can be obtained from the program website or the program director. The details of advancement into the professional phase can be found at he.k-state.edu/fndh.

While in the professional phase, students will be responsible for carrying liability insurance and maintaining current certification in CPR/AED.

Advancement into the professional phase is a very competitive process due to the limited number of preceptors and affiliated clinical sites available to the ATP.

Admission to the professional phase requires a minimum 3.25 GPA and a C grade or better in all natural science and pre-requisite courses.

Learn more about careers in athletic training at the National Athletic Training Association’s website, nata.org, or through the Board of Certification for the Athletic Trainer, bocatc.org.

Activities
Clubs
The Athletic Training Student Association provides students with an opportunities to learn more about athletic training, develop leadership skills and provide service to the community. Students are encouraged to attend local, state and national conferences.

Suggested coursework
The recommended freshman curriculum includes:

<table>
<thead>
<tr>
<th>First semester</th>
<th>Hrs.</th>
<th>Course</th>
</tr>
</thead>
<tbody>
<tr>
<td>3</td>
<td>ENGL 100</td>
<td>Expository Writing I</td>
</tr>
<tr>
<td>4</td>
<td>KIN 220</td>
<td>Biobehavioral Bases of Physical Activity</td>
</tr>
<tr>
<td>3</td>
<td>MATH 100</td>
<td>College Algebra</td>
</tr>
<tr>
<td>2</td>
<td>FNDH 120</td>
<td>Introduction to Athletic Training</td>
</tr>
<tr>
<td>1</td>
<td>FNDH 121</td>
<td>Introduction to Athletic Training Lab</td>
</tr>
<tr>
<td>13</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Second semester</th>
<th>Hrs.</th>
<th>Course</th>
</tr>
</thead>
<tbody>
<tr>
<td>3</td>
<td>PSYCH 110</td>
<td>General Psychology</td>
</tr>
<tr>
<td>4</td>
<td>CHM 210</td>
<td>Chemistry I</td>
</tr>
<tr>
<td>3</td>
<td>FNDH 132</td>
<td>Basic Nutrition</td>
</tr>
<tr>
<td>3</td>
<td>COMM 106</td>
<td>Public Speaking</td>
</tr>
<tr>
<td>3</td>
<td>SOCIO 211</td>
<td>Sociology</td>
</tr>
<tr>
<td>1</td>
<td>GNHE 210</td>
<td>Foundations of Human Ecology</td>
</tr>
<tr>
<td>17</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

For more information about athletic training, contact:
Department of Food, Nutrition, Dietetics and Health
Kansas State University
213 Justin Hall
1324 Lovers Lane
Manhattan, KS 66506-1407
785-532-5508
Fax: 785-532-3132
fndh@k-state.edu
he.k-state.edu/fndh

For more information about transferring coursework from other institutions, contact:
Karen Pence
College of Human Ecology
Kansas State University
119 Justin Hall
1324 Lovers Lane
Manhattan, KS 66506-1401
785-532-5500
785-532-5504
ktpence@k-state.edu

For more information about Kansas State University, contact:
Office of Admissions
Kansas State University
119 Anderson Hall
919 Mid-Campus Drive North
Manhattan, KS 66506-0102
1-800-432-8270 (toll free) or 785-532-6250
k-state@k-state.edu
k-state.edu/admissions

KANSAS STATE UNIVERSITY

Notice of nondiscrimination
Kansas State University prohibits discrimination on the basis of race, color, ethnicity, national origin, sex (including sexual harassment and sexual violence), sexual orientation, gender identity, religious, age, ancestry, disability, genetic information, military status, or veteran status, in the University’s programs and activities as required by applicable laws and regulations. The person designated with responsibility for coordination of compliance efforts and receipt of inquiries concerning nondiscrimination policies is the University’s Title IX Coordinator: the Director of the Office of Institutional Equity, equity@k-state.edu, 103 Edwards Hall, Kansas State University, Manhattan, Kansas 66506, (785) 532-6220. The campus ADA Coordinator is the Director of Employee Relations, charlott@k-state.edu, who may be reached at 103 Edwards Hall, Kansas State University, Manhattan, Kansas 66506, (785) 532-6277.

Post-Graduation Statistics
k-state.edu/postgrad-stats
kodegreestats.org